

SATURDAY (CONT)

Washington

- 7:00AM **Saturday Morning Relief (O,VM, 90)** Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC, Rock Creek Area
- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
- 9:00AM **Better Way (O,PH,VM, 60)** Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC, District of Columbia Area
- 9:30AM **Women with a Purpose (C,IP,STEP,TRAD,W,VM,LIT, 90)** Zoom ID: 979 1044 9558; No Passcode, Washington, DC, East of the River Area
- 11:00AM **Come Clean to Stay Clean (O, 90)** Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC, District of Columbia Area
- 11:30AM **Men Under Construction (O,DISC,M,WC &, 90)** United Medical Center, 1310 Southern Ave. SE, Washington, DC, District of Columbia Area
- 11:30AM **Women's Rap (O,W,VM, 60)** Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC, District of Columbia Area
- NOON **Mount Olivet Recovery (O,DISC,WC &, 90)** Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, District of Columbia Area
- NOON **Women's Step and Tradition (C,STEP,TRAD,W,VM, 90)** Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC, District of Columbia Area
- 1:30PM **NA group at The Metropolis Club (O, 60)** The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC, District of Columbia Area
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area
- 2:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)** Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, The Virtual Ties That Bind Us Together Area
- 6:00PM **It's Lit (LIT, 60)** Westside Club, 2nd Floor, 1341 Wisconsin Ave. NW, Washington, DC, Rock Creek Area
- 6:00PM **Uptown (O,DISC, 90)** Unity Baptist Church, 2706 Bladensburg Rd. NE, Washington, DC, District of Columbia Area
- 7:00PM **818 Miracles (O,STEP,TRAD,VM, 90)** Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC, East of the River Area
- 7:00PM **Illness In Recovery (O,DISC,VM, 60)** Zoom ID: 970 781 8525; Passcode: 1HMZCm, Washington, DC, District of Columbia Area
- 7:30PM **Hope Fiends (O,CAN,HY, 60)** Zoom ID: 292 549 9011; Passcode: hope, Triangle Club, 1638 R St. NW #120, Washington, DC, Rock Creek Area
- 8:00PM **Gift of Life (O,STEP,TRAD,WC &,HY, 90)** Zoom ID: 511 626 4561; No Passcode, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
- 8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area
- 8:05PM **Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60)** St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, Rock Creek Area
- 9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, District of Columbia Area

Woodbridge

- NOON **Stepping Together (BEG,JFT, 75)** St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA, Norvana Area

CONTACT INFO

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)
PO Box 8160
Silver Spring, MD 20907

Regional Service Committee Meeting

Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec
2nd Saturday of that month at 1:00 PM

24/7 Phonenumber: 1-800-543-4670 <https://www.cprna.org> info@cprna.org

CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phonenumber: 1-800-543-4670
<https://www.cprna.org>
info@cprna.org



Scan QR Code to go to our Meetings page!

MEETING LIST BY CITY
DECEMBER 2024

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	NP	No Pets
O	Open	PER	Persian / Farsi
PH	Phone Meeting	Pi	Pitch
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	VAR	Format Varies
VM	Virtual Web Meeting	W	Women
WC &	Wheelchair	WR	Writing Meeting
Y	Young People		

Weekly Meetings: **394**

OUR MEETINGS

The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, & Virginia. Some meetings are in person, and some are held virtually. Our 12 Areas and the cities our meetings are in as follows:

Battlefield Area: Gainesville, Manassas, & Warrenton, VA * **Central Maryland Area:** Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD * **District of Columbia Area:** Washington, DC * **Dulles Corridor Area:** Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA * **East of the River Area:** NE/SE Washington, DC * **Frederick Area:** Frederick & Jefferson, MD * **Montgomery Area:** Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring, MD * **Norvana Area:** Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA * **Rock Creek Area:** Chevy Chase, MD & NW/SW Washington, DC * **South Potomac Area:** Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD * **The Virtual Ties That Bind Us Together Area:** All Virtual Meetings * **Tri-County Area:** California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret, Prince Frederick, Sunderland, & Waldorf, MD

SUNDAY**Alexandria**

10:00AM **NA in Delray (O,WC &,HY, 90)** Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA, Norvana Area

7:00PM **Another Look (O,WC &, 60)** Franconia UMC, 6037 Franconia Rd., Alexandria, VA, Norvana Area

Ashburn

7:00PM **The Journey Continues (O,LIT, 60)** St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, Dulles Corridor Area

Bethesda

7:30PM **The Alternative (O,CAN,DISC,SPK,HY, 60)** Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, Montgomery Area

California

7:00PM **Basket Case (O, 75)** Patuxent Presbyterian Church, 23421 Kingstom Creek Road, California, MD, Tri-County Area

Chevy Chase

6:00PM **Talking Heads (O,DISC,WC &, 60)** Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD, Montgomery Area

