### **CHESAPEAKE & POTOMAC REGION OF NA**



## Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phoneline: 1-800-543-4670

http:www.cprna.org



# MEETING LIST BY STATE & CITY NOVEMBER 2024

	Meet	ing Format Lege	nd	
BEG	Beginners	BT	Basic Text	
С	Closed	CAN	Candlelight	
CH	Closed Holidays	CPT	12 Concepts	
CW	Children Welcome	DISC	Discussion	
ES	Espanol	HY	Hybrid Physical/Virtual	
IP	IP Study	IW	It Works Study	
JFT	Just for Today Study	LC	Living Clean Study	
LIT	Literature Study	М	Men	
ME	Meditation	NP	No Pets	
0	Open	PER	Persian / Farsi	
PH	Phone Meeting	Pi	Pitch	
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker	
STEP	Step	SWG	Step Working Guide Study	
TOP	Topic	TRAD	Tradition	
TW	Traditions Workshop	VAR	Format Varies	
VM	Virtual Web Meeting	W	Women	
WC &	Wheelchair	WR	Writing Meeting	
Υ	Young People			

Weekly Meetings: 403

#### **OUR MEETINGS**

The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, Virginia. Some meetings are in person, and some are held virtually. Our Areas and the cities our meetings are in as follows:

Battlefield Area: Gainesville, Manassas, & Warrenton, VA

Central Maryland Area: Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD

District of Columbia Area: Washington, DC NE

Dulles Corridor Area: Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA

East of the River Area: Washington, DĆ SE Frederick Area: Frederick & Jefferson, MD

Montgomery Area: Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring. MD

Norvana Area: Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA

Rock Creek Area: Chevy Chase, MD & Washington, DC NW

South Potomac Area: Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD

The Virtual Ties That Bind Us Together Area: All Virtual Meetings

Tri-County Area: California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret,

Prince Frederick, Sunderland, & Waldorf, MD

	WASHINGTON, DC
Sun 7:00AM	Open Door To Freedom (O,BEG,STEP, 90), Church of the Epiphany, 1317 G St. NW, Washington, DC, 20005
Sun 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090-0709
Sun 9:00AM	Sunday Morning Spiritual (O,DISC,TRAD,VM, 60), Zoom ID: 812-2295-5124; Passcode 774257 Washington, DC, 20090
Sun 10:30AM	<b>10:30 Coffee Hour (O,DISC,WC</b> & <b>, 90)</b> , 5656A 3rd St. NE, Washington, DC, 20011
Sun 11:00AM	Sunday Morning Steps & Traditions (O,VM, 60), Zoom ID: 893 1577 3534; Passcode: 873274 Washington, DC, 20090
Sun NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009

	DC (CONT)
Sun 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Sun 2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90), Zoom ID: 404 510 8699 Passcode: GODcares00 Washington, DC, 20090
Sun 5:30PM	Progressive Recovery (O,DISC,LIT, 60), Triangle Club, 1638 R St. NW #120, Washington, DC, 20009
Sun 7:00PM	Clean On The Hill (C, 60), Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, 20003
Sun 7:00PM	Clean On The Screen (VM, 60), Zoom ID: 724 9574 1690; No Passcode Washington, DC, 20008
Sun 7:00PM	Sunday Night Spiritual Group (O, 90), St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC, 20001
Sun 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Mon 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090
Mon 10:00AM	Fresh Start (0,DISC, 90), St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, 20019
Mon 10:00AM Mon NOON	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love PO Box 90709, Washington, DC, 20090  Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20000
Mon NOON	Washington, DC, 20009  New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Mon NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Mon 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
Mon 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Mon 5:00PM	Rush Hour (C,DISC,Pi,VM,LIT, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Mon 6:00PM	1-12 Step (O,STEP, 90), Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC, 20003
Mon 6:00PM	Why are We Here (0, 60), Bread for the City, 1700 Good Hope Rd. SE, Washington, DC, 20032
Mon 6:30PM	Redlight Recovery (O, 90), Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC, 20009
Mon 6:30PM	Southwest Serenity (C,CH,STEP, 60), James Creek House, Enter through the yellow rear door on alley side of the building., 100 N St. SW, Washington, DC, 20024
