

**SATURDAY (CONT)**

**8:00PM Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**Tri-County Area**

**10:00AM Healthy Relationships (CH,DISC,WC &, 90)** Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD

**NOON Women In Recovery (O,W, 60)** Great Escape Recovery Lounge, 85 High St., Waldorf, MD

**6:00PM Stick and Stay (O,VAR,SPK,TOP,WC &, 60)** Life Church, 35 Cox Rd, Huntingtown, MD

**7:00PM It's A We Thing (O,WC &, 75)** St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD

**7:00PM Making Miracles (O,DISC,WC &, 90)** Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD

**10:00PM Candlelight (SPK,WC &, 60)** Good Shepherd Church, 305 Smallwod Dr, Waldorf, MD

**CONTACT US!**

**Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)**  
PO Box 8160 \* Silver Spring, MD 20907

**24/7 Phonenumber: 1-800-543-4670**  
**Meeting changes: meetings@cprna.org**

**Regional Service Committee Meeting**  
Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

**https://www.cprna.org**  
**Questions about NA: info@cprna.org**

**CHESAPEAKE & POTOMAC REGION OF NA**



**Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia**

**24/7 Phonenumber: 1-800-543-4670**

**http://www.cprna.org**



Scan QR Code to go to our website Meetings page!

**MEETING LIST BY AREA & DAY**  
**NOVEMBER 2024**

**Meeting Format Legend**

|      |                                      |      |                          |
|------|--------------------------------------|------|--------------------------|
| BEG  | Beginners                            | BT   | Basic Text               |
| C    | Closed                               | CAN  | Candlelight              |
| CH   | Closed Holidays                      | CPT  | 12 Concepts              |
| CW   | Children Welcome                     | DISC | Discussion               |
| ES   | Espanol                              | HY   | Hybrid Physical/Virtual  |
| IP   | IP Study                             | IW   | It Works Study           |
| JFT  | Just for Today Study                 | LC   | Living Clean Study       |
| LIT  | Literature Study                     | M    | Men                      |
| ME   | Meditation                           | NP   | No Pets                  |
| O    | Open                                 | PER  | Persian / Farsi          |
| PH   | Phone Meeting                        | Pi   | Pitch                    |
| SPAD | Spiritual Principle A Day Book Study | SPK  | Speaker                  |
| STEP | Step                                 | SWG  | Step Working Guide Study |
| TOP  | Topic                                | TRAD | Tradition                |
| TW   | Traditions Workshop                  | VAR  | Format Varies            |
| VM   | Virtual Web Meeting                  | W    | Women                    |
| WC & | Wheelchair                           | WR   | Writing Meeting          |
| Y    | Young People                         |      |                          |

Weekly Meetings: **403**

**OUR MEETINGS**

**The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, Virginia. Some meetings are in person, and some are held virtually. Our Areas and the cities our meetings are in as follows:**

**Battlefield Area:** Gainesville, Manassas, & Warrenton, VA \* **Central Maryland Area:** Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD \* **District of Columbia Area:** Washington, DC NE \* **Dulles Corridor Area:** Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA \* **East of the River Area:** Washington, DC SE \* **Frederick Area:** Frederick & Jefferson, MD \* **Montgomery Area:** Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring, MD \* **Norvana Area:** Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA \* **Rock Creek Area:** Chevy Chase, MD & Washington, DC NW \* **South Potomac Area:** Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD \* **The Virtual Ties That Bind Us Together Area:** All Virtual Meetings \* **Tri-County Area:** California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret, Prince Frederick, Sunderland, & Waldorf, MD

