

### CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



June 2024





6/8

6600 Laurel-Bowie Rd, Bowie

#### TRADITION Six

"An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose."

Our fellowship's primary purpose defines us. We are a society of addicts sharing with others the hope of recovery in Narcotics Anonymous. When NA's identity becomes too closely tied to the identity of another organization, the clarity of our primary purpose is muddied, losing some of its power. The Sixth Tradition warns us of three things that could blur the distinction between Narcotics Anonymous and other enterprises: endorsement, financing, and the lending of our name. An endorsement is a public statement of support for another organization. Financing another organization further endorses its purpose. Lending our name to a related facility or outside enterprise—allowing an addiction treatment facility, for example, to call itself The NA Medical Center—is the ultimate endorsement, permanently tying our primary purpose to theirs in the public eye.



I'm a lot happier when I can just let my Higher Power do its work

I've been a huge fan of The Simpsons ever since I was a child. In addition to being outright hilarious, the show has given me some amazing life lessons. There is an episode of The Simpsons where Lisa, the daughter, decides to become a vegetarian. She spends a good portion of the episode trying to convince the entire town of Springfield to do the same, and even goes so far as to destroy her father's barbecue by stealing a cooked pig and destroying it. At the end, she learns that she can hold her own beliefs about vegetarianism, but it's wrong for her to insist that everybody else do so.

When I was using, I was a complete chameleon; I was whoever you needed to be if it would get me the thing I wanted: drugs, sex, money, friends, whatever. I also didn't have opinions on anything; my big opinion was "give me my"."

That changed the longer I stayed clean and worked steps. I started to become more engaged in the world around me, and at four years clean, I began to develop a passion for a particular issue I won't mention here as it will deviate from the subject of recovery. And I've used this passion to educate others: I've published two books and a number of articles on the subject, and I've become a leader in that community. But as I grew more knowledgeable about it, I began to insist that everybody view those the ways I did. My first sponsor once told me that as we grow in recovery, we begin to develop new defects. While I had developed a social conscience, my defect of "fear of not fitting in" had turned into arrogance and self-righteousness.

When I first read the line "We were entirely ready to have God remove all these defects of character," I thought my Higher Power would magically remove my character defects, but it doesn't work that way. Removal of defects, particularly this one, has been an ongoing process. Oftentimes, if a situation comes up that gives me an opportunity to act on said defect, the best thing I can do is to keep my mouth closed. Moreover, when I do, I have to look at the underlying emotion that causes me to act on the defect, and it's usually fear. Fear of not getting what I want, fear I won't be provided for, fear of social embarrassment.

Am I entirely ready to have my self-righteousness removed?

Defects can also have assets attached to them. Having a social conscience around this issue has caused me to have empathy for others, and I'll continue to write, research, and advocate around it. That said, like Lisa, I'm also learning to allow others to have their beliefs without me chiming in about them. It's a tightrope sometimes. But I'm a lot happier when I can just let my Higher Power do its work. Doing so is like exercising a muscle; the more I do it, the better I'll get at it.

Anonymous 6/2024

#### **Sixth Concept**

Spiritual Guidance.

Group conscience is the spiritual means by which we invite a loving God to influence our decisions.

Conscience is an essentially spiritual faculty. It is our innate sense of right and wrong, and internal compass that each of us may consult in our personal reflections about the best course to take. Our Basic Text refers to conscience as one of those "higher mental and emotional functions" which was "sharply affected by our use of drugs." By applying our steps, we seek to revive it and learn how to exercise it. As we steadily apply spiritual principles in our lives, our decisions and actions increasingly become less motivated by self-interest, and more motivated by what our conscience tells us is good and right



## Montgomery Area Special Events WE ARE GOING CAMPING!! Little Bennet Campground 23701 Frederick Road Clarksburg, MD 20871



#### June 7th to the 9th

Check in begins at 1:00 PM Friday June 7th Check out is at 11:00 AM Sunday the 9th

Camp Sites 88, 89, 90 & 91. 2 Tents per site \$35 for both nights \$20 for 1 night please send to MASE Venmo or Cash app info below We have a large Cabin tent for anyone that wants to spend the night but does not have a tent. Bring your own chair & some food to share if you can



#### Schedule of events;

Friday June 7th, 1:00 PM Check in/camp set up 6:00 PM Pot luck dinner, Grill & Camp Stove available 8:00 PM Campsite Fireside Meeting

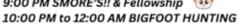
9:00 PM SMORE'S!! & Fellowship

Saturday June 8th

8:00 to 10:00 AM Eggs & pancake breakfast at Big tent site 12:00 PM to 2:00 PM- Nature Hike

6:00 to 8:00 PM Community Dinner, Hotdogs & Hamburgers

8:00 to 9:00 PM Speaker Meeting 9:00 PM SMORE'S!! & Fellowship



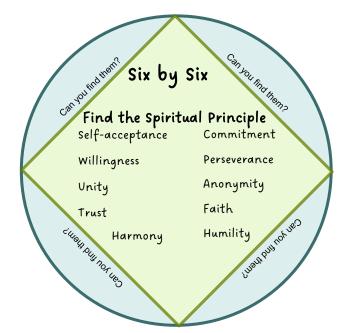
Sunday Morning Camp Break down



You Can Always Donate to MASE Via Venmo @Natalie-Gitleman or Cash App \$Specialevents007 Want to Volunteer? Need More information? Contact Suzanne W. 240-793-1799 or Brad S. 540-272-8899







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#### NA Today

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#### CENTRAL MD SPECIAL EVENTS PRESENTS: SPIRITUAL BREAKFAST





WHEN: SATURDAY, JUNE 8<sup>TH</sup> TIME: 10:00 AM to 1:00 PM
LOCATION: TRINITY LUTHERAN CHURCH
6600 LAUREL BOWIE ROAD, BOWIE, MARYLAND
Come join us for food, fun and fellowship!!

50/50 Raffle!!

Breakfast!!

Two NA Speakers!!

Tickets: 15.00 (Donations accepted)

\*\*Tickets will not be sold at the door - tickets must be purchased prior to the event.

Questions about ticket availability or the event? Contact: Duriene C. 301-789-3323 or Emily D. 240-761-1012

Come Serve with us

# Central Area Special Events Is in need of trusted servants! No clean time requirements

Lets plan something fun!