College Park

10:00AM **Breakfast Club (O,VAR,WC &, 60)** 4912 Nantucket Rd., College Park, MD, Central Maryland Area

Columbia

11:00AM **Starting Over (O,VAR,WC &, 60)** Serenity Center, 8650 Basket Ring Rd., Columbia, MD, Central Maryland Area

District Heights

10:00AM **Easy Like Sunday Morning (O,DISC,PH, 90)** Phone#: 605-313-4221; Phone Password: 3074093, Municipal Center, 2000 Marbury Dr., District Heights, MD, This meeting is a phone line meeting only., Central Maryland Area

Falls Church

NOON **Just For Today (O, 60)** Unity Club, 116 W Broad St., Falls Church, VA, Norvana Area

Frederick

11:30AM **Sunday Morning NA (O,JFT, 60)** The Club, 205B Bucheimer Rd., Frederick, MD, Frederick Area

6:30PM **Just For Today (C,SPK,STEP,TRAD, 75)** Trinity United Methodist Church, 703 W Patrick St., Frederick, MD, Frederick Area

Gaithersburg

NOON **Progress in NA (O,STEP,TRAD,VM, 90)** Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD, Montgomery Area

6:00PM **Topic of Cancer (O,VAR,VM, 60)** Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD, Montgomery Area

7:30PM **Today's Recovery (O,DISC,WC &, 60)** Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD, Montgomery Area

Germantown

6:00PM **Let it Shine (Women's Meeting) (C,W,LIT, 60)** Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary; follow around to room # St. Josephs, 19951 Father Hurley Blvd., Germantown, MD, Closed for Easter, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day, Montgomery Area

Greenbelt

10:00AM **Virtual Breakfast Club (SPK,VM,LIT, 60)** Zoom ID: 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD, Central Maryland Area

4:30PM **The Living Clean Group (O,WC &,VM,LIT, 90)** Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

Huntingtown

7:30PM **Another Chance (O,WC &, 60)** St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD, Tri-County Area

Hyattsville

7:00PM **Small Wonders (DISC,JFT,STEP,TRAD,WC &, 60)** University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, Central Maryland Area

SATURDAY (CONT)

7:00PM **Saturday Night Living Clean (O,LIT,LC, 60)** The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, Read from Living Clean, Montgomery Area

Greenbelt

10:00AM **Ladies in Recovery (SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area

7:00PM **Gut Bucket (O,WC &,VM, 60)** Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

Huntingtown

6:00PM **Stick and Stay (O,VAR,SPK,TOP,WC &, 60)** Life Church, 35 Cox Rd, Huntingtown, MD, Tri-County Area

Hyattsville

NOON **Just for Today (O,WC &, 60)** The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, Central Maryland Area

Laurel

7:00PM **HOW Group (O,DISC,WC &, 60)** St Mary's School, 106 St. Mary's Place, Laurel, MD, Central Maryland Area

Leesburg

10:00AM **The Bacon & Eggs Meeting (C,LIT, 60)** Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA, Dulles Corridor Area

Leonardtown

7:00PM **It's A We Thing (O,WC &, 75)** St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD, Tri-County Area

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

7:00PM **Destination Hope (O,SPK, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, Battlefield Area

Mount Airy

7:30PM **Off the Beaten Path 2 (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Mount Airy, MD, Montgomery Area

Silver Spring

NOON **Free Yourself (O,DISC,JFT,WC &, 60)** Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD, Montgomery Area

7:00PM **Speakeasy (O,DISC,VAR, 90)** Woodside UMC, 8900 Georgia Ave., Silver Spring, MD, Montgomery Area

Springfield

6:45PM **Free Yourself (O,WC &,HY, 75)** Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA, Norvana Area

Sterling

10:00AM **Rainbow Llama (O,LIT, 60)** Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, Dulles Corridor Area

7:00PM **Literally Speaking (O, 60)** St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area

8:30PM **Saturday Night Live (O,WC &, 60)** St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA, Dulles Corridor Area

Temple Hills

NOON **Keep It Simple (O,WC &,LIT, 90)** St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, South Potomac Area

Waldorf

NOON **Women In Recovery (O,W, 60)** Great Escape Recovery Lounge, 85 High St., Waldorf, MD, Tri-County Area

7:00PM **Making Miracles (O,DISC,WC &, 90)** Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, Tri-County Area

10:00PM **Candlelight (SPK,WC &, 60)** Good Shepherd Church, 305 Smallwod Dr, Waldorf, MD, Tri-County Area

FRIDAY (CONT)