| SUNDAY                           |   |
|----------------------------------|---|
| <b>Battlefield Area</b>          |   |
| <b>NOON</b>                      | <b>Recoviderly (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  |
| <b>7:00PM</b>                    | <b>A Shot of Hope (O,BEG, 60)</b> Baymont Hotel, Second Building in back left corner of complex (beyond Remax) Conference Room 1st Floor, left end of building, 7379 Comfort Inn Rd., Warrenton, VA   |
| <b>7:00PM</b>                    | <b>Sunday Sunday (O,DISC,SPK,VM, 60)</b> Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  |
| <b>9:00PM</b>                    | <b>Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60)</b> ID: 822 228 0011; Passcode: 121212, Manassas, VA  |
| <b>Central Maryland Area</b>     |   |
| <b>10:00AM</b>                   | <b>Breakfast Club (O,VAR,WC &amp;, 60)</b> 4912 Nantucket Rd., College Park, MD   |
| <b>10:00AM</b>                   | <b>Easy Like Sunday Morning (O,DISC,PH, 90)</b> Phone#: 605-313-4221; Phone Password: 3074093, Municipal Center, 2000 Marbury Dr., District Heights, MD This meeting is a phone line meeting only.  |
| <b>10:00AM</b>                   | <b>Virtual Breakfast Club (SPK,VM,LIT, 60)</b> Zoom ID: 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD  |
| <b>11:00AM</b>                   | <b>Starting Over (O,VAR,WC &amp;, 60)</b> Serenity Center, 8650 Basket Ring Rd., Columbia, MD   |
| <b>4:30PM</b>                    | <b>The Living Clean Group (O,WC &amp;,VM,LIT, 90)</b> Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD  |
| <b>7:00PM</b>                    | <b>Small Wonders (DISC,JFT,STEP,TRAD,WC &amp;, 60)</b> University Christian Church, 6800 Adelphi Rd, Hyattsville, MD  |
| <b>7:30PM</b>                    | <b>Savage Survivors (O,WC &amp;, 60)</b> Savage UMC, 9050 Baltimore St, Savage, MD  |
| <b>District of Columbia Area</b> |   |
| <b>7:00AM</b>                    | <b>Open Door To Freedom (O,BEG,STEP, 90)</b> Church of the Epiphany, 1317 G St. NW, Washington, DC  |
| <b>9:00AM</b>                    | <b>Sunday Morning Spiritual (O,DISC,TRAD,VM, 60)</b> Zoom ID: 812-2295-5124; Passcode 774257, Washington, DC  |
| <b>10:30AM</b>                   | <b>10:30 Coffee Hour (O,DISC,WC &amp;, 90)</b> 5656A 3rd St. NE, Washington, DC   |
| <b>11:00AM</b>                   | <b>Sunday Morning Steps &amp; Traditions (O,VM, 60)</b> Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC  |
| <b>7:00PM</b>                    | <b>Sunday Night Spiritual Group (O, 90)</b> St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC  |
| <b>Dulles Corridor Area</b>      |   |
| <b>10:30AM</b>                   | <b>To Tell The Truth (O,WC &amp;, 60)</b> Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA   |
| <b>NOON</b>                      | <b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA   |
| <b>7:00PM</b>                    | <b>The Journey Continues (O,LIT, 60)</b> St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA  |
| <b>Frederick Area</b>            |   |
| <b>11:30AM</b>                   | <b>Sunday Morning NA (O,JFT, 60)</b> The Club, 205B Bucheimer Rd., Frederick, MD  |
| <b>6:30PM</b>                    | <b>Just For Today (C,SPK,STEP,TRAD, 75)</b> Trinity United Methodist Church, 703 W Patrick St., Frederick, MD   |
| <b>Montgomery Area</b>           |   |
| <b>8:00AM</b>                    | <b>Squeaky Clean (O,DISC,HY, 60)</b> Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd., Rockville, MD   |
| <b>NOON</b>                      | <b>Progress in NA (O,STEP,TRAD,VM, 90)</b> Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD   |
| <b>5:00PM</b>                    | <b>NA in the Galaxy (O,DISC,WC &amp;, 75)</b> The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD  |
| <b>6:00PM</b>                    | <b>Let it Shine (Women's Meeting) (C,W,LIT, 60)</b> Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary; follow around to room # St. Josephs, 19951 Father Hurley Blvd., Germantown, MD Closed for Easter, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day |
| <b>6:00PM</b>                    | <b>Talking Heads (O,DISC,WC &amp;, 60)</b> Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD  |
| <b>6:00PM</b>                    | <b>Topic of Cancer (O,VAR,VM, 60)</b> Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD   |
| <b>7:30PM</b>                    | <b>The Alternative (O,CAN,DISC,SPK,HY, 60)</b> Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD   |
| <b>7:30PM</b>                    | <b>Today's Recovery (O,DISC,WC &amp;, 60)</b> Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD  |
| <b>Norvana Area</b>              |   |
| <b>10:00AM</b>                   | <b>NA in Delray (O,WC &amp;,HY, 90)</b> Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA   |
| <b>NOON</b>                      | <b>Just For Today (O, 60)</b> Unity Club, 116 W Broad St., Falls Church, VA   |
| <b>7:00PM</b>                    | <b>Another Look (O,WC &amp;, 60)</b> Franconia UMC, 6037 Franconia Rd., Alexandria, VA  |
| <b>7:00PM</b>                    | <b>Living In The Solution (O,VAR,SPK,STEP,WC &amp;,HY, 75)</b> Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA  |
| <b>Rock Creek Area</b>           |   |
| <b>NOON</b>                      | <b>Midday Meditations and Miracles (O,DISC,JFT,ME, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC   |
| <b>5:30PM</b>                    | <b>Progressive Recovery (O,DISC,LIT, 60)</b> Triangle Club, 1638 R St. NW #120, Washington, DC  |

