STRAIGHT H

The Montgomery Area Newsletter ... a meeting in print

\$\$ Priceless \$\$

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NA World Services on Instagram: https://www.instagram.com/narcoticsanonymous/

The NA World Services (NAWS) narcoticsanonymous Instagram account shares a lot of NA interesting information. The cool "WCNA 38 By The Numbers" and the "Membership Survey" are just two out of HUNDREDS of NA graphics! There's also a nagobalevents Instagram - see page 4!

About the Survey...Some may wonder why NAWS wants this information and how it will be used. NAWS launches a survey of our diverse, dynamic Fellowship at every world convention. The survey results help us better carry the message, find out "who is missing," and educate professionals about the people and the program of NA. With members from several countries attending the World Convention and members around the world participating from their homes, we have an opportunity to demonstrate that we are, indeed, a viable and respected recovery community resource. Presenting ourselves in this way helps us offer hope to others that they, too, can recover.

Please fill out a survey and encourage others to. It's posted at www.na.org/survey in 7 languages until January 31, 2025.

Email Art, Articles, Anniversaries & NA Announcements to: straighthope@cprna.org Subcommittee meets 4th Sunday @ 8pm: Meeting ID: 876 1298 6083 PW:749698 Straight Hope Contributors: Anne E. - Layout/Content Ben C. - Steps/Traditions Galen T. - Layout

SCAN TO GET YOUR COPY OF "STRAIGHT HOPE" ONLINE!!!





Step of the Month

Step 10: "We continued to take personal inventory, and when we were wrong, promptly admitted it."

NA is not a self-help program, it's a self-preservation program.

With Step 10, I try to make a daily habit of self-reflection and quickly resolve mistakes I make as soon as possible. I've found a great benefit to me to honestly examine and critique my behaviors and make restitution right away. No matter how much I've changed and grown as I work the 12-Step program, I still make a lot of mistakes; I am human. Step 10 spot-check inventories offer me a way to monitor my attitudes and behaviors and make amends on an ongoing basis.

~ Ben C.



Living Miracles

10/4 Mike T., 39 yrs, One Step At A Time 10/5 Carol S., 2 yrs, Fresh Start 10/6 Iman S., Talking Heads, 6 yrs 10/6 DeLoran, 28 yrs, Sunday Morning Spiritual 10/7 Amy E, 1 yr, Oasis 10/7 Andrew, 4 yrs, Illness in Recovery 10/8 Eric P., 4 yrs, Rush Hour 10/9 Ted G., 14 yrs, Never Alone 10/11 Brooke B., 18 yrs, Recovery Alley 10/12 Eileen K., 36 yrs, Off the Beaten Path 10/13 Michelle R., 2 yrs, Today's Recovery 10/14 Mike H., 16 yrs, Illness in Recovery 10/15 Jeremy B., 3 yrs, Glad to Be Alive Steps 10/15 Rhonda Z., 25 yrs, Glad to Be Alive Steps 11/16 Chris R., 1 yr, Fresh Start 10/16 Henry P., 21 yrs ,Never Alone 10/17 Charlie G., 7 yrs, Crossroads 10/19 Raymond, 21 yrs, Speakeasy 10/20 Chad B., 3 yrs, Today's Recovery 10/21 Tyronne E., 15 yrs, Monday Night Step 10/23 Sam K., 7 yrs, People's Recovery 10/24 Lauren L., 12 yrs, Stepping Free 10/25 Carolyn S., 3 yrs, Live & Let Live 10/26 Fay B., 35 yrs, Womens Steps & Traditions 10/27 Derek H., 3 yrs, Today's Recovery 10/28 Donnie S., 24 yrs, Illness in Recovery 11/7 Quoc N., 12 yrs, Off the Beaten Path 11/17 Jamail, 1 yr, Sunday Morning Spiritual 11/26 Nathaniel C., 6 yrs, All About Change 11/29 Greg H., 9 yrs, Live and Let Live 11/30 Andrew Z., 7 yrs, Fresh Start 12/1 Carey, 39 yrs, Sunday Morning Spiritual

Tradition of the Month

Tradition 10: "NA as such, has no opinion on outside issues; hence, the NA name ought never be drawn into public controversy."

Likewise, talking about religion has no place in the program beyond referring to God or Higher Power in a generic manner. Sharing about Higher Power without mentioning specific religious beliefs is a skill we develop over time, usually with some help. Some members return to religious beliefs they once knew or find certain religious practices helpful in connecting with the God of their understanding. Finding or reconnecting with religion happens outside of meetings.

