

SATURDAY (CONT)

- 10:00PM **Candlelight (SPK,WC &, 60)** Good Shepherd Church, 305 Smallwod Dr., Waldorf, MD
- Washington**
- 7:00AM **Saturday Morning Relief (O,VM, 90)** Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC
- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 9:00AM **Better Way (O,PH,VM, 60)** Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC
- 9:30AM **Women with a Purpose (C,IP,STEP,TRAD,W,VM,LIT, 90)** Zoom ID: 979 1044 9558; No Passcode, Washington, DC
- 10:00AM **Can't Do It Alone Women's Rap (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD, 90)** Zoom ID: 2875318067; Passcode: women25, Washington, DC
- 10:30AM **Come Clean to Stay Clean (O, 90)** Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC
- 11:30AM **Men Under Construction (O,DISC,M,WC &, 90)** United Medical Center, 1310 Southern Ave. SE, Washington, DC
- 11:30AM **Women's Rap (O,W,VM, 60)** Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC
- NOON **Mount Olivet Recovery (O,DISC,WC &, 90)** Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC
- NOON **Women's Step and Tradition (C,STEP,TRAD,W,VM, 90)** Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC
- 1:30PM **All Inclusive Group (O, 90)** 938 Rhode Island Ave. NE, Washington, DC
- 1:30PM **NA group at The Metropolis Club (O, 60)** The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 2:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)** Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC
- 6:00PM **The Uptown Group (O, 90)** 1908 North Capitol St. NW, Washington, DC
- 7:00PM **818 Miracles (O,STEP,TRAD,VM, 90)** Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC
- 7:00PM **Illness In Recovery (O,DISC,VM, 60)** Zoom ID: 970 781 8525; Passcode: 1HMZCm, Washington, DC
- 7:30PM **Hope Fiends (O,CAN,HY, 60)** Zoom ID: 292 549 9011; Passcode: hope, Triangle Club, 1638 R St. NW #120, Washington, DC
- 8:00PM **Gift of Life (O,STEP,TRAD,WC &,HY, 90)** Zoom ID: 511 626 4561; No Passcode, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:05PM **Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60)** St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC
- 9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC

Woodbridge

- NOON **Stepping Together (BEG,JFT, 75)** St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA

CONTACT INFO

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)
PO Box 8160
Silver Spring, MD 20907

Regional Service Committee Meeting

Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec
2nd Saturday of that month at 1:00 PM

24/7 Phonenumber: 1-800-543-4670 <https://www.cprna.org> info@cprna.org

CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phonenumber: 1-800-543-4670
<https://www.cprna.org>
info@cprna.org



Scan QR Code to go to our Meetings page!

MEETING LIST BY CITY
MARCH 2025

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	NP	No Pets
O	Open	OE	Open-Ended
PER	Persian / Farsi	PH	Phone Meeting
Pi	Pitch	SPAD	Spiritual Principle A Day Book Study
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting	Y	Young People

Weekly Meetings: **414**

OUR MEETINGS

The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, & Virginia. Some meetings are in person, and some are held virtually. Our 12 Areas and the cities our meetings are in as follows:

Battlefield Area: Gainesville, Manassas, & Warrenton, VA * **Central Maryland Area:** Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD * **District of Columbia Area:** Washington, DC * **Dulles Corridor Area:** Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA * **East of the River Area:** NE/SE Washington, DC * **Frederick Area:** Frederick & Jefferson, MD * **Montgomery Area:** Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring, MD * **Norvana Area:** Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA * **Rock Creek Area:** Chevy Chase, MD & NW/SW Washington, DC * **South Potomac Area:** Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD * **The Virtual Ties That Bind Us Together Area:** All Virtual Meetings * **Tri-County Area:** California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret, Prince Frederick, Sunderland, & Waldorf, MD

SUNDAY**Alexandria**

10:00AM **NA in Delray (O,WC &,HY, 90)** Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA

7:00PM **Another Look (O,WC &, 60)** Franconia UMC, 6037 Franconia Rd., Alexandria, VA

Ashburn

7:00PM **The Journey Continues (O,LIT, 60)** St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA

Bethesda

7:30PM **The Alternative (O,CAN,DISC,SPK,HY, 60)** Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD

California

7:30PM **Basket Case (O, 60)** Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD

Chevy Chase

6:00PM **Talking Heads (O,DISC,WC &, 60)** Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD

College Park

10:00AM **Breakfast Club (O,VAR,WC &, 60)** 4912 Nantucket Rd., College Park, MD

Columbia

11:00AM **Starting Over (O,VAR,WC &, 60)** Serenity Center, 8650 Basket Ring Rd., Columbia, MD

District Heights

10:00AM **Easy Like Sunday Morning 2 [Phoneline] (O,DISC,PH,VM, 90)** Phone#: 605-313-4221; Phone Password: 3074093, District Heights, MD, This meeting is a phone line meeting only.

