VOLUME 59

January 6, 2022





Step 1

Step one: Before & After

The first step is the most important step to me.

"We admitted we were powerless over our addiction and that our lives had become unmanageable."

I just wrote that from recollection. Then I looked it up to make sure it was correct. I was close, but I was wrong. Correctly written, it's, "We admitted we were powerless over our addiction, that ours lives had become unmanageable." I missed the comma and put in the word "and" in it's place.

I was asked earlier today to write something on Step One. I contemplated how I was once so powerless over my use of drugs that I couldn't even attempt stopping. I wanted to, but it seemed so impossible that there was no point in even trying. During my last years of actively using, I truly wished with that I had never heard of drugs or that I had never started using drugs. Because, if that were true, then I would have never become an addict to begin with and I wouldn't have had to use to be happy or at least not be quite so miserable.

"Our common welfare should come first; personal recovery depends on NA unity."

Tradition 1



Cartoon credit: Ben C.

Events

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Date/Time	Event	
Jan 9 2022 05:00 PM - 07:00 PM	Battlefield Area Service Committee	
Jan 11 2022 06:30 PM - 07:30 PM	C&P Special Events Sub-Committee Click here to join meeting!!	
Jan 25 2022 06:30 PM - 07:30 PM	C&P Special Events Sub-Committee Click here to join meeting!!	
Jan 29 2022 - Jan 30 2022 12:00 AM - 12:00 AM		

Autonomy Zonal Forum & CAR Workshop

Saturday, January 29-30, 2022 Linthicum Heights United Methodist Church 200 School Lane Linthicum, MD 21920

Love and Gratitude in Action From Information to Service

Saturday's Meeting Schedule (Hybrid):

10-11 AM: Zonal Updates - Southeastern Zone and Northeast Zone Jeff P Florida and Dennis M New York

11:15 AM-12:15 PM: Speed Sharing

12:15-1:30 PM: Lunch Break

1:30-2:45 PM: Breakout rooms: Regional Chairs/Vice Chairs, Subcommittee Chairs/Vice Chairs

3:00-4:30 PM: CAR Workshop

Tana O and Jorge M from the World Board

4:30-6:00 PM: Dinner Break

6:00 PM: Main Speaker Topic: Consensus Based Decision Making Daniel C World Service Conference Co-facilitator

Dames C World Service Conference Co-racintator

7:00-9:00 PM: Bingo

Sunday's Meeting Schedule (Hybrid):

11:30 AM - 4:30 PM AZF Meeting

For More Info: Christian B., 443-603-4373, John W., 505-573-1386, Kellie B., 443-889-0866 Meeting ID: 872 1211 6010 - Passcode: 121212





Celebrations:

Wed 1/12 7:00PM Shahab 19 Yrs. Fresh Air Zoom 843 9336 4207 pw NAWed7

Wed 1/12 8:00PM Jim G. 10 Yrs. Step Up Zoom 457 222 405 pw 883086

Sat 1/15 7:00PM Anne E. 32 Yrs. Good Deal ZOOM 769 038 042 pw 8675309

Fri 1/21 8:30PM Dara P. 16 Yrs. Get Down ZOOM 8164 756 8372pw getdown

Sat 1/29 8:05PM Adelita N. 29 Yrs. & Cody 1 Year Beachcombers (NOT HYBRID 2 separate meetings) St Alban's Church 3001 Wisconsin Ave NW, Washington, DC, 20016 Zoom Meeting ID: 817 2974 2531; Passcode: 31SFiR

Kendra A 1yr and Toya G 24yrs on 1/30 at noon Progress in NA zoom id 9734663601 pw 875711

2/4 Older Toddlers, 7 PM: Tim L. 2 yrs, Diane L. 10 years & Gantt 37 years 903 443 801 Recovery 12

2/20 7:30 Beth C. and Dave M. celebrate 37 years at The Alternative zoom ID: 114114644 pass: 016821

2/27 Justin M. celebrates 1 year at The Alternative zoom ID: 114114644 pass: 016821

Teresa S and Dwight S 32yrs on 2/26 at 7pm The Gut Bucket zoom id 9734663601 pw 875711