		SUNDAY			TUESDAY (CONT)
Sun	10:00AM	NA in Delray, Department of Community & Human Services (DCHS) 4850 Mark Center Drive Alexandria, VA 22311	Tue	8:00PM	<b>Comfort Zone</b> Falls Church, VA 22046 Zoom ID: 929 625 3168; Passcode: 658318
		Zoom ID: 873 4446 3412; Passcode: 1991 (O,WC &,HY 90)			(O,WC &,VM 60)
Sun	NOON	Just For Today, Unity Club 116 W Broad St Falls Church, VA 22046 (O 60)	Wed	6:30PM	WEDNESDAY  Clean in Clarendon, Clarendon Presbyterian Church 1305 N Jackson St Arlington, VA 22201
Sun	7:00PM	Another Look, Franconia United Methodist Church 6037 Franconia Rd Alexandria, VA 22151 (O,WC & 60)	Wed	6:30PM	(O,DISC,SPK 60)  Women Do Recover, Springfield Church of Christ 7512 Old Keene Mills Rd Springfield, VA 22150
Sun	7:00PM	Living In The Solution, Immanuel Anglican Church 7075 Hoadly Rd Manassas, VA 20112	Wed	7:00PM	Zoom ID: 842 4803 8677; Passcode: 999612 (W,LIT,HY 60) <b>NA at Walter Reed</b> , Walter Reed
		Zoom ID: 568 046 8023; Passcode: 121212 (O,VAR,SPK,STEP,WC &,HY 75)	•		2909 16th St S Arlington, VA 22204 (O,DISC 90)
		MONDAY	Wed	7:00PM	Plan B, Unity Club
Mon	7:00PM	Covid Soldiers, Arlington Assembly of God 4501 N. Pershing Dr. Arlington, VA 22203 (O 90)			116-B W Broad St Falls Church, VA 22046 (0 75)
Mon	7:00PM	Cracker Box, Fairfax Presbyterian Church Rm 124 10723 Main St Fairfax, VA 22030 (O,WC & 60)			Came to Believe, Cameron United Methodist Church 3130 Franconia Rd Alexandria, VA 22310 (O 60)
Mon	7:00PM	In The Heart Of, Charles Houston Recreation Center 901 Wythe St Alexandria, VA 22314 (O 90)	Wed	8:00PM	Over The Hump, Good Shepherd Lutheran Church 15695 Blackburn Road Woodbridge, VA 22191 (O,JFT,SPK,WC &,NP 75)
Mon	7:00PM	Miracles on Broad Street, Falls Church Presbyerian Church	The	C-20DM	THURSDAY
		225 E Broad St Falls Church, VA 22046 Zoom ID 962 211 7089; Passcode: 169422 (O,WC & JHY 60)	Thu	6:3UPM	Spiritual Pause, Lord of Life Lutheran Church 5114 Twinbrook Rd Fairfax, VA 22032 (C,SPAD 60)
Mon	7:30PM	Bring Your Stepwork, Our Lady of Lourdes Catholic Church 800 23rd St. S Arlington, VA 22202 (C,STEP 60)	Thu	6:30PM	Women In Unity, Mark Center 4850 Mark Center Dr Alexandria, VA 22311 (W,WC & 75)
Mon	8:00PM	Step Over the Hump, Good Shepherd Lutheran Church 15695 Blackburn Road Woodbridge, VA 22191 (O,STEP,TRAD,WC & ,NP 75)	Thu	7:30PM	Old Time Recovery, Langston-Brown Center 2121 N. Culpeper St Arlington, VA 22207 (C,WC & 60)
		TUESDAY	Thu	8:00PM	So Happy It's Thursday, Bush Hill Presbyterian Church
Tue	NOON	<b>High Noon II</b> , Ferllazo Building 15941 Donald Curtis Dr. Woodbridge, VA 22191			4916 Franconia Road Alexandria, VA 22150 (O 60) FRIDAY
_		(O,WC &,ŠPAD 60)	Fri	7:00PM	Man-up G-Street
Tue	6:30PM	NA Farsi, St Dunstan's Episcopal Church 1830 Kirby Road McLean, VA 22101 Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY		7.00114	Woodbridge, VA 22191 Zoom ID: 818 5987 9896; Passcode: 123 (O,M,VAR,WC &,VM 75)
Tue	6:30PM	spoken in FARSI (O,PER,HY 60) <b>The Basics Group</b> , Annandale United Methodist Church	Fri	7:00PM	NA for Life, Langston Brown Center 2121 N Culpeper Street Arlington, VA 22207 (O,WC & 90)
		6935 Columbia Pike Annandale, VA 22003 (O,BT 60)	Fri	7:00PM	Recovery on the South Side, Lee Center 1108 South Jefferson Street
Tue	7:00PM	<b>Choose Life</b> , Christ Crossman United Methodist Church 384 N Washington St Falls Church, VA 22046	Fri	7:00PM	Alexandria, VA 22314 (O,WC & 90)  Simplicity Is the Key, Falls Church Presbyterian Church
Tue	7:00PM	(O 60)  NA in LA, Lee Center 1108 Jefferson St			225 E Broad Street Falls Church, VA 22046 (C,DISC,LIT 60)
		Alexandria, VA 22314 Zoom ID: 533 129 809; Passcode: NALA (O,WC &,HY 90)	Fri	7:00PM	<b>Women Of Woodbridge - W.O.W.</b> Woodbridge, VA 22191 Zoom ID: 568 046 8023; Passcode: 121212 (O,VAR,W,WC &,VM 60)
Tue	7:00PM	Stepping Out of the Hole, Arlington Assembly of God 4501 N. Pershing Drive 451ington, VA 22203 (O.JFT,WC & 90)	Fri	7:15PM	<b>Church Basement Recovery</b> , Kirkwood Presbyterian Church 8336 Carrleigh Pkwy West Springfield, VA 22152
Tue	7:30PM	Just for Tonight, Bush Hill Presbyterian Church			Zoom ID: 962 211 7089; Password: 169422 (O,HY 75)
		4916 Franconia Road Alexandria, VA 22310 (O,JFT 60)	Fri	7:30PM	Better Here Than There Arlington, VA 22204 Zoom ID: 536 659 392; Passcode: 842931
					(O,JFT,VM,SPAD 60)