| SATURDAY (CONT)                                    |  |
|--|--|
| <b>NOON</b>  | <b>Women's Step and Tradition (C,STEP,TRAD,W,VM, 90)</b> Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC  |
| <b>1:30PM</b>                                      | <b>NA group at The Metropolis Club (O, 60)</b> The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC   |
| <b>6:00PM</b>                                      | <b>Uptown (O,DISC, 90)</b> Unity Baptist Church, 2706 Bladensburg Rd. NE, Washington, DC   |
| <b>7:00PM</b>                                      | <b>Illness In Recovery (O,DISC,VM, 60)</b> Zoom ID: 970 781 8525; Passcode: 1HMZCm, Washington, DC   |
| <b>8:00PM</b>                                      | <b>Gift of Life (O,STEP,TRAD,WC &amp;,HY, 90)</b> Zoom ID: 511 626 4561; No Passcode, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC                         |
| <b>9:00PM</b>                                      | <b>Miracle of Women (O,W,VM, 60)</b> Zoom ID: 917 1964 217; Passcode 1908, Washington, DC  |
| <b>Dulles Corridor Area</b>                        |  |
| <b>10:00AM</b>                                     | <b>Rainbow Llama (O,LIT, 60)</b> Galilee Methodist Church, 45425 Winding Rd., Sterling, VA   |
| <b>10:00AM</b>                                     | <b>The Bacon &amp; Eggs Meeting (C,LIT, 60)</b> Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA                             |
| <b>NOON</b>  | <b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  |
| <b>7:00PM</b>                                      | <b>Literally Speaking (O, 60)</b> St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA   |
| <b>7:30PM</b>                                      | <b>Keep It Real (O, 60)</b> A New Beginning, 4213 Walney Rd., Chantilly, VA  |
| <b>8:30PM</b>                                      | <b>Saturday Night Live (O,WC &amp;, 60)</b> St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA   |
| <b>East of the River Area</b>                      |  |
| <b>9:30AM</b>                                      | <b>Women with a Purpose (C,IP,STEP,TRAD,VM,LIT, 90)</b> Zoom ID: 979 1044 9558; No Passcode, Washington, DC  |
| <b>7:00PM</b>                                      | <b>818 Miracles (O,STEP,TRAD,VM, 90)</b> Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC   |
| <b>Frederick Area</b>                              |  |
| <b>10:00AM</b>                                     | <b>Can't Do It Alone (O,DISC,IP,JFT,STEP,W,WC &amp;,VM, 90)</b> Zoom ID: 81395991987 NO PW, Frederick, MD  |
| <b>10:00AM</b>                                     | <b>Kickin' It Raw (O,M,VM, 90)</b> Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD  |
| <b>NOON</b>  | <b>Noon Group (O, 60)</b> Grace United Church, 25 E 2nd St., Frederick, MD Limited capacity  |
| <b>7:00PM</b>                                      | <b>Up in Smoke (VAR,TRAD,WC &amp;, 60)</b> Community Action Agency, 100 S. Market St, Frederick, MD  |
| <b>8:00PM</b>                                      | <b>Saturday Night Special (O,WC &amp;, 60)</b> Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD  |
| <b>Montgomery Area</b>                             |  |
| <b>11:00AM</b>                                     | <b>Share On Saturday (O,VM, 60)</b> Zoom ID: 879 3942 8041; Passcode: basictext, Gaithersburg, MD  |