Mon 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020
Mon 7:00PM	Monday Night Step Meeting (LIT, 90), St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC, 20019
Mon 7:30PM	Living Proof (0, 60), 4201 Albemarle St. NW, Washington, DC, 20016
Mon 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Mon 8:00PM	Monday Miracles Virtual (BEG,STEP,VM, 90), Zoom ID: 717 680 837; Passcode: 428066 Washington, DC, 20090
Mon 8:05PM	<b>Beachcombers, Too (C,BT,DISC,VM, 60)</b> , Zoom ID: 643 733 6181; Passcode: 805805 Washington, DC, 20008
Tue 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090-0709
Tue 10:00AM	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love PO Box 90709, Washington, DC, 20090
Tue NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
Tue NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Tue NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Tue 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
Tue 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Tue 5:00PM	Rush Hour (C,DISC,SPK,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Tue 5:00PM	The One Promise Group (O,DISC,WC &, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001
Tue 5:30PM	Write to Recover (DISC,STEP,VM,WR, 60), Zoom Meeting ID: 727 524 5654; Passcode: 249292. Step writing will take place during this meeting. The meeting
	will be locked after the writing portion ends. Washington, DC, 20016
Tue 6:30PM	Freedom To Change (O, 60), St Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002
Tue 6:30PM	Steps to the Courthouse (C,STEP,VM, 90), Zoom ID: 994 490 7494; No Passcode Washington, DC, 20090
Tue 7:00PM	Stepping Out of Trouble into Study (SWG,VM, 90), Zoom ID: 880-6299-5493; Passcode: sotis Washington, DC, 20011  The Look Shall Be First (C. CTER TRAD, 20). The Heavild L. Corden Bldg. 1344 15th St. CF. Weshington, DC, 20003
Tue 7:00PM	The Last Shall Be First (C,STEP,TRAD, 90), The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC, 20002
Tue 7:30PM Tue 8:00PM	Pure Uncut Literature Study Group of NA (WC &,LIT, 60), Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC, 20015  Living Life on Life's Terms (C,VM, 60), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Tue 8:30PM	Dupont Circle NA (0, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
Tue 8:30PM	Fire Barrel (O,DISC,HY, 60), Zoom ID: 847 1689 8440; Passcode: step11 Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC, 20015
Wed 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090-0709
Wed 10:00AM	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love PO Box 90709, Washington, DC, 20090
Wed NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
Wed NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Wed NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Wed 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
Wed 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Wed 5:00PM	Rush Hour (C,DISC,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Wed 6:00PM	The How Group (O,BEG,IP,IW,M,STEP, 90), Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC, 20020
Wed 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020
Wed 7:00PM Wed 7:00PM	SW Freeway (C,WC &, 60), Westminster Presbyterian Church, Ground Level, 400 l St. SW, Washington, DC, 20024  Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60), Zoom ID: 516 993 416; No Passcode Washington, DC, 20090
Wed 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Wed 8:00PM	Step Up (O,DISC,ME,VM,LIT, 60), Zoom ID: 858 1685 7897; Passcode: 620486 Washington, DC, 20008
Wed 8:00PM	Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60), Zoom ID: 871 4546 0605; Passcode: 556828 Washington, DC, 20090
Wed 8:30PM	Conscious Contact Beginners (O,WC &, 60), Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC,
Wed 9:00PM	20015  Miracle of Women (O,W,VM, 60), Zoom ID: 917 1964 217; Passcode 1908 Washington, DC, 20090
Thu 8:30AM	<b>Early Just For Today Check-in (C,JFT,VM, 90)</b> , ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090-0709
Thu 10:00AM	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love PO Box 90709, Washington, DC, 20090