~ Ben C.





NA Related Announcements



Narcotics Anonymous World Services website just got a facelift! Go to <u>na.org</u> and check it out!



GSR or Alt?

We have a new GSR folder with a TON of great information for GSRs and groups! We have a GSR Information folder on the Montgomery Area Google Drive. We also have a new GSR Report Form.

MEETING ANNOUNCEMENTS

Never Alone needs support! Wed., 7:30 pm, 9801 Centerway Rd., Montgomery Village, MD, 20886 **Women Do Recover** added a speaker to their format and needs support. Tues., 7pm, 9727 Georgia Ave., Silver Spring, MD, 20919, Rear Door, Room 133

¿Habla Español? Please come out to support! Solo Por Hoy (Thu., 7:15 pm) & Béisbol (Mon., 6 pm). Never Alone needs support

New Way of NA has changed locations and will meet on Tuesdays at 5pm. Millian Memorial UMC, 13016 Parkland Dr., Rockville, MD.

FIND A MEETING!

Area Meeting Lists can be printed off our webpage https://www.cprna.org/?current-meeting-list=8, mailed to you by requesting them from na-montgomery@cprna.org, or may be obtained from Danny O. when you make a literature order.

Regional Meetings Lists can be printed off the webpage https://www.cprna.org/na-meetings/, mailed to you by requesting them from na-montgomery@cprna.org, or may be obtained from Danny O. when you make a literature order as well.

NAWS Meeting Finder: Find meetings around the world: https://webdata.na.org/phoneweb/

Opportunities to Serve!

RSC Nominations/Elections: Several Regional service positions are still open! Check out the C&P Regional Service Committee Saturday, October 12, 2024, Bush Hill Presbyterian Church, Alexandria, VA. 10 AM - 12 Noon Subcommittees, 12 Noon-1 PM Lunch, 1 PM - 6 PM Regional meeting. 17 positions currently open for nominations:

- RSC Vice Chair
- RSC Vice Treasurer
- RSC Secretary
- RSC Vice Secretary
- Convention Oversight Comm At-Large Rep 1
- Convention Oversight Comm At-Large Rep 2
- H&I Vice Chair
- Literature Chair
- Free State Regional Service Office Rep 2

- Literature Vice Chair
- Phoneline Chair
- Phoneline Vice Chair
- Policy Chair
- Policy Vice Chair
- Public Relations Vice Chair
- Special Events Vice Chair
- Free State Regional Service Office Rep 1



Area Service Nominations & Elections: Montgomery Area still has several service positions available: Alternate Secretary, RCM Alternate, and many Area Liaisons. Email masc@cprna.org for more info.

Service Works! All you need to know about Montgomery Area NA:

https://www.cprna.org/our-areas/info/montgomery-area/

EVENTS

NA events can be found at: https://www.instagram.com/naglobalevents/ and https://www.instagram.com/naglobalevents/ and https://www.cprna.org/event-calendar/

NAWS: naglobalevents on Instagram

NA Events @ cprna.org



FSRCNA 30

"Beyond Our Wildest Dreams"

NOVEMBER 29-DECEMBER 1, 2024 Hyatt-Regency Inner Harbor

Baltimore, Maryland





REGIONAL SERVICE COMMITTEE MEETING





OUR AGENDA

- 9-10am Breakfast
- 10am-12pm Subcommittee meetings
- 12-1pm Lunch
- 1-6pm CPRNA Regional Service Committee meeting

Bush Hill Presbyterian Church 4916 Franconia Road Alexandria, VA 22310

MORE INFORMATION: Walter D 571.359.7718/ Cheryl D 202.812.4171

Montgomery Area Special Events Presents:



y Down Dance

With Music by DJ Big Poppa

SATURDAY OCTOBER 26, 2024

6:00 pm - 11:00 pm

Commotion Dance Studio 18012 Matney Road

Germantown, MD

Music, Finger food, Dessert & Drinks All Provided!

Costume Contest at 9:00 pm with Three Gift Card Winners!!!

\$10 Donation at the Door Free for people in Treatment Centers

DONATIONS CAN BE SENT VIA VENMO @NATALIE-GITELMAN OR CASH APP \$SPECIAL EVENTS007

For Information contact: BRAD 5. 540 272-8899 or Suzanne W. 240 793-1799