| <b>NOON</b>  | <b>Free Yourself (O,DISC,JFT,WC &amp;, 60)</b> Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD                                     |
| <b>3:00PM</b>                                      | <b>Good Stuff (O,VM, 60)</b> Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD  |
| <b>6:00PM</b>                                      | <b>Fresh Start (O,WC &amp;,LIT, 75)</b> Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD  |
| <b>7:00PM</b>                                      | <b>A Good Deal (O,DISC,VM, 60)</b> Zoom ID: 769 038 042; Passcode: 8675309, Gaithersburg, MD   |
| <b>7:00PM</b>                                      | <b>Saturday Night Living Clean (O,LIT,LC, 60)</b> The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD Read from Living Clean      |
| <b>7:00PM</b>                                      | <b>Speakeasy (O,DISC,VAR, 90)</b> Woodside UMC, 8900 Georgia Ave., Silver Spring, MD   |
| <b>7:30PM</b>                                      | <b>Off the Beaten Path 2 (O,VM, 60)</b> Zoom ID: 862 2444 3740; Passcode: NARocks, Mount Airy, MD  |
| <b>Norvana Area</b>                                |  |
| <b>NOON</b>  | <b>Stepping Together (BEG,JFT, 75)</b> St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA  |
| <b>6:00PM</b>                                      | <b>Welcome Home (O,LIT, 60)</b> Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA   |
| <b>6:45PM</b>                                      | <b>Free Yourself (O,WC &amp;,HY, 75)</b> Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA                                    |
| <b>Rock Creek Area</b>                             |  |
| <b>7:00AM</b>                                      | <b>Saturday Morning Relief (O,VM, 90)</b> Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC   |
| <b>6:00PM</b>                                      | <b>It's Lit (LIT, 60)</b> Westside Club, 2nd Floor, 1341 Wisconsin Ave. NW, Washington, DC   |
| <b>7:30PM</b>                                      | <b>Hope Fiends (O,CAN,HY, 60)</b> Zoom ID: 292 549 9011; Passcode: hope, Triangle Club, 1638 R St. NW #120, Washington, DC   |
| <b>8:05PM</b>                                      | <b>Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &amp;, 60)</b> St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC |
| <b>South Potomac Area</b>                          |  |
| <b>NOON</b>  | <b>Keep It Simple (O,WC &amp;,LIT, 90)</b> St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD   |
| <b>7:00PM</b>                                      | <b>Shelter From The Storm (IP,STEP,LIT, 90)</b> Bethany Christian Church, 7128 Allentown Road, Camp Springs, Maryland Literature Study Group / IP#10 Working Step Four   |
| <b>The Virtual Ties That Bind Us Together Area</b> |  |
| <b>8:30AM</b>                                      | <b>Early Just For Today Check-in (C,JFT,VM, 90)</b> ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  |
| <b>2:00PM</b>                                      | <b>Steppin' Into The Afternoon (C,STEP,VM, 90)</b> Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC   |
| <b>2:00PM</b>                                      | <b>Where Healing Takes Place (C,DISC,SPK,VM, 90)</b> Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC  |