	DC (CONT)
Thu NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
Thu NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Thu NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Thu 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
Thu 2:00PM	<b>Steppin' Into The Afternoon (C,STEP,VM, 90)</b> , Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Thu 5:00PM	Rush Hour (C,VM,LC, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Thu 5:30PM	Whole Lava Love (0,VM, 60), Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516 Washington, DC, 20010
Thu 6:00PM Thu 6:30PM	Open Doors (O,STEP, 60), St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, 20002  Coming Out from the Bottom (O,DISC,SPK,STEP,VM, 75), Zoom ID: 889 6372 8561; Passcode: 3636ga Washington, DC, 20010
Thu 6:30PM	Loving Literature (O,STEP,TRAD,LIT,HY, 75), Zoom ID: 846 2384 1455; Passcode: 121212 The Festival Center, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, 20009, Parking behind building at 2612 Mozart Pl (disregard no parking/towing signs)
Thu 6:30PM	Steps on the Hill (O,BEG,STEP,VM,LIT, 75), Zoom ID: 775 7711 6885; Passcode: 084748 Washington, DC, 20090
Thu 6:30PM	Under New Management (C,STEP,TRAD,VM,LIT, 60), Zoom ID: 997 824 3262; No Passcode Washington, DC, 20019
Thu 7:00PM	<b>Daily Principles (O,VM, 60)</b> , Zoom ID: 841 4747 4473; Passcode: 347743 Washington, DC, 20090
Thu 7:00PM	Meeting on the Avenue (O, 60), Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015
Thu 7:00PM	Stone Soul Recovery (O, 90), Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC, 20011
Thu 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Thu 8:30PM	Men's Rap (C,M, 60), West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, 20007
Fri 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090
Fri 10:00AM	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love PO Box 90709, Washington, DC, 20090
Fri NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW. Washington, DC, 20009
Fri NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Fri NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Fri 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
Fri 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Fri 5:00PM	Rush Hour (C,DISC,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Fri 5:00PM	The What Can I Do Group (O,WC &,LIT, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001
Fri 6:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90), Zoom ID: 404 510 8699 Passcode: GODcares00 Washington, DC, 20090
Fri 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020
Fri 7:00PM	Jump Start to Recovery (0,STEP,TRAD,WC &,LIT, 90), Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC, 20019
Fri 7:00PM	Lighthouse (O,STEP,TRAD,WC &, 75), Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, 20011
Fri 7:00PM	O Street Steps 123 (O, 60), SOME, Dining Hall, 71 O St. NW, Washington, DC, 20001
Fri 7:00PM	One Step at a Time (O,STEP,TRAD,VM, 90), Zoom ID: 727 6810 6047; Passcode: 349943 Washington, DC, 20090
Fri 7:00PM	Regardless Of Sexual Identity (C,VM, 90), Zoom ID: 452 943 0512; Passcode: 205542 Washington, DC, 20090
Fri 7:00PM Fri 7:00PM	Un Dia a la Vez (ES,SPK,HY,SPAD, 60), Zoom ID: 868 6217 7691; Passcode:121212 Festival Center, Hybrid even Fridays, virtual all other Fridays, 1640 Columbia Rd. NW, Washington, DC, 20009  Yellow Brick Road (O,VM, 60), Zoom ID: 821 9026 0549; No Passcode Washington, DC, 20090
Fri 7:30PM	Clean Works (O,DISC,LIT,HY, 60), Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235 St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, 20036
Fri 8:00PM	Help Somebody (O,BEG,VM, 90), Zoom ID: 893 0884 8140; Passcode: 787123 Washington, DC, 20090
Fri 8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Fri 9:00PM	Recovery Alley (C,HY, 60), Zoom ID: 987 3916 8163; Passcode: Homegroup St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, 20010
Fri 10:00PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75), St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016
Sat 7:00AM	Saturday Morning Relief (O,VM, 90), Zoom ID: 897 4991 1386; Passcode: saturday Washington, DC, 20001  Farly Just For Today Check-in (C JET VM, 90), ID: 826 2577 8671; Passcode: 242275 PO Roy 90709, Washington, DC, 20090
Sat 8:30AM Sat 9:00AM	<b>Early Just For Today Check-in (C,JFT,VM, 90)</b> , ID: 826 3577 8671; Passcode: 242275 PO Box 90709, Washington, DC, 20090 <b>Better Way (O,PH,VM, 60)</b> , Phone #: 425-436-6351; Phone Password: 344456# Washington, DC, 20090
Sat 9:00AM	Women with a Purpose (C,IP,STEP,TRAD,VM,LIT, 90), Zoom ID: 979 1044 9558; No Passcode Washington, DC, 20020
Sat 11:00AM	Come Clean to Stay Clean (0, 90), Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC, 20020
Sat 11:30AM	Men Under Construction (O,DISC,M,WC &, 90), United Medical Center, 1310 Southern Ave. SE, Washington, DC, 20032
Sat 11:30AM	Women's Rap (O,W,VM, 60), Zoom ID: 473 645 8102; Passcode: Women2021 Washington, DC, 20090
Sat NOON	Mount Olivet Recovery (O,DISC,WC &, 90), Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, 20005
Sat NOON	Women's Step and Tradition (C,STEP,TRAD,W,VM, 90), Zoom ID: 874 6272 9053; Passcode: 632923 Washington, DC, 20090
Sat 1:30PM	NA group at The Metropolis Club (O, 60), The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC, 20002
Sat 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Sat 2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90), Zoom ID: 404 510 8699 Passcode: GODcares00 Washington, DC, 20090
Sat 6:00PM	It's Lit (LIT, 60), Westside Club, 2nd Floor, 1341 Wisconsin Ave. NW, Washington, DC, 20007
Sat 6:00PM	Uptown (O,DISC, 90), Unity Baptist Church, 2706 Bladensburg Rd. NE, Washington, DC, 20018
Sat 7:00PM	818 Miracles (O,STEP,TRAD,VM, 90), Zoom ID: 731 1498 4304; Passcode: 818 Washington, DC, 20001
Sat 7:00PM	Illness In Recovery (O,DISC,VM, 60), Zoom ID: 970 781 8525; Passcode: 1HMZCm Washington, DC, 20090
Sat 7:30PM	Hope Fiends (O,CAN,HY, 60), Zoom ID: 292 549 9011; Passcode: hope Triangle Club, 1638 R St. NW #120, Washington, DC, 20009
Sat 8:00PM	Gift of Life (O,STEP,TRAD,WC &,HY, 90), Zoom ID: 511 626 4561; No Passcode St. Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002
Sat 8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090  Reacheamhers Flestric Coffee Test Pure Spiritual Progress Underground NA Group (C RT DISC WC & 60) St Alban's Church 2001 Wisconsin Ave. NW
Sat 8:05PM	Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60), St Alban's Church, 3001 Wisconsin Ave. NW. Washington, DC, 20016
Sat 9:00PM	Miracle of Women (O,W,VM, 60), Zoom ID: 917 1964 217; Passcode 1908 Washington, DC, 20090  CAMP SPRINGS, MARYLAND
Sat 7:00PM	CAMP SPRINGS, MARYLAND  Shelter From The Storm (IP,STEP,LIT, 90), Bethany Christian Church, 7128 Allentown Road, Camp Springs, Maryland, 20744, Literature Study Group / IP#10
Jac / IVVI'III	Working Step Four