7:00PM	Regardless Of Sexual Identity (C,VM, 90) Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC, District of Columbia Area
7:00PM	Un Dia a la Vez (ES,SPK,HY,SPAD, 60) Zoom ID: 868 6217 7691 ; Passcode:121212, Festival Center, Hybrid even Fridays, virtual all other Fridays, 1640 Columbia Rd. NW, Washington, DC, Rock Creek Area
7:00PM	Yellow Brick Road (O,VM, 60) Zoom ID: 821 9026 0549; No Passcode, Washington, DC, District of Columbia Area
7:30PM	Clean Works (O,DISC,LIT,HY, 60) Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, Rock Creek Area
8:00PM	Help Somebody (O,BEG,VM, 90) Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC, District of Columbia Area
8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area
9:00PM	Recovery Alley (C,HY, 60) Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, Rock Creek Area
10:00PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75) St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, Rock Creek Area

West Springfield

7:15PM	Church Basement Recovery (O, 75) Kirkwood Presbyterian Church, 8336 Carleigh Pkwy, West Springfield, VA, Norvana Area
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Woodbridge

7:00PM	Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60) Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA, Norvana Area
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SATURDAY**Alexandria**

6:00PM	Welcome Home (O,LIT, 60) Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, Norvana Area
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Beltsville

5:00PM	Fear to Faith (O,WC &, 60) Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, Central Maryland Area
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Bowie

8:30PM	Tracks to Recovery (O,WC &, 60) Unity Place, 8610 Railroad Avenue, Bowie, MD, Central Maryland Area
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Camp Springs

7:00PM	Shelter From The Storm (IP,STEP,LIT, 90) Bethany Christian Church, 7128 Allentown Road, Camp Springs, MD, Literature Study Group / IP#10 Working Step Four, South Potomac Area
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Chantilly

7:30PM	Keep It Real (O, 60) A New Beginning, 4213 Walney Rd., Chantilly, VA, Dulles Corridor Area
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Chesapeake Beach

10:00AM	Healthy Relationships (CH,DISC,WC &, 90) Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, Tri-County Area
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Frederick

10:00AM	Can't Do It Alone (O,DISC,IP,JFT,STEP,W,WC &,VM, 90) Zoom ID: 81395991987 NO PW, Frederick, MD, Frederick Area
10:00AM	Kickin' It Raw (O,M,VM, 90) Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD, Frederick Area
NOON	Noon Group (O, 60) Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
7:00PM	Up in Smoke (VAR,TRAD,WC &, 60) Community Action Agency, 100 S. Market St, Frederick, MD, Frederick Area
8:00PM	Saturday Night Special (O,WC &, 60) Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, Frederick Area

Gaithersburg

11:00AM	Share On Saturday (O,VM, 60) Zoom ID: 879 3942 8041; Passcode: basictext, Gaithersburg, MD, Montgomery Area
3:00PM	Good Stuff (O,VM, 60) Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD, Montgomery Area
6:00PM	Fresh Start (O,WC &,LIT, 75) Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area
7:00PM	A Good Deal (O,DISC,VM, 60) Zoom ID: 769 038 042; Passcode: 8675309, Gaithersburg, MD, Montgomery Area

SUNDAY (CONT)**Manassas**

NOON	Recovery (O,DISC,JFT,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area
7:00PM	Living In The Solution (O,VAR,SPK,STEP,WC &,HY, 75) Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA, Norvana Area
7:00PM	Sunday Funday (O,DISC,SPK,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area
9:00PM	Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60) ID: 822 228 0011; Passcode: 121212, Manassas, VA, Battlefield Area

Pomfret

7:30PM	Stepping Into Traditions & Concepts (O, 75) St Joseph's Church, 4590 St Joseph Way, Pomfret, MD, Tri-County Area
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Reston

10:30AM	To Tell The Truth (O,WC &, 60) Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, Dulles Corridor Area
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Rockville

8:00AM	Squeaky Clean (O,DISC,HY, 60) Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd., Rockville, MD, Montgomery Area
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Savage

7:30PM	Savage Survivors (O,WC &, 60) Savage UMC, 9050 Baltimore St, Savage, MD, Central Maryland Area
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Silver Spring

5:00PM	NA in the Galaxy (O,DISC,WC &, 75) The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD, Montgomery Area
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Temple Hills

7:00PM	Closed Sunday (C,WC &, 90) Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, South Potomac Area
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Washington

7:00AM	Open Door To Freedom (O,BEG,STEP, 90) Church of the Epiphany, 1317 G St. NW, Washington, DC, District of Columbia Area
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
9:00AM	Sunday Morning Spiritual (O,DISC,TRAD,VM, 60) Zoom ID: 812-2295-5124; Passcode 774257, Washington, DC, District of Columbia Area
10:30AM	10:30 Coffee Hour (O,DISC,WC &, 90) 5656A 3rd St. NE, Washington, DC, District of Columbia Area
11:00AM	Sunday Morning Steps & Traditions (O,VM, 60) Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC, District of Columbia Area
NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60) Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area
2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, The Virtual Ties That Bind Us Together Area
5:30PM	Progressive Recovery (O,DISC,LIT, 60) Triangle Club, 1638 R St. NW #120, Washington, DC, Rock Creek Area
7:00PM	Clean On The Hill (C, 60) Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, Rock Creek Area
7:00PM	Clean On The Screen (VM, 60) Zoom ID: 724 9574 1690; No Passcode, Washington, DC, Rock Creek Area
7:00PM	Sunday Night Spiritual Group (O, 90) St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC, District of Columbia Area
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area