10:00AM **Easy Like Sunday Morning [In-Person] (O,DISC, 90)** Municipal Center, 2000 Marbury Dr., District Heights, MD

Falls Church

NOON **Just For Today (O, 60)** Unity Club, 116 W Broad St., Falls Church, VA

Frederick

11:30AM **Sunday Morning NA (O,JFT, 60)** The Club, 205B Bucheimer Rd., Frederick, MD

6:30PM **Just For Today (C,SPK,STEP,TRAD, 75)** Trinity United Methodist Church, 703 W Patrick St., Frederick, MD

Gaithersburg

NOON **Progress in NA (O,STEP,TRAD,VM, 90)** Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD

6:00PM **Topic of Cancer (O,VAR,VM, 60)** Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD

7:30PM **Today's Recovery (O,DISC,WC &, 60)** Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD

Germantown

6:00PM **Let it Shine (Women's Meeting) (C,W,LIT, 60)** Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary, 19951 Father Hurley Blvd., Germantown, MD

Greenbelt

10:00AM **Virtual Breakfast Club (SPK,VM,LIT, 60)** Zoom ID: 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD

4:30PM **The Living Clean Group (O,WC &,VM,LIT, 90)** Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

Huntingtown

7:30PM **Another Chance (O,WC &, 60)** St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD

Hyattsville

7:00PM **Small Wonders (DISC,JFT,STEP,TRAD,WC &, 60)** University Christian Church, 6800 Adelphi Rd, Hyattsville, MD

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

SATURDAY (CONT)

8:00PM **Saturday Night Special (O,WC &, 60)** Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD

Gaithersburg

11:00AM **Share On Saturday (O,VM, 60)** Zoom ID: 879 3942 8041; Passcode: basictext, Gaithersburg, MD

3:00PM **Good Stuff (O,VM, 60)** Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD

6:00PM **Fresh Start (O,WC &,LIT, 75)** Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD

7:00PM **A Good Deal (O,DISC,VM, 60)** Zoom ID: 769 038 042; Passcode: 8675309, Gaithersburg, MD

7:00PM **Saturday Night Living Clean (O,LIT,LC, 60)** The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, Read from Living Clean

Greenbelt

10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD

7:00PM **Gut Bucket (O,WC &,VM, 60)** Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

Huntingtown

6:00PM **Stick and Stay (O,VAR,SPK,TOP,WC &, 60)** Life Church, 35 Cox Rd., Huntingtown, MD

Hyattsville

NOON **Just for Today (O,WC &, 60)** The 180 Club, 4318 Hamilton Ave, Hyattsville, MD

Laurel

7:00PM **HOW Group (O,DISC,WC &, 60)** St Mary's School, 106 St. Mary's Place, Laurel, MD

Leesburg

10:00AM **The Bacon & Eggs Meeting (C,LIT, 60)** Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA

Leonardtown

7:00PM **It's A We Thing (O,WC &, 75)** St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

7:00PM **Destination Hope (O,SPK, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA

Mount Airy

7:30PM **Off the Beaten Path 2 (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Mount Airy, MD

Silver Spring

NOON **Free Yourself (O,DISC,JFT,WC &, 60)** Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD

7:00PM **Speakeasy (O,DISC,VAR, 90)** Woodside UMC, 8900 Georgia Ave., Silver Spring, MD

Springfield

6:45PM **Free Yourself (O,WC &,HY, 75)** Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA

Sterling

10:00AM **Rainbow Llama (O,LIT, 60)** Galilee Methodist Church, 45425 Winding Rd., Sterling, VA

7:00PM **Literally Speaking (O, 60)** St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA

8:30PM **Saturday Night Live (O,WC &, 60)** St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA

Temple Hills

NOON **Keep It Simple (O,WC &,LIT, 90)** St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD

Waldorf

NOON **Women In Recovery (O,W,WC &, 60)** Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD

7:00PM **Making Miracles (O,DISC,WC &, 90)** Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD

FRIDAY (CONT)

1:30PM	Let Go and Let God II (O,LIT, 75) Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
5:00PM	Rush Hour (C,DISC,VM, 90) Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
5:00PM	The What Can I Do Group (O,WC &,LIT, 90) CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC
6:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC
7:00PM	Ageing In Recovery (O,DISC,VM, 90) Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC
7:00PM	Jump Start to Recovery (O,STEP,TRAD,WC &,LIT, 90) Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC
7:00PM	Lighthouse (O,STEP,TRAD,WC &, 75) Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC
7:00PM	O Street Steps (O,STEP,WC &, 90) SOME, Dining Hall, 71 O St. NW, Washington, DC
7:00PM	One Step at a Time (O,STEP,TRAD,VM, 90) Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC
7:00PM	Regardless Of Sexual Identity (C,VM, 90) Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC
7:00PM	Yellow Brick Road (O,VM, 60) Zoom ID: 821 9026 0549; No Passcode, Washington, DC
7:30PM	Clean Works (O,DISC,LIT,HY, 60) Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC
8:00PM	Help Somebody (O,BEG,VM, 90) Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC
8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
9:00PM	Recovery Alley (C,HY, 60) Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC
10:00PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75) St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC

Washinton

7:00PM	Solo Por Hoy (O,ES,LIT,HY, 60) Zoom ID: 232 505 167; Passcode: 7611, Festival Center, 1640 Columbia Rd NW, Washinton, DC
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West Springfield

7:15PM	Church Basement Recovery (O, 75) Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA
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Woodbridge

7:00PM	Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60) Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA
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SATURDAY

Alexandria

6:00PM	Welcome Home (O,LIT, 60) Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA
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Beltsville

5:00PM	Fear to Faith (O,WC &, 60) Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD
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Bowie

8:30PM	Tracks to Recovery (O,WC &, 60) Unity Place, 8610 Railroad Avenue, Bowie, MD
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Chantilly

7:30PM	Keep It Real (O, 60) A New Beginning, 4213 Walney Rd., Chantilly, VA
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Chesapeake Beach

10:00AM	Healthy Relationships (CH,DISC,WC &, 90) Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD
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Frederick

10:00AM	Kickin' It Raw (O,M,VM, 90) Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD
NOON	Noon Group (O, 60) Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
7:00PM	Up in Smoke (VAR,TRAD,WC &, 60) Community Action Agency, 100 S. Market St, Frederick, MD

SUNDAY (CONT)

6:00PM	Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60) ID: 822 228 0011; Passcode: 121212, Manassas, VA
7:00PM	Living In The Solution (O,VAR,SPK,STEP,WC &,HY, 75) Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA
7:00PM	Sunday Funday (O,DISC,SPK,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

Pomfret

7:30PM	Stepping Into Traditions & Concepts (O, 75) St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD
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Reston

10:30AM	To Tell The Truth (O,WC &, 60) Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA
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Rockville

8:00AM	Squeaky Clean (O,DISC,HY, 60) Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD
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Savage

7:30PM	Savage Survivors (O,WC &, 60) Savage UMC, 9050 Baltimore St, Savage, MD
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Silver Spring

5:00PM	NA in the Galaxy (O,DISC,WC &, 75) The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD
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Temple Hills

7:00PM	Closed Sunday (C,WC &, 90) Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD
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Washington

7:00AM	Open Door To Freedom (O,BEG,STEP, 90) Church of the Epiphany, 1317 G St NW, Washington, DC
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) ID: 826 3577 8671; Passcode: 242275, Washington, DC
9:00AM	Sunday Morning Spiritual (O,DISC,TRAD,VM, 60) Zoom ID: 812-2295-5124; Passcode 774257, Washington, DC
10:30AM	10:30 Coffee Hour (O,DISC,WC &, 90) 5656A 3rd St. NE, Washington, DC
11:00AM	Sunday Morning Steps & Traditions (O,VM, 60) Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC
NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60) Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC
5:30PM	Progressive Recovery (O,DISC,LIT, 60) Triangle Club, 1638 R St. NW #120, Washington, DC
7:00PM	Clean On The Hill (C, 60) Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC
7:00PM	Clean On The Screen (VM, 60) Zoom ID: 724 9574 1690; No Passcode, Washington, DC
7:00PM	Sunday Night Spiritual Group (O, 90) St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

MONDAY

Alexandria

7:00PM	In The Heart Of (O, 90) Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA
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Arlington

7:00PM	Covid Soldiers (O, 90) Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA
7:30PM	Bring Your Stepwork (C,STEP, 60) Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA, Small room not suitable for treatment center groups.