	BELTSVILLE, MD
Sat 5:00PM	Fear to Faith (O,WC &, 60), Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, 20705
	BETHESDA, MD
Sun 7:30PM Wed 7:00PM	The Alternative (O,CAN,DISC,SPK,HY, 60), Zoom ID: 114 114 644 Passcode: 016821 Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, 20852 Fresh Air (O,BT,STEP,TRAD,WC &, 60), Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD,
	20814
Thu 7:15PM	Solo Por Hoy (O,ES,LIT,HY, 60), Zoom ID: 232 505 167; Passcode: 7611 Del Ray Club, - Bill W. Room, 7611 Clarendon Rd., Bethesda, MD, 20814
Fri 8:30PM	<b>Get Down (O,VM, 60)</b> , Zoom ID: 86570165126; Passcode: getdown Bethesda, MD, 20898
	BOWIE, MD
Thu 7:30PM Sat 8:30PM	More Will Be Revealed (0, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required.  Tracks to Recovery (0,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720
3at 6.30FM	CALIFORNIA, MD
Sun 7:00PM	Basket Case (0, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619
	CAPITOL HEIGHTS, MD
Mon 7:30PM	Monday Night Step (O,VM, 90), Zoom ID: 457 476 3595; Passcode: MNS Capitol Heights, MD, 20791
	CHAPTICO, MD
Thu 7:30PM	Chaptico Under The Stars (O, 60), Christ Episcopal Church, 37497 Zach Fowler Road, Chaptico, MD, 20621
	CHESAPEAKE BEACH, MD
Fri 8:00PM	One Line At a Time (O,CH,DISC,VAR,WC &, 75), Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732
Sat 10:00AM	Healthy Relationships (CH,DISC,WC &, 90), Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732
	CHEVY CHASE, MD
Sun 6:00PM Tue 7:30PM	Talking Heads (O,DISC,WC &, 60), Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD, 20815  Glad to be Alive Steps (O,WC &,HY, 60), Zoom ID: 275 118 642; Passcode: 982195 Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase,
1ue /:50PM	MD, 20815
	CLINTON, MD
Fri 7:00PM	Women Do Recover (O,W,WC &,LIT, 90), Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, 20735
	COLLEGE PARK, MD
Sun 10:00AM	Breakfast Club (O,VAR,WC &, 60), 4912 Nantucket Rd., College Park, MD, 20740
	COLUMBIA, MD
Sun 11:00AM	Starting Over (O,VAR,WC &, 60), Serenity Center, 8650 Basket Ring Rd., Columbia, MD, 21045
Fri 9:00PM	Keep It Real (O, 75), Serenity Center, 9650 Basket Ring Rd, Columbia, MD, 21045
	DISTRICT HEIGHTS, MD
Sun 10:00AM	Easy Like Sunday Morning (O,DISC,PH, 90), Phone#: 605-313-4221; Phone Password: 3074093 Municipal Center, 2000 Marbury Dr., District Heights, MD, 20747, This meeting is a phone line meeting only.
	FORT WASHINGTON, MD
Tue 7:15PM	Keep Coming Back (O,SPAD, 90), Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, 20744
Wed 7:00PM	Bright Hope Group (O,STEP,TRAD,LIT,LC, 75), Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, 20744
	FREDERICK, MD
Sun 11:30AM	Sunday Morning NA (O,JFT, 60), The Club, 205B Bucheimer Rd., Frederick, MD, 21701
Sun 6:30PM	Just For Today (C,SPK,STEP,TRAD, 75), Trinity United Methodist Church, 703 W Patrick St., Frederick, MD, 21701
Mon NOON Mon 7:00PM	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity  Monday Night Miracles by Candlelight (O,WC &,LIT, 60), Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, 21702
Mon 8:00PM	Back To Basics (O,IW,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701, formerly called Late But Straight
Tue NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701
Tue 7:00PM	Vision of Hope (O,VAR, 60), All Saints Episcopal Church, 106 W Church St, Frederick, MD, 21701, Limited capacity
Wed NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
Wed 7:00PM Wed 7:00PM	Exact Nature Men's Rap (DISC,M, 60), Frederick Club, 205B Bucheimer Rd, Frederick, MD, 21701  Principles Before Personalities (O,WC &, 60), Community Action Agency 100 S. Market St, Frederick, MD, 21701
Thu NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
Thu 7:00PM	Inner City (O,STEP,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701
Thu 7:00PM	Sisters in Serenity (W,HY, 60), Zoom ID: 81395991987 no PW Staley Park, 11 West 10th St., Frederick, MD, 21701
Thu 7:30PM	Thursday Night Candlelight (O, 60), St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, 21717
Fri NOON Fri 7:30PM	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity  We Do Recover (O,TOP, 60), Frederick Church of Christ, 1305 N Market St, Frederick, MD, 21701, The last Friday of the month is a speaker meeting.
Sat 10:00AM	Can't Do It Alone (O,DISC,IP,JFT,STEP,W,WC &,VM, 90), Zoom ID: 81395991987 NO PW Frederick, MD, 21705
Sat 10:00AM	Kickin' It Raw (O,M,VM, 90), Zoom ID: 9853773041; Passcode: MANUP. Frederick, MD, 21705
Sat NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
Sat 7:00PM Sat 8:00PM	Up in Smoke (VAR,TRAD,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701  Saturday Night Special (O,WC &, 60), Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, 21702
Jac 0.00PM	GAITHERSBURG, MD
Sun NOON	Progress in NA (O,STEP,TRAD,VM, 90), Zoom ID: 973 466 3601 Passcode: 875711 Gaithersburg, MD, 20898
Sun 6:00PM	<b>Topic of Cancer (O,VAR,VM, 60)</b> , Zoom ID: 861 6976 9680; Passcode: TopicOC Gaithersburg, MD, 20898
Sun 7:30PM	Today's Recovery (O,DISC,WC &, 60), Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD, 20878
	Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60), Zoom ID: 831 7185 1799; Passcode: 152608 Emory Grove UM Church, 8200 Emory Grove
Mon 6:00PM	Rd., Gaithersburg, MD, 20877
Mon 7:15PM	Rd., Gaithersburg, MD, 20877  Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60), Zoom ID: 843 0163 1904; Passcode: 12Steps Gaithersburg, MD, 20898
Mon 7:15PM Mon 8:00PM	Rd., Gaithersburg, MD, 20877  Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60), Zoom ID: 843 0163 1904; Passcode: 12Steps Gaithersburg, MD, 20898  Oasis (O,BEG,BT,STEP,LIT, 60), Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, 20878
Mon 7:15PM	Rd., Gaithersburg, MD, 20877  Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60), Zoom ID: 843 0163 1904; Passcode: 12Steps Gaithersburg, MD, 20898