MONDAY**Alexandria**

7:00PM	In The Heart Of (O, 90) Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, Norvana Area
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Arlington

7:00PM	Covid Soldiers (O, 90) Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA, Norvana Area
7:30PM	Bring Your Stepwork (C,STEP, 60) Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA, Small room not suitable for treatment center groups., Norvana Area

MONDAY (CONT)**Capitol Heights**

7:30PM **Monday Night Step (O,VM, 90)** Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD, South Potomac Area

Fairfax

7:00PM **Cracker Box (O,WC &, 60)** Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA, Norvana Area

Falls Church

7:00PM **Miracles on Broad Street (O,WC &,HY, 60)** Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, Norvana Area

Frederick

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area

7:00PM **Monday Night Miracles by Candlelight (O,WC &,LIT, 60)** Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, Frederick Area

8:00PM **Back To Basics (O,IW,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, formerly called Late But Straight, Frederick Area

Gainesville

8:00PM **Learning How To Live (O,BEG,DISC,VAR,LIT, 60)** Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA, Battlefield Area

Gaithersburg

6:00PM **Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60)** Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, Montgomery Area

7:15PM **Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60)** Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD, Montgomery Area

8:00PM **Oasis (O,BEG,BT,STEP,LIT, 60)** Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area

8:00PM **Stayin' Alive (O,STEP,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD, Montgomery Area

Greenbelt

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area

7:00PM **Hope Fiends (O,BEG,WC &,VM, 75)** Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD, Central Maryland Area

7:00PM **It Works: How and Why (C,WC &, 90)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

Laurel

7:30PM **Laurel Basics 1-2-3 (O, 60)** Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD, Central Maryland Area

Leesburg

7:00PM **Now What? (WC &, 60)** Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, Dulles Corridor Area

Leonardtown

7:00PM **Cover To Cover (O,WC &, 75)** 21549 Point Lookout Rd, Leonardtown, MD, Tri-County Area

Manassas

NOON **High Noon (O,BEG,DISC,WC &, 60)** Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA, Battlefield Area

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

8:30PM **Getting Centered (O,DISC,VM,LIT, 60)** Zoom ID: 837 7972 7742; No Passcode, Manassas, VA, Battlefield Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Rockville

7:00PM **Illness in Recovery (O,WC &,Y, 60)** Millian Memorial UMC, 13016 Parkland Dr., Rockville, MD, Montgomery Area

FRIDAY (CONT)**Lexington Park**

7:05PM **7:07 (O, 60)** Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD, Tri-County Area

9:30PM **Another Late Night (O,DISC,STEP,TRAD, 60)** Good Samaritan Lutheran Church, 20850 Langley Rd, Lexington Park, MD, Tri-County Area

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

6:30PM **Gimmee Shelter (O,DISC,IW,JFT, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, Battlefield Area

8:30PM **Keep It Simple (O,BT,DISC,SPK, 60)** Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA, Battlefield Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Savage

8:30PM **Drawn Together (STEP,ME, 75)** Savage UMC, 9050 Baltimore Street, Savage, MD, Art and Meditation Meeting, Central Maryland Area

Silver Spring

NOON **NA at Noon (O,JFT,VM, 60)** Zoom ID: 889 4686 0935; No Passcode, - Virtual only on Friday, Silver Spring, MD, Hybrid M-Th; Virtual only on Friday, Montgomery Area

Sterling

7:30PM **Just For Today (O,CAN,WC &,SPAD, 60)** Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, Dulles Corridor Area

Temple Hills

7:30PM **Living the Program Men's Rap (O,M, 90)** The Church of the Great Anointing, 3710 Riviera St, Temple Hills, MD, South Potomac Area

Waldorf

NOON **Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)** Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, Tri-County Area

7:30PM **Work 'Em Or Die (O,WC &, 75)** Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, The Virtual Ties That Bind Us Together Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **The What Can I Do Group (O,WC &,LIT, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, District of Columbia Area

6:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)** Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, The Virtual Ties That Bind Us Together Area

7:00PM **Ageing In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, East of the River Area

7:00PM **Jump Start to Recovery (O,STEP,TRAD,WC &,LIT, 90)** Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC, District of Columbia Area

7:00PM **Lighthouse (O,STEP,TRAD,WC &, 75)** Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, District of Columbia Area

7:00PM **O Street Steps 123 (O, 60)** SOME, Dining Hall, 71 O St. NW, Washington, DC, District of Columbia Area

7:00PM **One Step at a Time (O,STEP,TRAD,VM, 90)** Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC, District of Columbia Area

