

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 89

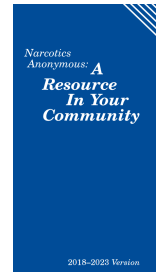
PO Box 8214 Gaithersburg, MD 20898

DECEMBER 2024

Happy Holidays! Christmas & New Years Special Events on pg 4!



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Scan for the NA Membership Survey: Your feedback is needed!!!!

The above QR Code is for our online Membership Survey. NA World Services does the survey after every World Convention and results are reflected in the "Membership Survey" & "Narcotics Anonymous: A Resource in Your Community" brochures. These are used to help inform non-addicts and professionals about NA. You can get to the survey through the link below or with the above QR code. Please tell your friends in NA about the survey. Everyone's participation is appreciated! Thank you for your service. The deadline to submit your feedback is **January 31, 2025!**

<https://na.org/naws-projects-and-surveys/>

How do we stay Clean during the Holidays?

Meeting Makers make it! Get to more meetings around the holidays. When going out of town, hit websites and find meetings. Call a helpline for meeting info. Zoom meetings are a great option. I have gone to my Mom's house and ducked out for a bit to hit a meeting and let my kids play with their cousins.

Keep busy. Go to NA events. Montgomery Area has Christmas and New Year's get-togethers (see page 4). Battlefield Area has a hybrid gathering for Christmas (also on page 4). Many recovery club houses have marathon meetings (not to mention an ever-flowing cornucopia of food!).

Reach out to Addicts in Recovery. Call people and let them know how you're feeling. Make it a point to spend time with members and people that make you feel good about yourself.

Remember why you got clean in the first place. Make a gratitude list of all that you have gained since you've been clean. Make a list of all the things you can do now that you are clean.

Help someone else! Volunteer at a food kitchen, set up chairs at a meeting, bake or buy some treats and give them away. Go through your stuff and donate what you really don't need. When we help someone else, we feel good about ourselves.

And most importantly:

Don't Use No Matter What!

Email Art, Articles, Anniversaries & NA Announcements to: straighthope@cpma.org

Straight Hope Contributors: Anne E. - Layout/Content Ben C. - Steps/Traditions

Galen T. - Layout Kim M. - Content

SCAN TO GET YOUR COPY OF "STRAIGHT HOPE" ONLINE!!!



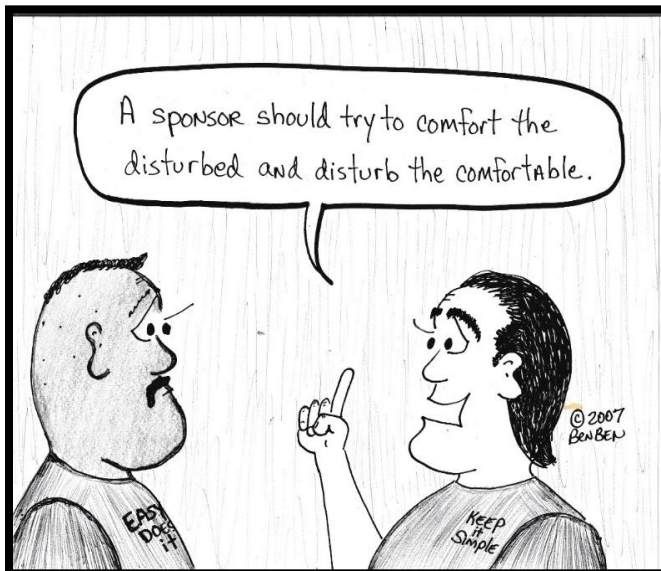
Get your Straight Hope Newsletter at <https://www.cpma.org/our-areas/news/montgomery-area/>

Step of the Month

Step 12: “Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.”

The idea of having a “spiritual awakening” can mean different things to different people. The most profound spiritual awakening I experienced early in my recovery was the removal of my obsession with drugs. I never thought I would be able to shake that obsession and compulsion...

~ Ben C.



