

# STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 85

PO Box 8214 Gaithersburg, MD 20898

AUGUST 2024



**WCNA 38**  
**Opportunities to Serve!**  
<https://volunteer.na.org>

Although the NA World Convention does not actually start until **Thursday, 8/28**, there are opportunities to serve beginning Tuesday, 8/26 with Pre-Registration activities. The possibilities to serve and be a part of are endless until the end of the convention, **Sunday 9/1/24!**

Come help out with a marathon meeting, or registration, or the Coffee House, or be a line monitor, or...or....(you get the drift!). Become "a part of" the **38th World Convention of Narcotics Anonymous in Washington, DC** and not just a spectator!

All the links that lead to **FUN IN RECOVERY:**

Go to <https://volunteer.na.org> to get your WCNA 38 service on!

[Click here](#) to see the list of opportunities available!

Go to <http://wcna.na.org> to register for WCNA 38!

The World  
Convention of NA  
is coming to  
Washington DC  
Aug 29 to Sep 1, 2024!

Scan the QR Code or go to  
<https://wcna.na.org/>  
To find out more and register!



**DRUG PROBLEM?**



**Call Narcotics Anonymous**

Meetings in Washington DC, Maryland, & Northern Virginia

**1-800-543-4670**

[www.cprna.org](http://www.cprna.org)

[info@cprna.org](mailto:info@cprna.org)

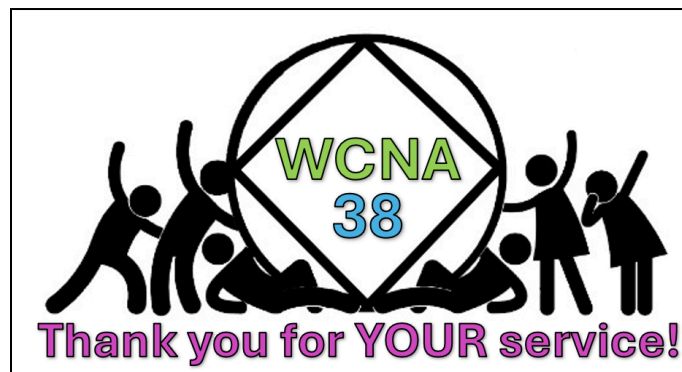
**This card saves lives!**

The Montgomery Area Public Relations (PR) Subcommittee provides life-saving literature in many ways! One of them is this little business card. PR distributes these cards at NA booths and to various organizations throughout the county.

Find out more by coming to the Public Relations meeting the **1st Tuesday of each month @ 6:30 PM!**

Zoom ID: 876 1298 6083

Password: 749698



Email Art, Articles, Anniversaries & NA Announcements to: [straighthope@cprna.org](mailto:straighthope@cprna.org)

**DEADLINE FOR SUBMISSIONS IS THE 4TH SUNDAY OF THE MONTH!**

Subcommittee meets 4th Sunday @8pm: Meeting ID: 876 1298 6083 PW:749698

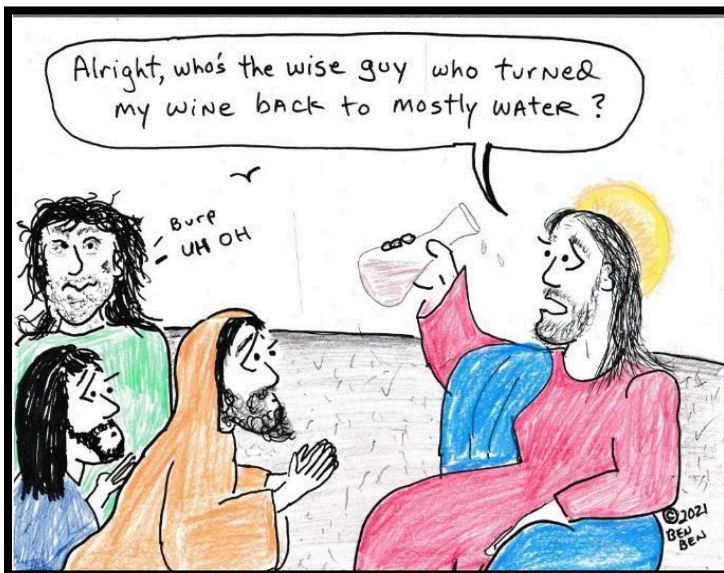
Straight Hope Contributors Anne E. - Layout/Content Ben C. - Steps/Traditions  
Galen T. - Layout

**SCAN TO GET YOUR COPY OF "STRAIGHT HOPE" ONLINE!!!**

## Step of the Month

**Step 8: “We made a list of all persons we had harmed and became willing to make amends to them all.”**

My list included my parents, siblings, friends, lovers, coworkers, neighbors, and even complete strangers. I also added organizations and institutions such as the IRS, the Catholic Church, and the Police Department. Although it might not have been intuitive as I wrote my list, it was important that I also put myself and the God of my understanding on my Eighth Step list.