THURSDAY (CONT)

- 7:00PM **Daily Principles (O,VM, 60)** Zoom ID: 841 4747 4473; Passcode: 347743, Washington, DC, District of Columbia Area
- 7:00PM **Meeting on the Avenue (O, 60)** Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area
- 7:00PM **Stone Soul Recovery (O, 90)** Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC, District of Columbia Area
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area
- 8:30PM **Men's Rap (C,M, 60)** West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, Rock Creek Area

FRIDAY**Alexandria**

- 7:00PM **Recovery on the South Side (O,WC &, 90)** Lee Center, 1108 S Jefferson St., Alexandria, VA, Norvana Area

Arlington

- 7:00PM **NA for Life (O,WC &, 90)** Langston Brown Center, 2121 N Culpeper St., Arlington, VA, Norvana Area
- 7:30PM **Better Here Than There (O,JFT,VM,SPAD, 60)** Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA, Norvana Area

Bethesda

- 8:30PM **Get Down (O,VM, 60)** Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD, Montgomery Area

Chesapeake Beach

- 8:00PM **One Line At a Time (O,CH,DISC,VAR,WC &, 75)** Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, Tri-County Area

Clinton

- 7:00PM **Women Do Recover (O,W,WC &,LIT, 90)** Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, South Potomac Area

Columbia

- 9:00PM **Keep It Real (O, 75)** Serenity Center, 9650 Basket Ring Rd, Columbia, MD, Central Maryland Area

Falls Church

- 7:00PM **Simplicity Is the Key (C,DISC,LIT, 60)** Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, Norvana Area

Frederick

- NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
- 7:30PM **We Do Recover (O,TOP, 60)** Frederick Church of Christ, 1305 N Market St, Frederick, MD, The last Friday of the month is a speaker meeting., Frederick Area

Gaithersburg

- 7:30PM **Upcounty NA (O, 90)** Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, Montgomery Area
- 8:00PM **Live and Let Live (O,LIT, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Greenbelt

- 10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area
- 7:00PM **Friday Nite Live (C,WC &, 75)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, Central Maryland Area
- 8:00PM **New Start (O,VM, 60)** Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD, Central Maryland Area

Herndon

- NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area
- 8:00PM **I'm Somebody (O,VM, 60)** Zoom ID: 449 215 767; Passcode: 703, Herndon, VA, Dulles Corridor Area

Kensington

- 7:00PM **Older Toddlers (O,WC &,HY, 60)** Zoom ID: 903443801; Passcode: Recovery12, Christ Episcopal Church, - Parking lot is off Everett St, room in Basement, 4001 Franklin St., Kensington, MD, Montgomery Area

Laurel

- 7:00PM **Miracles on Main Street (O,WC &, 60)** St. Philip's Episcopal Church, 522 Main St., Laurel, MD, Central Maryland Area
- 7:30PM **Walk The Walk (O,WC &, 60)** Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, Central Maryland Area

MONDAY (CONT)**Silver Spring**

- NOON **NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, Montgomery Area
- 7:00PM **Monday Miracles (BEG,STEP, 75)** Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD, Montgomery Area

Sterling

- 6:30PM **Exact Nature Men's Meeting (O,M,WC &, 75)** Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA, Dulles Corridor Area
- 8:00PM **Free To Live (O,WC &, 60)** St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area
- 9:00PM **Dent Cans (O,VM,LIT, 60)** Zoom ID: 879 2833 7755 ; Passcode: recovery, Sterling, VA, Dulles Corridor Area

Waldorf

- NOON **NA In the Day (O,WC &,LC, 60)** 85 Smallwood Village Center, Waldorf, MD, Tri-County Area
- 7:00PM **Time To Change (O, 60)** Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, First Mon Literature, Last Monday JFT, Tri-County Area

Washington

- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
- 10:00AM **Fresh Start (O,DISC, 90)** St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, East of the River Area
- 10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
- NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
- NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
- NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, The Virtual Ties That Bind Us Together Area
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area
- 5:00PM **Rush Hour (C,DISC,Pi,VM,LIT, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, The Virtual Ties That Bind Us Together Area
- 6:00PM **1-12 Step (O,STEP, 90)** Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC, East of the River Area
- 6:00PM **Why are We Here (O, 60)** Bread for the City, 1700 Good Hope Rd. SE, Washington, DC, District of Columbia Area
- 6:30PM **Redlight Recovery (O, 90)** Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC, District of Columbia Area
- 6:30PM **Southwest Serenity (C,CH,STEP, 60)** James Creek House, Enter through the yellow rear door on alley side of the building., 100 N St. SW, Washington, DC, Rock Creek Area
- 7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, East of the River Area
- 7:00PM **Monday Night Step Meeting (LIT, 90)** St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC, East of the River Area
- 7:30PM **Living Proof (O, 60)** 4201 Albemarle St. NW, Washington, DC, Rock Creek Area
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area
- 8:00PM **Monday Miracles Virtual (BEG,STEP,VM, 90)** Zoom ID: 717 680 837; Passcode: 428066, Washington, DC, The Virtual Ties That Bind Us Together Area
- 8:05PM **Beachcombers, Too (C,BT,DISC,VM, 60)** Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC, Rock Creek Area