Living Miracles

12/1 Carey 39 yrs Sunday Morning Spiritual
12/1 Marvin M. 37 yrs The Close Sunday
12/1 Beck J. 1 yr Today's Recovery
12/3 Kendall W. 2 yrs. All About Change
12/4 Summer C. 4 yrs, She Do Recover
12/4 Rosalyn C. 30 yrs NA at Noon
12/6 Galen T. 11 yrs Older Toddlers
12/6 Anthony W 31 yrs One Step at a Time
12/8 Maddy M. 4 yrs Today's Recovery
12/10 Jay H. 6 yrs All About Change
12/14 Mariah 38 yrs Off the Beaten Path
12/15 Roosevelt 33 yrs Sunday Morn Spiritual
12/15 Kimmi R. 2 yrs Today's Recovery
12/16 Jerry R. 8 yrs Oasis
12/18 LaTonia R. 24 yrs Wednesday Willingness
12/22 Jody W. 3 yrs Today's Recovery
12/22 Victor (Bonafide) 38 yrs Progress in NA
12/30 Ron B. 24 yrs Monday Miracles
1/2 Solo Por Hoy 18 yrs Group Anniversary
1/4 Mike W. 26 yrs Men's Rap
1/4 Hotrod 33 yrs New Way of NA
1/7 Karl 3 yrs All About Change
1/14 Tessa V. 8 yrs All About Change
1/18 Mike M. 9 yrs Crossroads
2/6 Dave D. 30 yrs Crossroads

Tradition of the Month

Tradition 12: “Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”

We learn to practice principles including anonymity, honesty, patience, tolerance, and humility with everyone in our home group, whether we like them or not. We might not like everyone, but we learn to love them as homegroup members.

I recognize the influence of a Higher Power in others when I practice the Twelfth Tradition. Anonymity teaches us we all have a common disease (addiction) and a simple solution (recovery).

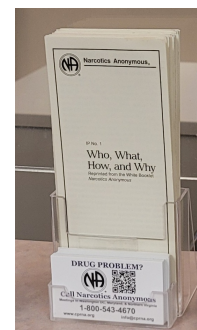
~ Ben C.



NA Related Announcements



Do you live near a Library or Police Station? Help carry the Message!! Public Relations does “lit drops” all around Montgomery County. If you want to help, email na-montgomery@cprna.org and let them know!



Are You a GSR, an Alt GSR, or an Interested Member? We have a new GSR folder with a TON of great information for GSRs and groups! We have a [GSR Information folder](#) and a new [GSR Report Form](#). If you can't locate these documents, email masc@cprna.org and ask for them.

MEETING ANNOUNCEMENTS

New Way of NA has moved! Tuesdays at 5pm, **new location** is Millian Memorial UMC, Outreach Recovery, 13016 Parkland Dr., Rockville, MD.

A Good Deal needs support. Sat., 7pm, Zoom ID: 769 038 042; Passcode: 8975309 (like the song!)

Free Yourself needs support! Sat., 12 noon, Woodside UMC, 8900 Georgia Ave., Silver Spring, MD

Get Down group needs support! Fri. 8:30 pm, Zoom ID: 86570165126; Passcode: getdown

Never Alone needs support! Wed., 7:30 pm, 9801 Centerway Rd., Montgomery Village, MD

¿Habla Español? Please come out to support! **Solo Por Hoy** (Thu., 7:15 pm) & **Béisbol** (Mon., 6 pm). **Solo Por Hoy** is having an anniversary eating meeting January 2nd!!

Freedom in the Village the first Friday of each month will be a breakfast meeting starting 12/6.

GET TO A MEETING!

Area Meeting Lists can be printed off our webpage <https://www.cprna.org/?current-meeting-list=8>, mailed to you by requesting them from na-montgomery@cprna.org, or may be obtained from Danny O. when you make a literature order.