# Sat 11:00AM Sisters in Recovery, Fairlington Presbyterian Church 3846 King Street Alexandria, VA 22302 (O,W 90) Sat NOON Stepping Together, St. Paul United Methodist Church 1400 G St Woodbridge, VA 22191 (BEG.JFT 75) Sat 6:00PM Welcome Home, Bush Hill Presbyterian Church 4916 Franconia Rd Alexandria, VA 22310 (O,LIT 60) Sat 6:45PM Free Yourself, Independence Club 7043 Wimsatt Rd Springfield, VA 22151 Zoom ID: 962 211 7089; Passcode: 169422 (O,WC &,HY 75)

MEETING FORMAT LEGEND							
BEG	Beginners	BT	Basic Text				
С	Closed	DISC	Discussion				
HY	Hybrid Physical/Virtual	JFT	Just for Today Study				
LIT	Literature Study	М	Men				
NP	No Pets	0	Open				
PER	Persian / Farsi	SPAD	Spiritual Principle A Day Book Study				
SPK	Speaker	STEP	Step				
TRAD	Tradition	VAR	Format Varies				
VM	Virtual Web Meeting	W	Women				
MC F	Wheelchair		·				
PHONELINES							

### **PHONELINES**

NORVANA is part of the C&P Region and serves most of Northern Virginia including: Alexandria, Arlington, Annandale, Fairfax, Falls Church, Franconia, Springfield, and Woodbridge.

Car Region 24/1 Phoneine	000-343-4070
Our neighboring regions:	
In MD, Free State Region:	800-317-3222
In VA, Central Atlantic Region:	800-777-1515

### SERVICE MEETINGS

### **Area Service Committee**

Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd Arlington, VA 22204

Zoom ID: 886 2375 6496; Passcode: service; Phone Passcode: 564930

### **Hospitals & Institutions Subcommittee Meeting**

Meets 2nd Thursday of each month at 7:00PM Leonard Chick Armstrong Recreation Center

25 West Reed Avenue Alexandria, VA 22305

Zoom ID: 847 0997 0369 Passcode: 121212

Literature Subcommittee Meeting Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd Arlington, VA 22204

### **Policy Subcommittee Meeting**

Meets 1st Saturday of each month at 6:00PM Falls Church, VA 22046

Zoom ID: 868 6403 0517; Passcode: 121212

## **Special Events Subcommittee Meeting** *Meets 3rd Wednesday of each month at 6:30PM*

Alexandria, VA

Zoom ID: 834 5204 9191; Passcode: NSE

PHONE NUMBERS				
What is our message?				
wilat is out lifessage:				

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

# **Narcotics Anonymous**



That no addict seeking recovery need ever die...

# **NORVANA**

Northern Virginia Area of Narcotics Anonymous P.O. Box 7113 Falls Church, VA 22046

> **24 HOUR PHONELINE** 1-800-543-4670

# **MEETING LIST JULY 2024**

Also online at: https://www.cprna.org/norvana/

Send meeting changes to norvana@cprna.org and meetings@cprna.org