## Tradition of the Month

**Tradition 8: “Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”**

A sponsor is someone to rely on for support and guidance. Sponsors share their experiences, hope, and strength of recovery; they do not make a diagnosis nor give professional opinions or consults.



## Living Miracles

8/7 Bob B. 37 years Fresh Air  
8/10 Janet M. 24 yrs. Ladies in Recovery  
8/15 Matt V 3 years Serenity in the Park  
8/16 Mike F. 20 yrs. Get Down  
8/17 Veronica W. 34 yrs. Gut Bucket  
8/17 Paige L 32 years Off the Beaten Track  
8/20 Mike F. 20 yrs. Get Down  
8/22 Bob J. 37 yrs. Off the Beaten Path  
8/22 Mike P. 38 yrs. Steps to Life  
8/24 Cindi I. 1 yrs. Ladies in Recovery  
8/25 George S 4 years at Talking Heads  
8/25 Juls M 5 yrs. at Today's Recovery  
8/28 Crevante 9 yrs. at Never Alone  
9/1 Michael L 6 yrs. at Today's Recovery  
9/2 Darrell L. 37 yrs. at Monday Miracles  
9/8 Cassie S. 3 yrs. at Today's Recovery  
9/9 Gloria K. 1 yr. at Illness in Recovery  
9/13 Erin M 9 yrs. Live and Let Live  
9/14 Shelley B 5 yrs. - Acknowledging  
9/10 Ryan C. 2 yrs. at All About Change  
9/15 Dave K 39 yrs. at Today's Recovery  
9/16 Shirley S 26 yrs. Illness in Recovery  
9/17 Hakeem M. 1yr. All About Change  
9/20 Sophie 1 yr. Live and Let Live  
9/27 Geoff K 9 yrs. Live and Let Live  
9/29 Chit 39 yrs. Sunday Morning Spiritual  
9/29 Ron 38 yrs. Sunday Morning Spiritual

## NA Related Announcements

**SCAN QR CODE TO FIND NA MEETINGS IN THE DMV!**



NA Meetings in Washington DC, Maryland, & Northern Virginia

**NA 24/7 Phonenumber 1-800-543-4670**

www.cprna.org    na-montgomery@cprna.org

**PLEASE DO NOT TAKE SO OTHERS CAN SCAN IT!**

Provided by Montgomery Area of NA Public Relations Subcommittee

**New QR Code Meeting Flyer.** The old flyer had a **WRONG PHONE NUMBER!** Please throw the old flyers out. The new flyer has the NA 24/7 Phonenumber **1-800-543-4670** in **BOLD RED.**

The **Regional Service Committee meetings will now be held IN PERSON** beginning **August 10th**. Subcommittees: 10 AM - Noon; Lunch: Noon-1 PM; Regional: 1PM-6PM. [Cedar Lane Unitarian Church](#), 9601 Cedar Lane, Bethesda, MD, 20814. Flyer is on [Page 4](#) of this newsletter.

**All about Change** will be 60 minutes instead of 90 minutes. Tuesday, 7:30 pm - 8:30 pm. 13 Firstfield Rd., Gaithersburg, MD, 20878

**¿Hablas Español?** Newcomers are coming to Spanish-speaking meetings. It would be nice if people

who speak Spanish came to the meetings for support.

**Women Do Recover** needs support. Tuesday, 7pm-8pm, Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD, 20919, Rear Door, Room 133

**Get Down Group** needs support: Friday @ 8:30 pm, Zoom ID: 86570165126; Passcode: getdown

**Area Meeting Lists** can be printed off our webpage <https://www.cprna.org/?current-meeting-list=8>, mailed to you by requesting them from [na-montgomery@cprna.org](mailto:na-montgomery@cprna.org), or may be obtained from Danny O. when you make a literature order.