	MD (CONT)
Wed 7.20DM	MD (CONT)  Continue to Club (C IFT M CO) Foundth LIMC 0000 Recompt Dr. Colthoroburg MD 20077
Wed 7:30PM Wed 8:00PM	Gentleman's Club (C,JFT,M, 60), Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD, 20877  Another Way (O, 60), Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD, 20878
Thu 7:30PM	She Do Recover (O,DISC,W,VM, 60), Zoom ID: 829 2967 3668; Passcode: 8675309 Gaithersburg, MD, 20898
Thu 8:00PM	Crossroads (O,VM, 60), Zoom ID: 551 384 252; Passcode: 297348 Gaithersburg, MD, 20898
Thu 8:30PM	Stepping Free (O,STEP, 60), Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, 20878
Fri 7:30PM	Upcounty NA (O, 90), Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, 20877
Fri 8:00PM	Live and Let Live (O,LIT, 60), Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, 20878
Sat 11:00AM	Share On Saturday (O,VM, 60), Zoom ID: 879 3942 8041; Passcode: basictext Gaithersburg, MD, 20898
Sat 3:00PM	Good Stuff (O,VM, 60), Zoom ID: 882 8490 9775; Passcode: 717012 Gaithersburg, MD, 20898
Sat 6:00PM Sat 7:00PM	Fresh Start (O,WC &,LIT, 75), Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, 20878  A Good Deal (O,DISC,VM, 60), Zoom ID: 769 038 042; Passcode: 8675309 Gaithersburg, MD, 20898
Sat 7:00PM	Saturday Night Living Clean (O,LIT,LC, 60), The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, 20877, Read from
	Living Clean
	GERMANTOWN, MD
Sun 6:00PM	Let it Shine (Women's Meeting) (C,W,LIT, 60), Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary; follow around to room # St.
	Josephs, 19951 Father Hurley Blvd., Germantown, MD, 20874, Closed for Easter, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day
	GLENARDEN, MD
Tue 7:00PM	Firm Believers (O,WC &, 90), Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, 20706
Wed 7:00PM	New Wave (O,STEP,TRAD,WC &, 90), Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, 20706
	GREENBELT, MD
Sun 10:00AM	Virtual Breakfast Club (SPK,VM,LIT, 60), Zoom ID: 878 4829 2214; Passcode: 4912Donuts Greenbelt, MD, 20770
Sun 4:30PM	The Living Clean Group (O,WC &,VM,LIT, 90), Zoom ID: 819 6121 9682; Passcode: LvClean Greenbelt, MD, 20770
Mon 10:00AM	Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770
Mon 7:00PM Mon 7:00PM	Hope Fiends (O,BEG,WC &,VM, 75), Zoom ID: 329 527 2677; Passcode: 8W2UGA Greenbelt, MD, 20770  It Works: How and Why (C,WC &, 90), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
Tue 10:00AM	Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770
Tue 7:00PM	Women Living Clean (C,DISC,SPK,W,VM,LIT, 90), Zoom ID: 876 8758 1084; Passcode: 766458 Greenbelt, MD, 20770
Tue 7:30PM	AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60), Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, 20768
Wed 10:00AM	Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770
Thu 10:00AM	Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770
Thu 7:00PM	Gateway to Recovery (O,STEP,TRAD,VM, 90), Zoom ID: 395 553 318; Passcode: 1957 Greenbelt, MD, 20770
Thu 7:00PM Fri 10:00AM	Just For Today (O,WC &,VM, 60), Zoom ID: 702 155 242; No Passcode Greenbelt, MD, 20770
Fri 7:00PM	Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770  Friday Nite Live (C,WC &, 75), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
Fri 8:00PM	New Start (O,VM, 60), Zoom ID: 168 147 906; Passcode: 005762 Greenbelt, MD, 20770
Sat 10:00AM	Ladies in Recovery (SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770
Sat 7:00PM	<b>Gut Bucket (O,WC</b> &,VM, 60), Zoom ID: 973-466-3601; Passcode 875711 Greenbelt, MD, 20770
	HUNTINGTOWN, MD
Sun 7:30PM	Another Chance (O,WC &, 60), St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD, 20639
Sat 6:00PM	Stick and Stay (O,VAR,SPK,TOP,WC &, 60), Life Church, 35 Cox Rd, Huntingtown, MD, 20639
	HYATTSVILLE, MD
Sun 7:00PM	Small Wonders (DISC,JFT,STEP,TRAD,WC &, 60), University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, 20782
Sat NOON	Just for Today (O,WC &, 60), The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, 20781
	INDIAN HEAD, MD
Thu 7:00PM	Indian Heads (BT,WC &,LIT, 60), St James Episcopal Church, 7 E Potomac Ave, Indian Head, MD, 20640
	JEFFERSON, MD
Tue 5:30PM	Rush Hour Recovery (O,DISC,WC &,LIT, 60), Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD, 21755
	KENSINGTON, MD
Fri 7:00PM	Older Toddlers (O,WC &,HY, 60), Zoom ID: 903443801; Passcode: Recovery12 Christ Episcopal Church, - Parking lot is off Everett St, room in Basement, 4001 Franklin St., Kensington, MD, 20895
	LA PLATA, MD
Tue 7:30PM	Off Campus Recovery (O,WC &, 60), First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD, 20646
Tue 7:30PM	
Man 7:20DM	LAUREL, MD  Laurel Basics 1-2-3 (O, 60), Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD, 20707
Mon 7:30PM Tue 7:00PM	Just Relationships (O,WC &, 75), Laurel Municipal Pool, 901 Main St, Laurel, MD, 20707
Tue 7:30PM	Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60), Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, 20707
Wed 7:00PM	<b>STAR (0, 75)</b> , First UMC (5th St), 424 Main St, Laurel, MD, 20707
Thu 6:45PM	Spiritual Awakenings (O,WC &, 75), First Methodist Church of Laurel, 424 Main St, Laurel, MD, 20707
Fri 7:00PM	Miracles on Main Street (O,WC &, 60), St. Philip's Episcopal Church, 522 Main St., Laurel, MD, 20707
Fri 7:30PM	Walk The Walk (O,WC &, 60), Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, 20708
Sat 7:00PM	HOW Group (O,DISC,WC &, 60), St Mary's School, 106 St. Mary's Place, Laurel, MD, 20707
	LEONARDTOWN, MD
Mon 7:00PM	Cover To Cover (O,WC & ,75), 21549 Point Lookout Rd, Leonardtown, MD, 20650
Tue 7:00PM Sat 7:00PM	Living Clean (O,WC &, 60), St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD, 20650  It's A We Thing (O,WC &, 75), St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD, 20650
Jac 7.00PM	LEXINGTON PARK, MD
Wed 7:30PM	Life Support (O,WC &, 60), Trinity Lutheran Church, 46707 Shangri La Drive, Lexington Park, MD, 20653
Thu 7:00PM	Outsiders (O,WC &, 60), Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD, 20653
Fri 7:05PM	7:07 (O, 60), Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD, 20653