Callaway

7:00PM	Cover To Cover (O,WC &, 75) Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD
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MONDAY (CONT)**Capitol Heights**7:30PM **Monday Night Step (O,VM, 90)** Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD**Fairfax**7:00PM **Cracker Box (O,WC &, 60)** Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA**Falls Church**7:00PM **Miracles on Broad Street (O,WC &,HY, 60)** Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA**Frederick**NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity7:00PM **Monday Night Miracles by Candlelight (O,WC &,LIT, 60)** Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD8:00PM **Back To Basics (O,IW,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, formerly called Late But Straight**Gainesville**8:00PM **Learning How To Live (O,BEG,DISC,VAR,LIT, 60)** Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA**Gaithersburg**6:00PM **Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60)** Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD7:15PM **Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60)** Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD8:00PM **Oasis (O,BEG,BT,STEP,LIT, 60)** Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD8:00PM **Stayin' Alive (O,STEP,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD**Greenbelt**10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD7:00PM **Hope Fiends (O,BEG,WC &,VM, 75)** Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD7:00PM **It Works: How and Why (C,WC &, 90)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD**Herndon**NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA**Laurel**7:30PM **Laurel Basics 1-2-3 (O, 60)** Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD**Leesburg**7:00PM **Serenity Seekers (WC &, 60)** Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA**Manassas**NOON **High Noon (O,BEG,DISC,WC &, 60)** Jean McCoy Conference, 7987 Ashton Ave., Manassas, VANOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA8:30PM **Getting Centered (O,DISC,VM,LIT, 60)** Zoom ID: 837 7972 7742; No Passcode, Manassas, VA**Montgomery Village**7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MDNOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD**Rockville**7:00PM **Illness in Recovery (O,Y, 60)** Millian Memorial UMC, Closed when MoCo Schools are closed (for inclement weather), 13016 Parkland Dr., Rockville, MD**Silver Spring**NOON **NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD**FRIDAY (CONT)****Herndon**NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA8:00PM **I'm Somebody (O,VM, 60)** Zoom ID: 449 215 767; Passcode: 703, Herndon, VA**Kensington**7:00PM **Older Toddlers (O,WC &,HY, 60)** Zoom ID: 903443801; Passcode: Recovery12, Christ Episcopal Church, - Parking lot is off Everett St, room in Basement, 4001 Franklin St., Kensington, MD**Laurel**7:00PM **Miracles on Main Street (O,WC &, 60)** St. Philip's Episcopal Church, 522 Main St., Laurel, MD7:30PM **Walk The Walk (O,WC &, 60)** Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD**Lexington Park**7:05PM **7:07 (O, 60)** Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD9:30PM **Another Late Night (O,CAN,DISC,WC &,OE,LIT, 60)** Good Samaritan Lutheran Church, 20850 Langley Rd., Lexington Park, MD**Manassas**NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA6:30PM **Gimnee Shelter (O,DISC,IW,JFT, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA8:30PM **Keep It Simple (O,BT,DISC,SPK, 60)** Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA**Middletown**7:00PM **Friday Night Lights (IP,STEP,TRAD,WC &, 60)** Zion Lutheran Church, Parking around back. Door on side and remains locked. Need to knock, 107 W Main St, Middletown, MD**Montgomery Village**7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MDNOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD**Savage**8:30PM **Drawn Together (STEP,ME, 75)** Savage UMC, 9050 Baltimore Street, Savage, MD, Art and Meditation Meeting**Silver Spring**NOON **NA at Noon (O,JFT,VM, 60)** Zoom ID: 889 4686 0935; No Passcode, - Virtual only on Friday, Silver Spring, MD, Hybrid M-Th; Virtual only on Friday3:30PM **Progress Not Perfection (O,DISC,WC &, 60)** Progress Place, New meeting starts 2/14/25! Parking is limited., 8106 Georgia Avenue, Room 205, Silver Spring, MD**Sterling**7:30PM **Just For Today (O,CAN,WC &,SPAD, 60)** Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA**Waldorf**NOON **Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)** Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD7:30PM **Work 'Em Or Die (O,WC &, 75)** Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD**Washington**8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC8:30AM **Let Go and Let God I (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
NOON **Midday Meditations and Miracles (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DCNOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DCNOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC

THURSDAY (CONT)

- 6:30PM **Living Our Literature (O,DISC,SPK,STEP,HY, 75)** Zoom ID: 889 6372 8561; Passcode: 3636ga, Festival Center + Virtual, Parking behind the building 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd NW, Washington, DC, Pilot of meeting merger January to March 2025
- 6:30PM **Loving Life Living Our Literature + Coming Out from the Bottom (Hybrid Merger) (O,STEP,TRAD,LIT,HY, 75)** Zoom ID: 889 6372 8561; Passcode: 3636ga, The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025
- 6:30PM **Steps on the Hill (O,BEG,STEP,VM,LIT, 75)** Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC
- 6:30PM **Under New Management (C,STEP,TRAD,VM,LIT, 60)** Zoom ID: 997 824 3262; No Passcode, Washington, DC
- 7:00PM **Meeting on the Avenue (O, 60)** Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC
- 7:00PM **Stone Soul Recovery (O, 90)** Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:30PM **Men's Rap (C,M, 60)** West Side Club, 1341 Wisconsin Ave. NW, Washington, DC

FRIDAY**Alexandria**

- 7:00PM **Recovery on the South Side (O,WC &, 90)** Lee Center, 1108 S Jefferson St., Alexandria, VA

Arlington

- 7:00PM **NA for Life (O,WC &, 90)** Langston Brown Center, 2121 N Culpeper St., Arlington, VA
- 7:30PM **Better Here Than There (O,JFT,VM,SPAD, 60)** Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA

Bethesda

- 8:30PM **Get Down (O,VM, 60)** Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD

Chesapeake Beach

- 8:00PM **One Line At a Time (O,CH,DISC,VAR,WC &, 75)** Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD

Clinton

- 7:00PM **Women Do Recover (O,W,WC &,LIT, 90)** Hope Lutheran Church, 6201 Coventry Way, Clinton, MD

Columbia

- 9:00PM **Keep It Real (O, 75)** Serenity Center, 9650 Basket Ring Rd, Columbia, MD

Falls Church

- 7:00PM **Simplicity Is the Key (C,DISC,LIT, 60)** Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA

Fort Washington

- 7:30PM **Living the Program Men's Rap (O,M, 90)** Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD

Frederick

- NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
- 7:30PM **We Do Recover (O,TOP, 60)** Frederick Church of Christ, 1305 N Market St, Frederick, MD, The last Friday of the month is a speaker meeting.

Gaithersburg

- 7:30PM **Upcounty NA (O, 90)** Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD
- 8:00PM **Live and Let Live (O,LIT, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD

Greenbelt

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 7:00PM **Friday Nite Live (C,WC &, 75)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD
- 8:00PM **New Start (O,VM, 60)** Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD

MONDAY (CONT)

- 6:00PM **Steps at Glenmont (O,DISC,IP,STEP,TRAD, 60)** Glenmont UMC,, Parking in the back, door on the left. Go upstairs to Fellowship Hall., 12901 Georgia Ave., Silver Spring, MD
- 7:00PM **Monday Miracles (BEG,STEP, 75)** Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD

Sterling

- 6:30PM **Exact Nature Men's Meeting (O,M,WC &, 75)** Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA
- 8:00PM **Free To Live (O,WC &, 60)** St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA

Waldorf

- NOON **NA in the Day (O,WC &,LC, 60)** The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD
- 7:00PM **Time To Change (O, 60)** Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD, First Mon Literature, Last Monday JFT