**Regional Meetings Lists** can be printed off the webpage <https://www.cprna.org/na-meetings/>, mailed to you by requesting them from [na-montgomery@cprna.org](mailto:na-montgomery@cprna.org), or may be obtained from Danny O. when you make a literature order as well.

**NAWS Meeting Finder:** Find meetings around the world: <https://webdata.na.org/phoneweb/>



## **WCNA 38 - The Power of Love!**

**VOLUNTEER FOR WORLD!** Go to <https://volunteer.na.org/> to volunteer at the NA World Convention in August! You don't have to be registered (right now) for the convention to volunteer, but need to be registered before attending the convention to volunteer.

**WCNA 38 for Newcomers:** Walk-In **Newcomer Badges** will be made available to members with 30 days or less at WCNA 38. The number of badges are based on member donations.

**Register for the Convention!**

[www.wcna.na.org](http://www.wcna.na.org)

## **Opportunities to Serve!**

**RSC Nominations/Elections:** Several Regional service positions are still open! Come to the 8/10 @ 12 PM RSC meeting at Cedar Lane and volunteer!

**Area Service Nominations & Elections:** All Montgomery Area service positions were up for nominations in June and elections in July. We still have several service positions available: Alternate Secretary, RCM Alternate, Alternate Treasurer, and many Area Liaisons. Talk to your GSR or email [masc@cprna.org](mailto:masc@cprna.org) for more info.

**Service Works! All you need to know about Montgomery Area NA:**

<https://www.cprna.org/our-areas/info/montgomery-area/>

## EVENTS

More events can be found at: <https://www.cprna.org/event-calendar/> and <https://www.instagram.com/naglobalevents/>



## CPRNA



### Regional Service Committee Will Be In Person Again!!

SATURDAY AUGUST 10TH 2024  
10:00 Am to 6:00 PM

Location; Cedar Lane Unitarian Church  
9601 Cedar Ln, Bethesda, MD 20814

Schedule of events:

9:00 AM to 10:00 AM

Breakfast; Coffee, Donuts & Bagels

10:00 AM to 12:00 PM

Subcommittee meetings, Space is available for all  
subcommittees to meet in person if needed

11:30 AM to 12:30 PM

Board of Directors Annual meeting

12:00 PM to 1:00 PM

Lunch; Sub Sandwiches, Wraps, Water, Soda & Chips

1:00 PM to 6:00 PM

CPRNA Regional Service Committee meeting



Questions, please contact Robert F. 240-372-5072,  
Cheryl D. 202-812-4171, Suzanne W. 240-793-1799

**JUMP START TO  
RECOVERY NA GROUP**  
presents  
**SPEAKER JAM**  
FELLOWSHIP FUN  
A SPIRITUAL EXPERIENCE CAN NOT BE BOUGHT OR SOLD  
FOOD SPEAKERS  
**WEDNESDAY  
AUGUST 28  
12PM - 8PM**  
ST. MARTINS CATHOLIC CHURCH  
1908 NORTH CAPITOL STREET NW  
WASHINGTON DC 20002  
STARTS DAY BEFORE WCNA38

**Central Maryland Special Events**  
**Baltimore Orioles**  
vs.  
**Houston Astros**  
**Orioles Soccer Jersey Giveaway!!!**  
  
(First 25,000 Fans 15 & over)  
**TICKETS (upper reserve seating) COST \$17.00**  
**WHEN:** Saturday August 24<sup>th</sup> 4:05 PM  
**WHERE:** Orioles Park at Camden Yards (no transportation provided)  
**\*\*Park opens 2 hours early (2:05 PM) for (music and fun) let's all gather at the pavilion before game time for some pre-game fellowshiping!!!\*\***  
**\*\*\*ELECTRONIC TICKET TRANSFER ONLY – MUST DOWNLOAD MLB BALLPARK APP TO CLAIM TICKETS – NO PAPER TICKETS\*\*\***  
**\*\*\*\* For more info. Contact Darlene C. 301-789-3523 \*\*\*\***

**South Potomac Area  
Special Events  
Presents:**  
**Dance For The World**  
8:00 PM to Midnight  
August 17, 2024  
Let's Dance  
Hensen Valley Christian Church  
1900 Tucker Rd. Fort Washington  
Maryland 20744  
\$10 donation in advance For more information  
\$15 at the door Contact Chair: Paul M  
240-645-2255 NA