	MD (CONT)
Fri 9:30PM	Another Late Night (O,DISC,STEP,TRAD, 60), Good Samaritan Lutheran Church, 20850 Langley Rd, Lexington Park, MD, 20653
	LUSBY, MD
Tue 7:30PM	Lusby Recovery (O, 60), South Community Center, 20 Appeal Lane, Lusby, MD, 20657
	MONTGOMERY VILLAGE, MD
Mon 7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Montgomery Village, MD, 20886
Mon NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
Tue 7:30AM	Freedom in the Village (0,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Montgomery Village, MD, 20886
Tue NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
Wed 7:30AM	Freedom in the Village (0,DISC,VM,LIT, 60), Zoom ID: 823 5857 7621; Passcode: 685408 Montgomery Village, MD, 20886
Wed NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
Wed 7:30PM	Never Alone (O,CAN,WC &,LIT, 75), Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
Thu 7:30AM Thu NOON	Freedom in the Village (0,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Montgomery Village, MD, 20886  Freedom in the Village (0,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery
illa NOON	Village, MD, 20886
Fri 7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Montgomery Village, MD, 20886
Fri NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
	MOUNT AIRY, MD
Thu 7:30PM	Off the Beaten Path (0, 60), St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD, 21771
Sat 7:30PM	Off the Beaten Path 2 (O,VM, 60), Zoom ID: 862 2444 3740; Passcode: NArocks Mount Airy, MD, 21771
	NANJEMOY, MD
Tue 3:00PM	Hope in the Woods (O,WC &, 60), Nanjemoy Community Center, 4375 Port Tobacco Road, Nanjemoy, MD, 20662
	OXON HILL, MD
Thu 7:00PM	Steps to Life (O, 90), Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD, 20745
	POMFRET, MD
Sun 7:30PM	Stepping Into Traditions & Concepts (O, 75), St Joseph's Church, 4590 St Joseph Way, Pomfret, MD, 20675
	PRINCE FREDERICK, MD
Thu 7:00PM	Hope Fiends (O, 60), New Life Church, 3170 German Chapel Rd, Prince Frederick, MD, 20678
	ROCKVILLE, MD
Sun 8:00AM Mon 7:00PM	Squeaky Clean (O,DISC,HY, 60), Zoom ID: 828 8288 3957; No Passcode AISH Learning Center, 11418 Old Georgetown Rd., Rockville, MD, 20852  Illness in Recovery (O,WC &,Y, 60), Millian Memorial UMC, 13016 Parkland Dr., Rockville, MD, 20853
Tue 5:00PM	New Way of NA (0, 60), Rockville Metro Club, Effective 11/26/24, meeting will move to 13160 Parkland Drive, Rockville, MD, 12319 Washington Ave., Rockville,
Wed 7:30PM	MD, 20852  Wednesday's Willingness (O,HY, 90), Zoom ID: 800 990 800; Passcode: 016212 Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD,
	20850
Thu 7:30PM	Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90), Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD, 20850
	SAVAGE, MD
Sun 7:30PM	Savage Survivors (O,WC &, 60), Savage UMC, 9050 Baltimore St, Savage, MD, 20763  Back to the Basics (O,WC &, 60), Savage UMC, 9050 Baltimore St, Savage, MD, 20763
Wed 7:00PM Fri 8:30PM	Drawn Together (STEP,ME, 75), Savage UMC, 9050 Baltimore Street, Savage, MD, 207603, Art and Meditation Meeting
111 01501 14	SILVER SPRING, MD
Sun 5:00PM	NA in the Galaxy (O,DISC,WC &, 75), The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD, 20910
Mon NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, ME 20901
Mon 7:00PM	Monday Miracles (BEG,STEP, 75), Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD, 20910
Tue NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MI 20901
Tue 6:30PM	Life On Life's Terms (O,DISC,WC &,LIT,HY, 60), Zoom ID: 885 1687 6965; Passcode: LOLT The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, 20904
Tue 7:00PM	Women Do Recover (O,BT,DISC,SPK,STEP,W,WC &, 60), Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD, 20919
Wed NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MI 20901
Wed 7:30PM	People's Recovery (O,WC &,HY, 60), Zoom ID: 878 0419 2075; Passcode: 659058 The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, 20904
Thu NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, ME 20901
Thu 8:00PM	Making A Difference (O,WC &, 60), Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, 20902
Fri NOON	NA at Noon (O,JFT,VM, 60), Zoom ID: 889 4686 0935; No Passcode - Virtual only on Friday, Silver Spring, MD, 20901, Hybrid M-Th; Virtual only on Friday
Sat NOON Sat 7:00PM	Free Yourself (O,DISC,JFT,WC &, 60), Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD, 20910  Speakeasy (O,DISC,VAR, 90), Woodside UMC, 8900 Georgia Ave., Silver Spring, MD, 20910
-a. / 1001 11	SUITLAND, MD
Thu 7:00PM	Restored To Sanity (O, 90), Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD, 20746
	SUNDERLAND, MD
Wed 7:00PM	Tower of Power (O,WC &, 60), Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD, 20689, Maximum 18 people
	TEMPLE HILLS, MD
Sun 7:00PM	Closed Sunday (C,WC &, 90), Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, 20748
Juli 7100111	