Washington

- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 8:30AM **Let Go and Let God I (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 10:00AM **Fresh Start (O,DISC, 90)** St. Lukes Church, 4925 E Capitol St. NE, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Midday Meditations and Miracles (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 1:30PM **Let Go and Let God II (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,DISC,Pi,VM,LIT, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 6:00PM **1-12 Step (O,STEP, 90)** Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC
- 6:30PM **Redlight Recovery (O, 90)** Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC
- 6:30PM **Southwest Serenity (C,CH,STEP, 60)** James Creek House - We are meeting on holidays., Until May 1, we will be meeting at 1329 1st Street SW. The building is 2 buildings south of our normal building, with the entrance roff Canal St. SW., 100 N St. SW, Washington, DC
- 7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC
- 7:00PM **Monday Night Step Meeting (LIT, 90)** St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC
- 7:30PM **Living Proof (O, 60)** 4201 Albemarle St. NW, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:00PM **Monday Miracles Virtual (BEG,STEP,VM, 90)** Zoom ID: 717 680 837; Passcode: 428066, Washington, DC
- 8:05PM **Beachcombers, Too (C,BT,DISC,VM, 60)** Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC

Woodbridge

- 8:00PM **Step Over the Hump (O,STEP,TRAD,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA

TUESDAY**Alexandria**

- 7:00PM **NA in LA (O,WC &,HY, 90)** Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA
- 8:00PM **Just for Tonight (O,JFT, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

TUESDAY (CONT)

Annandale	6:30PM The Basics Group (O,BT, 60) Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA
Chevy Chase	7:30PM Glad to be Alive Steps (O,WC &,HY, 60) Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD
Falls Church	7:00PM Choose Life (O, 60) Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA
	8:00PM Comfort Zone (O,WC &,VM, 60) Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA
Fort Washington	7:15PM Keep Coming Back (O,SPAD, 90) Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD
Frederick	NOON Noon Group (O, 60) Grace United Church, 25 E 2nd St., Frederick, MD
	7:00PM Vision of Hope (O,VAR, 60) All Saints Episcopal Church, 106 W Church St, Frederick, MD, Limited capacity
Gaithersburg	7:30PM All About Change (O,WC &, 60) Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD
	8:00PM Carrying the Message (O,VM, 60) Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD
Glenarden	7:00PM Firm Believers (O,WC &, 90) Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD
Greenbelt	10:00AM Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
	7:00PM Women Living Clean (C,DISC,SPK,W,VM,LIT, 90) Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD
	7:30PM AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60) Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD
Herndon	NOON Noon Meeting (O,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
Jefferson	5:30PM Rush Hour Recovery (O,DISC,WC &,LIT, 60) Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD
La Plata	7:30PM Off Campus Recovery (O,WC &, 60) First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD
Laurel	7:00PM Just Relationships (O,WC &, 75) Laurel Municipal Pool, 901 Main St, Laurel, MD
	7:30PM Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60) Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD
Leesburg	7:30PM NA Basic Text Meeting (O,BT,DISC, 60) Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia
Leonardtown	7:00PM Living Clean (O,WC &, 60) St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD
Lusby	7:30PM Lusby Recovery (O, 60) South Community Center, 20 Appeal Ln., Lusby, MD
Manassas	NOON Recovery (O,DISC,JFT,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
	8:00PM Just For Today (O,CW,STEP,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

THURSDAY (CONT)

Lexington Park	7:00PM Outsiders (O,DISC,IW, 75) Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD
Manassas	NOON Recovery (O,DISC,JFT,VM, 60) Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
	7:00PM New Found Hope (O,BEG,BT,DISC,SPK,VM, 60) Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA
Montgomery Village	7:30AM Freedom in the Village (O,DISC,JFT,VM, 60) Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD
	NOON Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
Mount Airy	7:30PM Off the Beaten Path (O, 60) St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD
Oxon Hill	7:00PM Steps to Life (O, 90) Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD
Prince Frederick	7:00PM Hope Fiends (O, 60) New Life Church, 3170 German Chapel Rd., Prince Frederick, MD
Rockville	7:30PM Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90) Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD
Silver Spring	NOON NA at Noon (O,JFT,WC &,HY, 60) Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
	8:00PM Making A Difference (O,WC &, 60) Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD
Sterling	7:00PM Keyhole To Recovery (O,STEP,LIT, 75) Galilee Church, 45425 Winding Rd, Sterling, VA
Suitland	7:00PM Restored To Sanity (O,BEG,STEP, 90) Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD
Waldorf	NOON 12 at 12 (O,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD
	7:00PM More Alike Than Different (O,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD
Washington	8:30AM Early Just For Today Check-in (C,JFT,VM, 90) ID: 826 3577 8671; Passcode: 242275, Washington, DC
	8:30AM Let Go and Let God I (O,LIT, 75) Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
	10:00AM Just For Today (C,O,JFT,VM, 90) Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
	NOON Midday Meditations and Miracles (O, 60) Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
	NOON New Hope (O,DISC, 90) St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
	NOON Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
	1:30PM Let Go and Let God II (O,LIT, 75) Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
	2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
	5:00PM Rush Hour (C,VM,LC, 90) Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
	5:30PM Whole Lava Love (O,VM, 60) Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC
	6:00PM Open Doors (O,STEP, 60) St. Martin's Church, 1908 North Capitol St. NW, Washington, DC