Woodbridge

- 8:00PM **Step Over the Hump (O,STEP,TRAD,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, Norvana Area

TUESDAY**Alexandria**

- 7:00PM **NA in LA (O,WC &,HY, 90)** Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA, Norvana Area
- 8:00PM **Just for Tonight (O,JFT, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, Norvana Area

TUESDAY (CONT)**Annandale**

6:30PM **The Basics Group (O,BT, 60)** Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, Norvana Area

Chevy Chase

7:30PM **Glad to be Alive Steps (O,WC & ,HY, 60)** Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, Rock Creek Area

Falls Church

7:00PM **Choose Life (O, 60)** Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, Norvana Area

8:00PM **Comfort Zone (O,WC & ,VM, 60)** Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA, Norvana Area

Fort Washington

7:15PM **Keep Coming Back (O,SPAD, 90)** Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, South Potomac Area

Frederick

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Frederick Area

7:00PM **Vision of Hope (O,VAR, 60)** All Saints Episcopal Church, 106 W Church St, Frederick, MD, Limited capacity, Frederick Area

Gaithersburg

7:30PM **All About Change (O,WC & , 60)** Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD, Montgomery Area

8:00PM **Carrying the Message (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD, Montgomery Area

Glenarden

7:00PM **Firm Believers (O,WC & , 90)** Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, Central Maryland Area

Greenbelt

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area

7:00PM **Women Living Clean (C,DISC,SPK,W,VM,LIT, 90)** Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD, Central Maryland Area

7:30PM **AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC & , 60)** Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

Jefferson

5:30PM **Rush Hour Recovery (O,DISC,WC & ,LIT, 60)** Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD, Frederick Area

La Plata

7:30PM **Off Campus Recovery (O,WC & , 60)** First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD, Tri-County Area

Laurel

7:00PM **Just Relationships (O,WC & , 75)** Laurel Municipal Pool, 901 Main St, Laurel, MD, Central Maryland Area

7:30PM **Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60)** Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, Central Maryland Area

Leonardtwn

7:00PM **Living Clean (O,WC & , 60)** St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD, Tri-County Area

Lusby

7:30PM **Lusby Recovery (O, 60)** South Community Center, 20 Appeal Lane, Lusby, MD, Tri-County Area

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

8:00PM **Just For Today (O,CW,STEP,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

THURSDAY (CONT)**Montgomery Village**

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC & ,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Mount Airy

7:30PM **Off the Beaten Path (O, 60)** St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD, Montgomery Area

Oxon Hill

7:00PM **Steps to Life (O, 90)** Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD, South Potomac Area

Prince Frederick

7:00PM **Hope Fiends (O, 60)** New Life Church, 3170 German Chapel Rd, Prince Frederick, MD, Tri-County Area

Rockville

7:30PM **Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90)** Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD, Montgomery Area

Silver Spring

NOON **NA at Noon (O,JFT,WC & ,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, Montgomery Area

8:00PM **Making A Difference (O,WC & , 60)** Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, Montgomery Area

Sterling

7:00PM **Keyhole To Recovery (O,STEP,LIT, 75)** Galilee Church, 45425 Winding Rd, Sterling, VA, Dulles Corridor Area

Suitland

7:00PM **Restored To Sanity (O,BEG,STEP, 90)** Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD, South Potomac Area

Waldorf

NOON **12 at 12 (O, 60)** Great Escape Recovery Lounge, 85 High St., Waldorf, MD, Tri-County Area

7:00PM **More Alike Than Different (O,WC & , 60)** Great Escape Recovery Lounge, 85 High St, Waldorf, MD, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, The Virtual Ties That Bind Us Together Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **Rush Hour (C,VM,LC, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, The Virtual Ties That Bind Us Together Area

5:30PM **Whole Lava Love (O,VM, 60)** Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC, Rock Creek Area

6:00PM **Open Doors (O,STEP, 60)** St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, Rock Creek Area

6:30PM **Coming Out from the Bottom (O,DISC,SPK,STEP,VM, 75)** Zoom ID: 889 6372 8561; Passcode: 3636ga, We will not meet on Thanksgiving, November 28., Washington, DC, Rock Creek Area

6:30PM **Loving Life Living Our Literature (O,STEP,TRAD,LIT,HY, 75)** Zoom ID: 846 2384 1455; Passcode: 121212, The Festival Center, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, Parking behind building at 2612 Mozart Pl (disregard no parking/towing signs), Rock Creek Area

6:30PM **Steps on the Hill (O,BEG,STEP,VM,LIT, 75)** Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC, District of Columbia Area