Fri 7:30PM	MD (CONT)  Living the Program Mon's Pan (O.M. 90). The Church of the Great Anginting, 3710 Piviora St. Tomple Hills, MD, 20749.
Sat NOON	Living the Program Men's Rap (O,M, 90), The Church of the Great Anointing, 3710 Riviera St, Temple Hills, MD, 20748  Keep It Simple (O,WC &,LIT, 90), St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, 20748
	WALDORF, MD
Ion NOON	NA In the Day (O,WC &,LC, 60), 85 Smallwood Village Center, Waldorf, MD, 20602
1on 7:00PM	Time To Change (0, 60), Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, 20601, First Mon Literature, Last Monday JFT
Ved 7:00PM	Positive Alternative (O,WC &, 60), Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD, 20601
hu NOON	12 at 12 (0, 60), Great Escape Recovery Lounge, 85 High St., Waldorf, MD, 20602
hu 7:00PM	More Alike Than Different (O,WC &, 60), Great Escape Recovery Lounge, 85 High St, Waldorf, MD, 20602
ri NOON	Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60), Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601
ri 7:30PM Sat NOON	Work 'Em Or Die (O,WC &, 75), Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD, 20601
Sat 7:00PM	Women In Recovery (O,W, 60), Great Escape Recovery Lounge, 85 High St., Waldorf, MD, 20602  Making Miracles (O,DISC,WC &, 90), Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, 20602
at 10:00PM	Candlelight (SPK,WC &, 60), Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, 20602
at 201001 1-1	ALEXANDRIA, VA
un 10:00AM	NA in Delray (O,WC &,HY, 90), Zoom ID: 873 4446 3412; Passcode: 1991 Department of Community & Human Services (DCHS), Conference Center, 1st Floor,
	4850 Mark Center Dr., Alexandria, VA, 22311
un 7:00PM	Another Look (0,WC &, 60), Franconia UMC, 6037 Franconia Rd., Alexandria, VA, 22151
1on 7:00PM	In The Heart Of (O, 90), Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, 22314
ue 7:00PM	NA in LA (O,WC &,HY, 90), Zoom ID: 533 129 809; Passcode: NALA Lee Center, 1108 Jefferson St, Alexandria, VA, 22314
ue 8:00PM	Just for Tonight (O,JFT, 60), Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22310
/ed 7:30PM	Came to Believe (0, 60), Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA, 22310  Women In Unity (W WC & 75), Mark Contor Bm 1305. From parking in lower gazage: take elevator to 1ct Fir. 4850 Mark Contor Br. Alexandria, VA, 22311
hu 6:30PM hu 8:00PM	Women In Unity (W, WC &, 75), Mark Center, Rm 1305 - Free parking in lower garage; take elevator to 1st Flr, 4850 Mark Center Dr, Alexandria, VA, 22311
nu 8:00PM ri 7:00PM	So Happy It's Thursday (0, 60), Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22150  Recovery on the South Side (0,WC &, 90), Lee Center, 1108 S Jefferson St., Alexandria, VA, 22314
at 6:00PM	Welcome Home (O,LIT, 60), Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, 22310
at 0.00FM	ANNANDALE, VA
ue 6:30PM	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandal
	VA, 22003  ARLINGTON, VA
lon 7:00PM	Covid Soldiers (0, 90), Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA, 22203
lon 7:30PM	Bring Your Stepwork (C,STEP, 60), Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday,
1011 71301 14	800 23rd St. S, Arlington, VA, 22202, Small room not suitable for treatment center groups.
Ved 6:30PM	Clean in Clarendon (O,DISC,SPK, 60), Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA, 22201
Ved 7:00PM	NA at Walter Reed (O,DISC, 90), Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, 22204, Meets inside, in the rec center
hu 7:30PM	Old Time Recovery (C,WC &, 60), Langston-Brown Community Center, Does not meet on Thanksgiving. Follows Arlington County closures., 2121 N. Culpeper Arlington, VA, 22207
ri 7:00PM	NA for Life (O,WC &, 90), Langston Brown Center, 2121 N Culpeper St., Arlington, VA, 22207
ri 7:30PM	Better Here Than There (O,JFT,VM,SPAD, 60), Zoom ID: 536 659 392; Passcode: 842931 Arlington, VA, 22204
	ASHBURN, VA
un 7:00PM	The Journey Continues (O,LIT, 60), St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, 20147
	CHANTILLY, VA
hu 7:30PM	Out of the Dark (O,DISC, 60), A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA, 20151
at 7:30PM	Keep It Real (O, 60), A New Beginning, 4213 Walney Rd., Chantilly, VA, 20151
	FAIRFAX, VA
1on 7:00PM	Cracker Box (O,WC &, 60), Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA, 22030
hu 6:30PM	Spiritual Pause (C,SPAD, 60), Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA, 22032
	FALLS CHURCH, VA
un NOON	Just For Today (O, 60), Unity Club, 116 W Broad St., Falls Church, VA, 22046
1on 7:00PM	Miracles on Broad Street (O,WC &,HY, 60), Zoom ID 962 211 7089; Passcode: 169422 Falls Church Presbyerian Church, 225 E Broad St., Falls Church, VA, 22046
ue 7:00PM	Choose Life (O, 60), Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, 22046
ue 8:00PM	Comfort Zone (O,WC &,VM, 60), Zoom ID: 929 625 3168; Passcode: 658318 Falls Church, VA, 22046
Ved 7:00PM	Plan B (O, 75), Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA, 22046
ri 7:00PM	Simplicity Is the Key (C,DISC,LIT, 60), Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, 22046
1on 8:00PM	GAINESVILLE, VA  Learning How To Live (O,BEG,DISC,VAR,LIT, 60), Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA,
	20155
Noc:	HERNDON, VA
un NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
lon NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
ue NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
Ved NOON	Noon Meeting (0,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
Ved 7:00PM	Women's Rap (O,W,VM, 60), Zoom ID: 881 666 45122; Passcode: 596376 Herndon, VA, 20172
hu NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
ri NOON ri 8:00PM	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172  I'm Somebody (O,VM, 60), Zoom ID: 449 215 767; Passcode: 703 Herndon, VA, 20172
at NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172
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	LEESBURG, VA  Now What? (WC &, 60), Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, 20175
10n 7:00PM Sat 10:00AM	The Bacon & Eggs Meeting (C,LIT, 60), Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA, 20176