WEDNESDAY (CONT)

- 7:00PM **Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60)** Zoom ID: 516 993 416; No Passcode, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:00PM **Step Up (C,DISC,ME,VM,LIT, 60)** Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC
- 8:00PM **Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60)** Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC
- 8:30PM **Conscious Contact Beginners (O,WC &, 60)** Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC
- 9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC

Woodbridge

- 8:00PM **Over The Hump (O,JFT,SPK,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Rd., Woodbridge, VA

THURSDAY**Alexandria**

- 8:00PM **So Happy It's Thursday (O, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

Arlington

- 7:30PM **Old Time Recovery (C,WC &, 60)** Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA

Bowie

- 7:30PM **More Will Be Revealed (O, 75)** Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD

Chantilly

- 7:30PM **Out of the Dark (O,DISC, 60)** A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA

Chaptico

- 7:30PM **Chaptico Under The Stars (O, 60)** Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD

Fairfax

- 6:30PM **Spiritual Pause (C,SPAD, 60)** Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA

Frederick

- NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
- 7:00PM **Inner City (O,STEP,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD
- 7:00PM **Sisters in Serenity (W,HY, 60)** Zoom ID: 81395991987 no PW, 705 W. Patrick Street, Frederick, MD
- 7:30PM **Thursday Night Candlelight (O, 60)** St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD

Gaithersburg

- 7:30PM **She Do Recover (O,DISC,W,VM, 60)** Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD
- 8:00PM **Crossroads (O,VM, 60)** Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD
- 8:00PM **Stepping Free (O,STEP, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD

Greenbelt

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 7:00PM **Gateway to Recovery (O,STEP,TRAD,VM, 90)** Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD

Herndon

- NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

Indian Head

- 7:00PM **Indian Heads (BT,WC &,LIT, 60)** St James Episcopal Church, 7 E Potomac Ave., Indian Head, MD

Laurel

- 6:45PM **Spiritual Awakenings (O,WC &, 75)** First Methodist Church of Laurel, 424 Main St, Laurel, MD

TUESDAY (CONT)**McLean**

- 6:30PM **NA Farsi (O,PER,HY, 60)** Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA

Montgomery Village

- 7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD
- NOON **Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD

Nanjemoy

- 3:00PM **Hope in the Woods (O,WC &, 60)** Nanjemoy Community Center, 4375 Port Tobacco Rd., Nanjemoy, MD

Rockville

- 5:00PM **New Way of NA (O,SWG,TRAD, 60)** Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD

Silver Spring

- NOON **NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
- 6:30PM **Life On Life's Terms (O,DISC,WC &,LIT,HY, 60)** Zoom ID: 885 1687 6965; Passcode: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD
- 7:00PM **Women Do Recover (O,BT,DISC,SPK,STEP,W,WC &, 60)** Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD

Sterling

- 8:00PM **New Attitudes (O,WC &, 60)** Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA

Washington

- 8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 8:30AM **Let Go and Let God I (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Midday Meditations and Miracles (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 1:30PM **Let Go and Let God II (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,DISC,SPK,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 5:00PM **The One Promise Group (O,DISC,WC &, 90)** CCONV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC
- 5:30PM **Write to Recover (DISC,STEP,VM,WR, 60)** Zoom Meeting ID: 727 524 5654; Passcode: 249292, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC
- 6:30PM **Freedom To Change (O, 60)** St Martin's Church, 1908 N Capitol St. NW, Washington, DC
- 6:30PM **Steps to the Courthouse (C,STEP,VM, 90)** Zoom ID: 994 490 7494; No Passcode, Washington, DC
- 7:00PM **Stepping Out of Trouble into Study (SWG,VM, 90)** Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC
- 7:00PM **The Last Shall Be First (C,STEP,TRAD, 90)** The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC
- 7:30PM **Pure Uncut Literature Study Group of NA (WC &,LIT, 60)** Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,VM, 60)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:30PM **Dupont Circle NA (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC

TUESDAY (CONT)

8:30PM **Fire Barrel (O,DISC,HY, 60)** Zoom ID: 847 1689 8440; Passcode: step11, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC

Woodbridge

NOON **High Noon II (O,WC & ,SPAD, 60)** Ferlazzo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA

WEDNESDAY**Alexandria**

6:30PM **Foundation Steps to Freedom (STEP,WC & , 90)** Leonard Chick Armstrong Recreation Center, 25 W. Reed Avenue, Alexandria, VA

7:30PM **Came to Believe (O, 60)** Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA

Arlington

6:30PM **Clean in Clarendon (O,DISC,SPK, 60)** Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA

7:00PM **NA at Walter Reed (O,DISC, 90)** Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, Meets inside, in the rec center

Bethesda

7:00PM **Fresh Air (O,BT,STEP,TRAD,WC & , 60)** Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD

Falls Church

7:00PM **Plan B (O, 75)** Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA

Fort Washington

7:00PM **Bright Hope Group (O,STEP,TRAD,LIT,LC, 75)** Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD

Frederick

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity

7:00PM **Exact Nature Men's Rap (DISC,M, 60)** Frederick Club, 205B Buheimer Rd, Frederick, MD

7:00PM **Principles Before Personalities (O,WC & , 60)** Community Action Agency 100 S. Market St, Frederick, MD

Gaithersburg

7:30PM **Gentleman's Club (C,JFT,M, 60)** Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD

8:00PM **Another Way (O, 60)** Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD

Glenarden

7:00PM **New Wave (O,STEP,TRAD,WC & , 90)** Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD

Greenbelt

10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD

Herndon

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

7:00PM **Women's Rap (O,W,VM, 60)** Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA

Laurel

7:00PM **STAR (O, 75)** First UMC (5th St), 424 Main St, Laurel, MD

Leesburg

7:00PM **Young People's NA Meeting (O,DISC, 60)** Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia

Lexington Park

7:30PM **Life Support (O,WC & , 60)** Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

8:30PM **Welcome Home (O,DISC,VAR,LIT, 60)** Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas, VA

WEDNESDAY (CONT)**Montgomery Village**

7:30AM **Freedom in the Village (O,DISC,VM,LIT, 60)** Zoom ID: 823 5857 7621; Passcode: 685408, Montgomery Village, MD

NOON **Freedom in the Village (O,WC & ,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD

7:30PM **Never Alone (O,CAN,WC & ,LIT, 75)** Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD

Rockville

7:30PM **Wednesday's Willingness (O,HY, 90)** Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD

Savage

7:00PM **Back to the Basics (O,WC & , 60)** Savage UMC, 9050 Baltimore St, Savage, MD

Silver Spring

NOON **NA at Noon (O,JFT,WC & ,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD

7:30PM **People's Recovery (O,WC & ,HY, 60)** Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD

Springfield

6:30PM **Women Do Recover (W,LIT,HY, 60)** Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA

Sterling

7:00AM **The Early Cup of Recovery (DISC,VM, 60)** ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA

5:30PM **No Matter What (VM,LC, 60)** Zoom ID: 795 467 25226; Passcode: jmDcW0 (last digit is zero), Sterling, VA

8:00PM **We Made It! (O,DISC,WC & , 60)** St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA

Sunderland

7:00PM **Tower of Power (O,WC & , 60)** Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD, Maximum 18 people

Waldorf

NOON **Midweek Miracles (O,JFT,WC & ,SPAD, 60)** The Great Escape Recovery Lounge, Room: Village Lounge. Meeting will start 1/8/25, 85 High St., Ste. #1, Waldorf, MD

7:00PM **Positive Alternative (O,WC & , 60)** Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC

8:30AM **Let Go and Let God I (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC

10:00AM **Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC

NOON **Midday Meditations and Miracles (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC

1:30PM **Let Go and Let God II (O,LIT, 75)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC

5:00PM **Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC

6:00PM **The How Group (O,BEG,IP,IW,M,STEP, 90)** Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC

7:00PM **Agng In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC

7:00PM **SW Freeway (C,WC & , 60)** Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC