

# STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 90

PO Box 8214 Gaithersburg, MD 20898

JANUARY 2025



**Creating Our Future: Interim World Service Conference Report** contains 12 motions NA World Services is asking groups to vote on. Group responses need to be turned into Montgomery Area's RCM by **February 4th**. **Questions?** Email Robert F. & Dan S. rd@cprna.org

More info:

- WSC webpage: <https://na.org/conference/>
- [2025 Interim WSC Report](#)
- [2025 Interim WSC Motion Tally Sheet](#)
- [1/25 Central MD Hybrid Workshop!](#) → → →

**Central MD Hybrid Interim World Service Conference Report (aka CAR) Workshop**

**January 25, 2025 \* 12pm – 3pm**

Holy Cross Lutheran Church, 6905 Greenbelt Rd.,  
Greenbelt MD 20770

Zoom ID: 836 2452 0975; P/C: 353938



**Scan for the NA Membership Survey Before 1/31/25**  
**Your feedback is needed!!!!**

This QR Code is to access the NA Membership Survey. Please scan and complete the brief 24 questions. Your results are reflected in the "Membership Survey" & "Narcotics Anonymous: A Resource in Your Community" brochures. These IP's are used to help inform non-addicts and professionals about NA. Please tell your NA friends about the survey. Everyone's participation is appreciated! Thank you for your service. The deadline to submit your feedback is **January 31, 2025!**

<https://na.org/naws-projects-and-surveys/>

Email Art, Articles, Anniversaries & NA Announcements to: [straighthope@cpma.org](mailto:straighthope@cpma.org)

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Ben C. - Steps/Traditions Sarah A. - Anniversaries



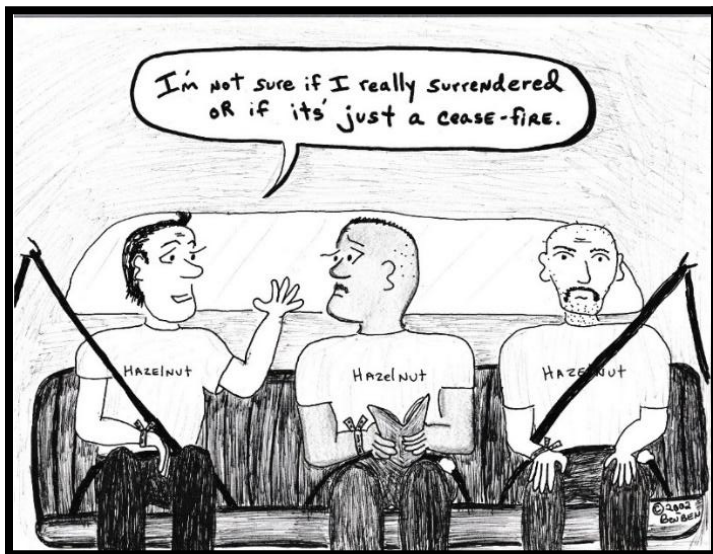
**SCAN TO GET YOUR COPY OF "STRAIGHT HOPE" ONLINE!!!**



Get your Straight Hope Newsletter at <https://www.cpma.org/our-areas/news/montgomery-area/>

## Step of the Month

**Step 1: "We admitted that we were powerless over our addiction, that our lives had become unmanageable."**



The principles of Step 1 are so important in having a successful recovery and cover many various issues. I began to realize this when I heard things like, "Step 1 is not just about the drugs." I also heard that staying clean must come first before I can truly understand the power of Step 1. Two principles I was encouraged to practice in Step 1 are powerlessness and unmanageability, not just with drugs, but in all areas of my life. By admitting that I am powerless over my addiction and that my life has become unmanageable, I opened the door for the help I needed. ~ Ben C.

## Tradition of the Month

**Tradition 1: "Our common welfare should come first; personal recovery depends on NA unity."**

Practicing the principles of Tradition 1 helps create an atmosphere in which everyone can feel welcomed and safe at meetings and in the program. With the spirit of Tradition 1, I try to focus on our similarities rather than our differences, both as individuals and between different groups. It doesn't matter what, how much or for how long we used drugs. Similarities include the struggle with our addiction and hope in our recovery. An atmosphere of unity ensures that we all are welcome and considered equal regardless of age, race, sexual identity, religion, or lack of religion.

Knowing that each of us is no better or no worse than any other member strengthens the group's unity.

~ Ben C.



## Living Miracles

- 1/4 Mike W. 26 yrs Men's Rap
- 1/4 Hotrod 33 yrs New Way of NA
- 1/5 Richard B. 13 yrs Squeaky Clean
- 1/8 Eddie B. 6 yrs Gentlemen's Club
- 1/8 Scott S. 1 yr Fresh Air
- 1/10 Ben C. 37 yrs Older Toddlers
- 1/11 Chris K. 41 yrs. Beachcombers
- 1/12 Holly B. 4 yrs Squeaky Clean
- 1/13 Brad S. 1 yr Oasis
- 1/13 Juanita B. 6 yrs Monday Miracles
- 1/14 Tessa V. 8 yrs All About Change
- 1/15 Nick L. 3 yrs Gentlemen's Club
- 1/18 Grace 5 yrs Ladies in Recovery
- 1/18 Jim G. 13 yrs Beachcombers
- 1/21 Karl S. 3 yrs All About Change
- 1/22 Dara P. 19 yrs Fresh Air
- 1/23 Mike M. 9 yrs Crossroads
- 1/23 Ellen S. 38 yrs. Making a Difference
- 1/24 Anne E. 35 yrs Older Toddlers
- 1/25 Teresa H. 5 yrs Ladies in Recovery
- 1/29 Jeremy E. 9 yrs People's Recovery
- 1/29 Joe M. 1 yrs Gentlemen's Club
- 1/29 Brian L. 11 yrs Gentlemen's Club
- 1/31 Bobby P. 39 yrs Older Toddlers
- 1/31 Bill S. 39 yrs. Older Toddlers
- 2/1 Adelita J. 32 yrs. Beachcombers
- 2/6 Dave D. 30 yrs Crossroads
- 2/8 Shirley B. 5 yrs Women's Step & Trad
- 2/9 Alex C. 6 yrs Progress in NA
- 2/10 Abby A. 4 yrs Oasis
- 2/15 Linda D. 41 yrs Women's Step & Trad

## NA Related Announcements

### MEETING ANNOUNCEMENTS

**New Way of NA** has moved! Tuesdays at 5pm, **new location** is Millian Memorial UMC, Outreach Recovery, 13016 Parkland Dr., Rockville, MD.

**A Good Deal** needs support. Sat., 7pm, Zoom ID: 769 038 042; Passcode: 8975309 (like the song!)

**Free Yourself** needs support! Sat., 12 noon, Woodside UMC, 8900 Georgia Ave., Silver Spring, MD

**Get Down** group needs support! Fri. 8:30 pm, Zoom ID: 86570165126; Passcode: getdown

**Never Alone** needs support! Wed., 7:30 pm, 9801 Centerway Rd., Montgomery Village, MD

**Freedom in the Village** the first Friday of each month is a breakfast meeting.

**Women Do Recover** needs support. Tues., 7pm, 9727 Georgia Ave., Silver Spring, MD

**Stepping Free** will change their time from 8:30 PM to 8 PM starting **March 6th**.

**Solo Por Hoy** has moved to Rock Creek Area.

### DRUG PROBLEM?



**Call Narcotics Anonymous**

Meetings in Washington DC, Maryland, & Northern Virginia

**1-800-543-4670**

[www.cprna.org](http://www.cprna.org)

[info@cprna.org](mailto:info@cprna.org)

### This card saves lives!

The Montgomery Area Public Relations (PR) Subcommittee provides life-saving literature in many ways! One of them is this little business card. PR distributes these cards at NA booths and various places throughout the county - *think police stations, rehabs, libraries, etc.* Public Relations meets the **1st Tuesday of each month @ 6:30 PM!** Zoom ID: 876 1298 6083; Password: 749698

**Be in the KNOW!** We have a TON of great information for GSRs and groups! Links can be found at <https://www.cprna.org/our-areas/info/montgomery-area/>. If you can't locate these documents, email [masc@cprna.org](mailto:masc@cprna.org) and ask for them.

## Opportunities to Serve

**Area Service Nominations & Elections:** Montgomery Area still has several service opportunities available: Alternate Secretary, RCM Alternate, and many Area Liaisons. Email [masc@cprna.org](mailto:masc@cprna.org) for more info or come to Area Service the 1st Tuesday of each month @ 7:30 PM: Zoom ID: 876 1298 6083; Password: 749698

**Get Involved at the Regional Level!** The Chesapeake & Potomac Region NEEDS YOUR SUPPORT! Here are the **many open service positions:** Vice Chair, Vice Treasurer, Secretary, Vice Secretary, Convention Oversight Comm At-Large Reps 1 & Rep 2, H&I Vice Chair, Literature Chair & Vice Chair, Policy Chair & Vice Chair, Special Events Vice Chair, Free State Regional Service Office Rep 1.

## Regional Convention

Register early for the 2025 convention and save! Pre-Registration only \$25

**CPRCNA**  
2025  
**XXXVIII**  
APRIL 11-13, 2025  
Ocean City, Maryland

38  
See you next year!

**CHESAPEAKE & POTOMAC REGIONAL CONVENTION**

**\$25 EARLY  
REGISTRATION  
FOR CPRCNA  
ENDS 2/9!**

[www.cprcna.org](http://www.cprcna.org)



"Limitless Strength"



**CPRCNA 39 "The Steps are Our Solutions"** hosted by Norvana!  
**Nominations & Elections will be held on Zoom**

**Jan 12, 2025, 3PM-5PM & Jan 19, 2025, 3PM-5PM**

**Meeting ID: 841 8709 6279; Passcode: 121212**

# EVENTS

NA events can be found at: <https://www.instagram.com/naglobalevents/> and <https://www.cprna.org/event-calendar/>



Please take a few minutes to fill out the 24 question survey at [www.na.org/survey](http://www.na.org/survey)

The Membership Survey allows us to learn more about who has heard our lifesaving message and where we can better focus our efforts.

Membership Survey



## NAWS Survey Deadline 1/31!

<https://na.org/naws-projects-and-surveys/>

**Montgomery Area Special Events Presents:**  
A Fundraising Event



## Winter Days Bingo!

**Friday, January 17th, 2025**  
**5:00 pm - 10:00 pm**

Christ the Servant Lutheran Church  
9801 Centerway Road, Montgomery Village, MD

Game sessions at 5:30 to 8:30 pm & 8:45 to 10:00 pm.  
With Bone Chilling Prizes for Each Game!!!

Two Games of Blackout Bingo with Two Winners Per Game  
8:45 pm to 10:00 pm for \$25 Gift Cards!

Each Card \$1 or Six Cards for \$5 or 12 Cards for \$10  
Blackout Bingo cards are \$2 each.

FREE Pizza & Snacks - 50¢ Sodas and Chips.  
Please bring finger food or dessert if possible.

Donate via Venmo to:  
@Natalie-Gitelman or Cash App: \$Specialevents007

For more information call:  
Layla R. at 240-793-6059, Theresa M. at 240-604-6070,  
Linden L. at 240-888-3024 or Demaris P. at 240-992-8533

## CONVENTIONS IN 2025!



### AVCNA 41 \* January 10-12

DoubleTree by Hilton Hotel In  
Richmond-Midlothian, 1021 Koger Center  
Boulevard, Richmond, VA  
[www.avcna.org](http://www.avcna.org)



### MARLCNA \* January 17-19

Wyndham Lancaster Resort and Convention  
Center, 2300 Lincoln Highway East,  
Lancaster, PA  
<https://www.marscna.org>



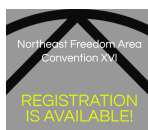
### OGACNA \* January 24-26

Clarion Resort Fontainebleau Hotel, 10100  
Coastal Highway, Ocean City, MD2  
<https://www.ogacna.com>



### MAHHCNA \* February 7-10

Sonesta White Plains, 66 Hale Avenue,  
White Plains, NY



### NEFACNAXVI \* February 21-23

Sheraton Baltimore North, 903 Dulaney  
Valley Road, Towson MD  
<https://www.nefacna.com>

## For the Newcomer

### DON'T USE... GO TO A MEETING

Basic Text Page 10: "We suggest that newcomers keep coming back and come back clean."

### GET AND USE A SPONSOR

IP #16 "For The Newcomer": "We suggest you look for a sponsor as soon as you become acquainted with members in your Area."

### GET A HOMEGROUP

Basic Text Page 54: "We find our place in the fellowship, and we join a group whose meetings help us in our recovery."

### KEEP COMING BACK, IT WORKS

IP #22 "Welcome to Narcotics Anonymous":  
"KEEP COMING BACK - IT WORKS!"

### 90 MEETINGS IN 90 DAYS

Basic Text Page 53: "A meeting a day for the first ninety days is a good idea."

### USE THE PHONE

Basic Text Page 54: "...get and use telephone numbers..."