	VA (CONT)
	MANASSAS, VA
Sun NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Sun 7:00PM	Living In The Solution (O,VAR,SPK,STEP,WC &,HY, 75), Zoom ID: 568 046 8023; Passcode: 121212 Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA, 20112
Sun 7:00PM	Sunday Funday (O,DISC,SPK,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Sun 9:00PM	Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60), ID: 822 228 0011; Passcode: 121212 Manassas, VA, 20109
Mon NOON	High Noon (O,BEG,DISC,WC &, 60), Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA, 20109
Mon NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Mon 8:30PM	Getting Centered (O,DISC,VM,LIT, 60), Zoom ID: 837 7972 7742; No Passcode Manassas, VA, 20110
Tue NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Tue 8:00PM Wed NOON	Just For Today (O,CW,STEP,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20111
Wed NOON Wed 8:30PM	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110  Welcome Home (O,DISC,VAR,LIT, 60), Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas
	VA, 20110
Thu NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Thu 7:00PM	New Found Hope (O,BEG,BT,DISC,SPK,VM, 60), Zoom ID: 822 228 0011; Passcode: 121212 Manassas, VA, 20111
Fri NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110  Gimmee Shelter (O,DISC,IW,JFT, 60), Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road,
Fri 6:30PM	Manassas, VA, 20110
Fri 8:30PM	Keep It Simple (O,BT,DISC,SPK, 60), Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA, 20110
Sat NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110
Sat 7:00PM	<b>Destination Hope (O,SPK, 60)</b> , Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110
	MCLEAN, VA
Tue 6:30PM	NA Farsi (O,PER,HY, 60), Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI St Dunstan's Episcopal Church, 1830 Kirby Road, McLean, VA, 22101
	PURCELLVILLE, VA
Fri 7:00PM	Out Of The Grip (DISC,JFT,WC &,LIT, 60), Bethany United Methodist Church, Main church building, lower level. If unavailable, we meet across the street at a restaurant., 100 Main St., Purcellville, VA, 20132
	RESTON, VA
Sun 10:30AM	To Tell The Truth (O,WC &, 60), Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, 20191
	SPRINGFIELD, VA
Wed 6:30PM	Women Do Recover (W,LIT,HY, 60), Zoom ID: 842 4803 8677; Passcode: 999612 Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, 22150
Sat 6:45PM	Free Yourself (O,WC &,HY, 75), Zoom ID: 962 211 7089; Passcode: 169422 Independence Club, 7043 Wimsatt Rd, Springfield, VA, 22151
	STERLING, VA
Mon 6:30PM	Exact Nature Men's Meeting (O,M,WC &, 75), Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA, 21066
Mon 8:00PM	Free To Live (O,WC &, 60), St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, 20164
Mon 9:00PM	Dent Cans (O,VM,LIT, 60), Zoom ID: 879 2833 7755; Passcode: recovery Sterling, VA. 20165
Tue 8:00PM	New Attitudes (O,WC &, 60), Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA, 20164
Wed 7:00AM	The Early Cup of Recovery (DISC,VM, 60), ZOOM: 893 6775 9854 PASS: 946130 Sterling, VA, 21065
Wed 5:30PM	No Matter What (VM,LC, 60), Zoom ID: 795 467 25226; Passcode: jmDcW0 Sterling, VA, 21065
Wed 8:00PM	We Made It! (O,DISC,WC &, 60), St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, 20164
Thu 7:00PM	Keyhole To Recovery (O,STEP,LIT, 75), Galilee Church, 45425 Winding Rd, Sterling, VA, 20165
Fri 7:30PM	Just For Today (O,CAN,WC &,SPAD, 60), Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, 20164
Sat 10:00AM	Rainbow Llama (O,LIT, 60), Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, 20165
Sat 7:00PM	Literally Speaking (0, 60), St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, 20164
Sat 8:30PM	Saturday Night Live (O,WC &, 60), St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA, 20164
Sun 7:00PM	WARRENTON, VA  A Shot of Hope (0,BEG, 60), Baymont Hotel, Second Building in back left corner of complex (beyond Remax) Conference Room 1st Floor, left end of building, 2370 Secretation Rel. Warrentee No. 20107.
	7379 Comfort Inn Rd., Warrenton, VA, 20187
F.: 7.15014	WEST SPRINGFIELD, VA
Fri 7:15PM	Church Basement Recovery (O, 75), Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA, 22152
	WOODBRIDGE, VA
Mon 8:00PM	Step Over the Hump (O,STEP,TRAD,WC &,NP, 75), Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191
Tue NOON	High Noon II (O,WC &,SPAD, 60), Ferllazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, 22191

### **CONTACT US!**

Over The Hump (O,JFT,SPK,WC &,NP, 75), Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191

Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60), Zoom ID: 568 046 8023; Passcode: 121212 Woodbridge, VA, 22191

Stepping Together (BEG,JFT, 75), St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA, 22191

**Chesapeake & Potomac Region of Narcotics Anonymous** (CPRNA)

Wed 8:00PM

Fri 7:00PM

Sat NOON

PO Box 8160 \* Silver Spring, MD 20907

24/7 Phoneline: 1-800-543-4670

Meeting changes: meetings@cprna.org

**Regional Service Committee Meeting** Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

https://www.cprna.org Questions about NA: info@cprna.org