6:30PM **Under New Management (C,STEP,TRAD,VM,LIT, 60)** Zoom ID: 997 824 3262; No Passcode, Washington, DC, East of the River Area

THURSDAY**Alexandria**

- 6:30PM **Women In Unity (W,WC &, 75)** Mark Center, Rm 1305 - Free parking in lower garage; take elevator to 1st Flr, 4850 Mark Center Dr, Alexandria, VA, Norvana Area
- 8:00PM **So Happy It's Thursday (O, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, Norvana Area

Arlington

- 7:30PM **Old Time Recovery (C,WC &, 60)** Langston-Brown Community Center, Does not meet on Thanksgiving. Follows Arlington County closures., 2121 N. Culpeper St, Arlington, VA, Norvana Area

Bethesda

- 7:15PM **Solo Por Hoy (O,ES,LIT,HY, 60)** Zoom ID: 232 505 167; Passcode: 7611, Del Ray Club, - Bill W. Room, 7611 Clarendon Rd., Bethesda, MD, Montgomery Area

Bowie

- 7:30PM **More Will Be Revealed (O, 75)** Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, Central Maryland Area

Chantilly

- 7:30PM **Out of the Dark (O,DISC, 60)** A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA, Dulles Corridor Area

Chaptico

- 7:30PM **Chaptico Under The Stars (O, 60)** Christ Episcopal Church, 37497 Zach Fowler Road, Chaptico, MD, Tri-County Area

Frederick

- NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
- 7:00PM **Inner City (O,STEP,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, Frederick Area
- 7:00PM **Sisters in Serenity (W,HY, 60)** Zoom ID: 81395991987 no PW, Staley Park, 11 West 10th St., Frederick, MD, Frederick Area
- 7:30PM **Thursday Night Candlelight (O, 60)** St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, Frederick Area

Gaithersburg

- 7:30PM **She Do Recover (O,DISC,W,VM, 60)** Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD, Montgomery Area
- 8:00PM **Crossroads (O,VM, 60)** Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD, Montgomery Area
- 8:30PM **Stepping Free (O,STEP, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Greenbelt

- 10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area
- 7:00PM **Gateway to Recovery (O,STEP,TRAD,VM, 90)** Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD, Central Maryland Area

Herndon

- NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

Indian Head

- 7:00PM **Indian Heads (BT,WC &,LIT, 60)** St James Episcopal Church, 7 E Potomac Ave, Indian Head, MD, Tri-County Area

Laurel

- 6:45PM **Spiritual Awakenings (O,WC &, 75)** First Methodist Church of Laurel, 424 Main St, Laurel, MD, Central Maryland Area

Lexington Park

- 7:00PM **Outsiders (O,WC &, 60)** Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD, Tri-County Area

Manassas

- NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area
- 7:00PM **New Found Hope (O,BEG,BT,DISC,SPK,VM, 60)** Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA, Battlefield Area

TUESDAY (CONT)**McLean**

- 6:30PM **NA Farsi (O,PER,HY, 60)** Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Road, McLean, VA, Norvana Area

Montgomery Village

- 7:30AM **Freedon in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, Montgomery Area
- NOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Nanjemoy

- 3:00PM **Hope in the Woods (O,WC &, 60)** Nanjemoy Community Center, 4375 Port Tobacco Road, Nanjemoy, MD, Tri-County Area

Rockville

- 5:00PM **New Way of NA (O, 60)** Millian Memorial UMC, 13160 Parkland Dr., Rockville, MD, Montgomery Area

Silver Spring

- NOON **NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, Montgomery Area
- 6:30PM **Life On Life's Terms (O,DISC,WC &,LIT,HY, 60)** Zoom ID: 885 1687 6965; Passcode: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, Montgomery Area
- 7:00PM **Women Do Recover (O,BT,DISC,SPK,STEP,W,WC &, 60)** Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD, Montgomery Area

Sterling

- 8:00PM **New Attitudes (O,WC &, 60)** Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA, Dulles Corridor Area

Washington

- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
- 10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area
- NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
- NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
- NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, The Virtual Ties That Bind Us Together Area
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area
- 5:00PM **Rush Hour (C,DISC,SPK,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, The Virtual Ties That Bind Us Together Area
- 5:00PM **The One Promise Group (O,DISC,WC &, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, District of Columbia Area
- 5:30PM **Write to Recover (DISC,STEP,VM,WR, 60)** Zoom Meeting ID: 727 524 5654; Passcode: 249292, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., We will not meet on December 10 and December 24., Washington, DC, Rock Creek Area
- 6:30PM **Freedom To Change (O, 60)** St Martin's Church, 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
- 6:30PM **Steps to the Courthouse (C,STEP,VM, 90)** Zoom ID: 994 490 7494; No Passcode, Washington, DC, District of Columbia Area
- 7:00PM **Stepping Out of Trouble into Study (SWG,VM, 90)** Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC, Rock Creek Area
- 7:00PM **The Last Shall Be First (C,STEP,TRAD, 90)** The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC, District of Columbia Area
- 7:30PM **Pure Uncut Literature Study Group of NA (WC &,LIT, 60)** Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC, Rock Creek Area
- 8:00PM **Living Life on Life's Terms (C,VM, 60)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area
- 8:30PM **Dupont Circle NA (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
- 8:30PM **Fire Barrel (O,DISC,HY, 60)** Zoom ID: 847 1689 8440; Passcode: step11, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area

Woodbridge

- NOON **High Noon II (O,WC &,SPAD, 60)** Ferlazzo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, Norvana Area

WEDNESDAY**Alexandria**

7:30PM **Came to Believe (O, 60)** Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA, Norvana Area

Arlington

6:30PM **Clean in Clarendon (O,DISC,SPK, 60)** Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA, Norvana Area

7:00PM **NA at Walter Reed (O,DISC, 90)** Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, Meets inside, in the rec center, Norvana Area

Bethesda

7:00PM **Fresh Air (O,BT,STEP,TRAD,WC &, 60)** Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD, Montgomery Area

Falls Church

7:00PM **Plan B (O, 75)** Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA, Norvana Area

Fort Washington

7:00PM **Bright Hope Group (O,STEP,TRAD,LIT,LC, 75)** Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, South Potomac Area

Frederick

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area

7:00PM **Exact Nature Men's Rap (DISC,M, 60)** Frederick Club, 205B Bucheimer Rd, Frederick, MD, Frederick Area

7:00PM **Principles Before Personalities (O,WC &, 60)** Community Action Agency 100 S. Market St, Frederick, MD, Frederick Area

Gaithersburg

7:30PM **Gentleman's Club (C,JFT,M, 60)** Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD, Montgomery Area

8:00PM **Another Way (O, 60)** Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Glenarden

7:00PM **New Wave (O,STEP,TRAD,WC &, 90)** Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, Central Maryland Area

Greenbelt

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, Dulles Corridor Area

7:00PM **Women's Rap (O,W,VM, 60)** Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA, Dulles Corridor Area

Laurel

7:00PM **STAR (O, 75)** First UMC (5th St), 424 Main St, Laurel, MD, Central Maryland Area

Lexington Park

7:30PM **Life Support (O,WC &, 60)** Trinity Lutheran Church, 46707 Shangri La Drive, Lexington Park, MD, Tri-County Area

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, Battlefield Area

8:30PM **Welcome Home (O,DISC,VAR,LIT, 60)** Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas, VA, Battlefield Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,VM,LIT, 60)** Zoom ID: 823 5857 7621; Passcode: 685408, Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

7:30PM **Never Alone (O,CAN,WC &,LIT, 75)** Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Rockville

7:30PM **Wednesday's Willingness (O,HY, 90)** Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD, Montgomery Area

WEDNESDAY (CONT)**Savage**

7:00PM **Back to the Basics (O,WC &, 60)** Savage UMC, 9050 Baltimore St, Savage, MD, Central Maryland Area

Silver Spring

NOON **NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, Montgomery Area

7:30PM **People's Recovery (O,WC &,HY, 60)** Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, Montgomery Area

Springfield

6:30PM **Women Do Recover (W,LIT,HY, 60)** Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, Norvana Area

Sterling

7:00AM **The Early Cup of Recovery (DISC,VM, 60)** ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA, Dulles Corridor Area

5:30PM **No Matter What (VM,LC, 60)** Zoom ID: 795 467 25226; Passcode: jmDcW0, Sterling, VA, Dulles Corridor Area

8:00PM **We Made It! (O,DISC,WC &, 60)** St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area

Sunderland

7:00PM **Tower of Power (O,WC &, 60)** Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD, Maximum 18 people, Tri-County Area

Waldorf

7:00PM **Positive Alternative (O,WC &, 60)** Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC, The Virtual Ties That Bind Us Together Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, The Virtual Ties That Bind Us Together Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, The Virtual Ties That Bind Us Together Area

6:00PM **The How Group (O,BEG,IP,IW,M,STEP, 90)** Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC, East of the River Area

7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, East of the River Area

7:00PM **SW Freeway (C,WC &, 60)** Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, Rock Creek Area

7:00PM **Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60)** Zoom ID: 516 993 416; No Passcode, Washington, DC, District of Columbia Area

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, The Virtual Ties That Bind Us Together Area

8:00PM **Step Up (O,DISC,ME,VM,LIT, 60)** Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC, Rock Creek Area

8:00PM **Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60)** Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC, The Virtual Ties That Bind Us Together Area

8:30PM **Conscious Contact Beginners (O,WC &, 60)** Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area

9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, District of Columbia Area

Woodbridge

8:00PM **Over The Hump (O,JFT,SPK,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, Norvana Area