NAWS Meeting Finder: Find meetings around the world: <https://webdata.na.org/phoneweb/>

CHESAPEAKE & POTOMAC REGIONAL SERVICE COMMITTEE MEETING

SATURDAY DECEMBER 14, 2024

Hosted by Rock Creek Area

Subcommittees – 10AM - 12 PM

RSC Meeting – 1PM - 6 PM

Westminster Presbyterian Church

400 I (EYE) Street SW

Washington, DC 20024

Refreshments will be available. Enter at the stairwell on I Street. Facility is one block from Metro Green Line Waterfront stop. Off Street parking available at I (Eye) & Makemie Place, SW. No smoking allowed on property.

Opportunities to Serve!

Area Service Nominations & Elections:

Montgomery Area still has several service opportunities available: Alternate Secretary, RCM Alternate, and many Area Liaisons. Email masc@cprna.org for more info.

Get Involved at the Regional Level!

The Chesapeake & Potomac Region NEEDS YOUR SUPPORT! Here are the **many open service positions:** Vice Chair, Vice Treasurer, Secretary, Vice Secretary, Convention Oversight Comm At-Large Rep 1, Convention Oversight Comm At-Large Rep 2, H&I Vice Chair, Literature Chair, Literature Vice Chair, Policy Vice Chair, Special Events Vice Chair, Free State Regional Service Office Rep 1, Free State Regional Service Office Rep 2.

The Region is meeting Saturday, December 14th - BE THERE!

Regional CAR Workshop on Sunday, December 15, 1-3PM on Meeting ID: 861 6948 7097; P/C: 121212 - **BE THERE TOO!**

EVENTS

NA events can be found at: <https://www.instagram.com/naglobalevents/> and <https://www.cprna.org/event-calendar/>

Montgomery Area Special Events Presents:



A Clean Christmas Celebration!

🎄 **FOOD** 🎄 **FELLOWSHIP** 🎄 **FUN** 🎄

Christmas Day, 2024
10:00 am - 6:00 pm

Commotion Dance Studio
18012 Matney Road, Germantown, MD

Meetings at 11:00 am, 1:00 pm & 4:00 pm.

Please bring food or a dessert to share if you can.

Donations may be sent via:
Venmo@Natalie-Gitelman or Cash App \$Specialevents007

For more information call:
Suzanne W - (240) 793-1799 or Brad S. - (540) 272-8899



JOIN US FOR A

SPIRITUAL BREAKFAST

25
DECEMBER

10am - 1pm

Manassas Church of the Brethren
10047 Nokesville RD
Manassas, VA 20110

And on Zoom!
ID: 822 228 0011
Password: 121212

First Annual SPEAKER JAM

CAPE COAST

AB782
Cardoon ST
CK-0552-2416

FRIDAY, DECEMBER 6 TH
1:00pm - 5:00pm (GMT-Ghana)
8:00am - Noon (EST-US)

Bring a newcomer and a predecessor!!!

JOIN VIA ZOOM
<https://us02web.zoom.us/j/86282818846?pwd=ag9E7EWJjrpbMkrNdUpeSeUohtzvBA.1>




Meeting ID: 862 8281 8846
Passcode: 271132

HOSTS: NAZIM (US), JEFFREY (US), JACKIE (US), FESTUS (GHANA), KWAME (GHANA)



Cape Coast NA~Ghana, West Africa

Montgomery Area Special Events Presents:



HAPPY NEW YEAR!

HAPPY CLEAN YEAR!

Bring in the New Year with food and friends.

**From December 31st 2024 - 5:30 pm
to January 1st 2025 - 1:30 am.**

Christ the Servant
9801 Centerway Road, Gaithersburg, MD

Meetings at
7:00 pm, 8:30 pm, 10:00 pm & 12:15 am.

Please bring food or snacks to share if you can.

FREE RAFFLE from 11:20 pm to 11:45 pm!

Donations may be sent via:
Venmo @Natalie-Gitelman or Cash App \$Specialevents007

For more information call:
Layla R (240) 793-6059, Suzanne W (240) 793-1799
or Theresa M (240) 604-6070