**FRIDAY (CONT)**

- 7:00PM Recovery on the South Side (O,WC &, 90)** Lee Center, 1108 S Jefferson St., Alexandria, VA  
**7:00PM Simplicity Is the Key (C,DISC,LIT, 60)** Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA  
**7:00PM Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60)** Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA  
**7:15PM Church Basement Recovery (O, 75)** Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA  
**7:30PM Better Here Than There (O,JFT,VM,SPAD, 60)** Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA
- Rock Creek Area**  
**NOON Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
**7:00PM Un Dia a la Vez (ES,SPK,HY,SPAD, 60)** Zoom ID: 868 6217 7691 ; Passcode:121212, Festival Center, Hybrid even Fridays, virtual all other Fridays, 1640 Columbia Rd. NW, Washington, DC  
**7:30PM Clean Works (O,DISC,LIT,HY, 60)** Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC  
**9:00PM Recovery Alley (C,HY, 60)** Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC  
**10:00PM Late Nite Friday Nite (O,DISC,JFT,WC &, 75)** St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC

**South Potomac Area**

- 7:00PM Women Do Recover (O,W,WC &,LIT, 90)** Hope Lutheran Church, 6201 Coventry Way, Clinton, MD  
**7:30PM Living the Program Men's Rap (O,M, 90)** The Church of the Great Anointing, 3710 Riviera St, Temple Hills, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  
**10:00AM Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC  
**NOON Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC  
**2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
**5:00PM Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC  
**6:00PM Where Healing Takes Place (C,DISC,SPK,VM, 90)** Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC  
**8:00PM Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**Tri-County Area**

- NOON Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)** Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD  
**7:05PM 7:07 (O, 60)** Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD  
**7:30PM Work 'Em Or Die (O,WC &, 75)** Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD  
**8:00PM One Line At a Time (O,CH,DISC,VAR,WC &, 75)** Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD  
**9:30PM Another Late Night (O,DISC,STEP,TRAD, 60)** Good Samaritan Lutheran Church, 20850 Langley Rd, Lexington Park, MD

**SATURDAY**

**Battlefield Area**

- NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
**7:00PM Destination Hope (O,SPK, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
**NOON Just for Today (O,WC &, 60)** The 180 Club, 4318 Hamilton Ave, Hyattsville, MD  
**5:00PM Fear to Faith (O,WC &, 60)** Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD  
**7:00PM Gut Bucket (O,WC &,VM, 60)** Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD  
**7:00PM HOW Group (O,DISC,WC &, 60)** St Mary's School, 106 St. Mary's Place, Laurel, MD  
**8:30PM Tracks to Recovery (O,WC &, 60)** Unity Place, 8610 Railroad Avenue, Bowie, MD

**District of Columbia Area**

- 9:00AM Better Way (O,PH,VM, 60)** Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC  
**11:00AM Come Clean to Stay Clean (O, 90)** Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC  
**11:30AM Men Under Construction (O,DISC,M,WC &, 90)** United Medical Center, 1310 Southern Ave. SE, Washington, DC  
**11:30AM Women's Rap (O,W,VM, 60)** Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC  
**NOON Mount Olivet Recovery (O,DISC,WC &, 90)** Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC

**SUNDAY (CONT)**

- 7:00PM Clean On The Hill (C, 60)** Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC  
**7:00PM Clean On The Screen (VM, 60)** Zoom ID: 724 9574 1690; No Passcode, Washington, DC
- South Potomac Area**  
**7:00PM Closed Sunday (C,WC &, 90)** Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD
- The Virtual Ties That Bind Us Together Area**  
**8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  
**2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
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**8:00PM Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- Tri-County Area**  
**7:00PM Basket Case (O, 75)** Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD  
**7:30PM Another Chance (O,WC &, 60)** St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD  
**7:30PM Stepping Into Traditions & Concepts (O, 75)** St Joseph's Church, 4590 St Joseph Way, Pomfret, MD

**MONDAY**

**Battlefield Area**

- NOON High Noon (O,BEG,DISC,WC &, 60)** Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA  
**NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
**8:00PM Learning How To Live (O,BEG,DISC,VAR,LIT, 60)** Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA  
**8:30PM Getting Centered (O,DISC,VM,LIT, 60)** Zoom ID: 837 7972 7742; No Passcode, Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
**7:00PM Hope Fiends (O,BEG,WC &,VM, 75)** Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD  
**7:00PM It Works: How and Why (C,WC &, 90)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD  
**7:30PM Laurel Basics 1-2-3 (O, 60)** Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD

**District of Columbia Area**

- NOON New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC  
**6:00PM Why are We Here (O, 60)** Bread for the City, 1700 Good Hope Rd. SE, Washington, DC  
**6:30PM Redlight Recovery (O, 90)** Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC

**Dulles Corridor Area**

- NOON Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
**6:30PM Exact Nature Men's Meeting (O,M,WC &, 75)** Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA  
**7:00PM Now What? (WC &, 60)** Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA  
**8:00PM Free To Live (O,WC &, 60)** St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA  
**9:00PM Dent Cans (O,VM,LIT, 60)** Zoom ID: 879 2833 7755 ; Passcode: recovery, Sterling, VA

**East of the River Area**

- 10:00AM Fresh Start (O,DISC, 90)** St. Lukes Church, 4925 E Capitol St. NE, Washington, DC  
**1:30PM Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
**6:00PM 1-12 Step (O,STEP, 90)** Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC  
**7:00PM Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC  
**7:00PM Monday Night Step Meeting (LIT, 90)** St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC

**Frederick Area**

- NOON Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD Limited capacity  
**7:00PM Monday Night Miracles by Candlelight (O,WC &,LIT, 60)** Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD  
**8:00PM Back To Basics (O,W,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD formerly called Late But Straight

**Montgomery Area**

- 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD  
**NOON Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD  
**NOON NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD  
**6:00PM Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60)** Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD

**MONDAY (CONT)**

- 7:00PM Illness in Recovery (O,WC &,Y, 60)** Millian Memorial UMC, 13016 Parkland Dr., Rockville, MD  
**7:00PM Monday Miracles (BEG,STEP, 75)** Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD  
**7:15PM Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60)** Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD  
**8:00PM Oasis (O,BEG,BT,STEP,LIT, 60)** Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD  
**8:00PM Stayin' Alive (O,STEP,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD

**Norvana Area**

- 7:00PM Covid Soldiers (O, 90)** Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA  
**7:00PM Cracker Box (O,WC &, 60)** Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA  
**7:00PM In The Heart Of (O, 90)** Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA  
**7:00PM Miracles on Broad Street (O,WC &,HY, 60)** Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA  
**7:30PM Bring Your Stepwork (C,STEP, 60)** Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA Small room not suitable for treatment center groups.  
**8:00PM Step Over the Hump (O,STEP,TRAD,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA

**Rock Creek Area**

- NOON Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
**6:30PM Southwest Serenity (C,CH,STEP, 60)** James Creek House, Enter through the yellow rear door on alley side of the building., 100 N St. SW, Washington, DC  
**7:30PM Living Proof (O, 60)** 4201 Albemarle St. NW, Washington, DC  
**8:05PM Beachcombers, Too (C,BT,DISC,VM, 60)** Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC

**South Potomac Area**

- 7:30PM Monday Night Step (O,VM, 90)** Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  
**10:00AM Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC  
**NOON Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC  
**2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
**5:00PM Rush Hour (C,DISC,Pi,VM,LIT, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC  
**8:00PM Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC  
**8:00PM Monday Miracles Virtual (BEG,STEP,VM, 90)** Zoom ID: 717 680 837; Passcode: 428066, Washington, DC

**Tri-County Area**

- NOON NA in the Day (O,WC &,LC, 60)** 85 Smallwood Village Center, Waldorf, MD  
**7:00PM Cover To Cover (O,WC &, 75)** 21549 Point Lookout Rd, Leonardtown, MD  
**7:00PM Time To Change (O, 60)** Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD First Mon Literature, Last Monday JFT

**TUESDAY**

**Battlefield Area**

- NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
**8:00PM Just For Today (O,CW,STEP,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
**7:00PM Firm Believers (O,WC &, 90)** Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD  
**7:00PM Just Relationships (O,WC &, 75)** Laurel Municipal Pool, 901 Main St, Laurel, MD  
**7:00PM Women Living Clean (C,DISC,SPK,W,VM,LIT, 90)** Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD  
**7:30PM AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60)** Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD  
**7:30PM Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60)** Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD

**District of Columbia Area**

- NOON New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC  
**5:00PM The One Promise Group (O,DISC,WC &, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC  
**6:30PM Freedom To Change (O, 60)** St Martin's Church, 1908 N Capitol St. NW, Washington, DC

**THURSDAY (CONT)**

**Tri-County Area**

- NOON 12 at 12 (O, 60)** Great Escape Recovery Lounge, 85 High St., Waldorf, MD  
**7:00PM Hope Fiends (O, 60)** New Life Church, 3170 German Chapel Rd, Prince Frederick, MD  
**7:00PM Indian Heads (BT,WC &,LIT, 60)** St James Episcopal Church, 7 E Potomac Ave, Indian Head, MD  
**7:00PM More Alike Than Different (O,WC &, 60)** Great Escape Recovery Lounge, 85 High St, Waldorf, MD  
**7:00PM Outsiders (O,WC &, 60)** Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD  
**7:30PM Chaptico Under The Stars (O, 60)** Christ Episcopal Church, 37497 Zach Fowler Road, Chaptico, MD

**FRIDAY**

**Battlefield Area**

- NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
**6:30PM Gimmee Shelter (O,DISC,IW,JFT, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA  
**8:30PM Keep It Simple (O,BT,DISC,SPK, 60)** Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
**7:00PM Friday Nite Live (C,WC &, 75)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD  
**7:00PM Miracles on Main Street (O,WC &, 60)** St. Philip's Episcopal Church, 522 Main St., Laurel, MD  
**7:30PM Walk The Walk (O,WC &, 60)** Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD  
**8:00PM New Start (O,VM, 60)** Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD  
**8:30PM Drawn Together (STEP,ME, 75)** Savage UMC, 9050 Baltimore Street, Savage, MD Art and Meditation Meeting  
**9:00PM Keep It Real (O, 75)** Serenity Center, 9650 Basket Ring Rd, Columbia, MD

**District of Columbia Area**

- NOON New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC  
**5:00PM The What Can I Do Group (O,WC &,LIT, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC  
**7:00PM Jump Start to Recovery (O,STEP,TRAD,WC &,LIT, 90)** Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC  
**7:00PM Lighthouse (O,STEP,TRAD,WC &, 75)** Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC  
**7:00PM O Street Steps 123 (O, 60)** SOME, Dining Hall, 71 O St. NW, Washington, DC  
**7:00PM One Step at a Time (O,STEP,TRAD,VM, 90)** Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC  
**7:00PM Regardless Of Sexual Identity (C,VM, 90)** Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC  
**7:00PM Yellow Brick Road (O,VM, 60)** Zoom ID: 821 9026 0549; No Passcode, Washington, DC  
**8:00PM Help Somebody (O,BEG,VM, 90)** Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC

**Dulles Corridor Area**

- NOON Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
**7:00PM Out Of The Grip (DISC,JFT,WC &,LIT, 60)** Bethany United Methodist Church, Main church building, lower level. If unavailable, we meet across the street at a restaurant., 100 Main St., Purcellville, VA  
**7:30PM Just For Today (O,CAN,WC &,SPAD, 60)** Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA  
**8:00PM I'm Somebody (O,VM, 60)** Zoom ID: 449 215 767; Passcode: 703, Herndon, VA

**East of the River Area**

- 1:30PM Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
**7:00PM Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC

**Frederick Area**

- NOON Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD Limited capacity  
**7:30PM We Do Recover (O,TOP, 60)** Frederick Church of Christ, 1305 N Market St, Frederick, MD The last Friday of the month is a speaker meeting.

**Montgomery Area**

- 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD  
**NOON Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD  
**NOON NA at Noon (O,JFT,VM, 60)** Zoom ID: 889 4686 0935; No Passcode, - Virtual only on Friday, Silver Spring, MD Hybrid M-Th; Virtual only on Friday  
**7:00PM Older Toddlers (O,WC &,HY, 60)** Zoom ID: 903443801; Passcode: Recovery12, Christ Episcopal Church, - Parking lot is off Everett St, room in Basement, 4001 Franklin St., Kensington, MD  
**7:30PM Upcounty NA (O, 90)** Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD  
**8:00PM Live and Let Live (O,LIT, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD  
**8:30PM Get Down (O,VM, 60)** Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD

**Norvana Area**

- 7:00PM NA for Life (O,WC &, 90)** Langston Brown Center, 2121 N Culpeper St., Arlington, VA

**THURSDAY (CONT)**

**East of the River Area**

- 1:30PM Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
**6:30PM Under New Management (C,STEP,TRAD,VM,LIT, 60)** Zoom ID: 997 824 3262; No Passcode, Washington, DC

**Frederick Area**

- NOON Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD Limited capacity  
**7:00PM Inner City (O,STEP,WC &, 60)** Community Action Agency, 100 S. Market St, Frederick, MD  
**7:00PM Sisters in Serenity (W,HY, 60)** Zoom ID: 81395991987 no PW, Staley Park, 11 West 10th St., Frederick, MD  
**7:30PM Thursday Night Candlelight (O, 60)** St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD

**Montgomery Area**

- 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD  
**NOON Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD  
**NOON NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD  
**7:15PM Solo Por Hoy (O,ES,LIT,HY, 60)** Zoom ID: 232 505 167; Passcode: 7611, Del Ray Club, - Bill W. Room, 7611 Clarendon Rd., Bethesda, MD  
**7:30PM Off the Beaten Path (O, 60)** St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD  
**7:30PM Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90)** Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD  
**7:30PM She Do Recover (O,DISC,W,VM, 60)** Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD  
**8:00PM Crossroads (O,VM, 60)** Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD  
**8:00PM Making A Difference (O,WC &, 60)** Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD  
**8:30PM Stepping Free (O,STEP, 60)** Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD

**Norvana Area**

- 6:30PM Spiritual Pause (C,SPAD, 60)** Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA  
**6:30PM Women In Unity (W,WC &, 75)** Mark Center, Rm 1305 - Free parking in lower garage; take elevator to 1st Flr, 4850 Mark Center Dr, Alexandria, VA  
**7:30PM Old Time Recovery (C,WC &, 60)** Langston-Brown Community Center, Does not meet on Thanksgiving. Follows Arlington County closures., 2121 N. Culpeper St, Arlington, VA  
**8:00PM So Happy It's Thursday (O, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**Rock Creek Area**

- NOON Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
**5:30PM Whole Lava Love (O,VM, 60)** Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC  
**6:00PM Open Doors (O,STEP, 60)** St. Martin's Church, 1908 North Capitol St. NW, Washington, DC  
**6:30PM Coming Out from the Bottom (O,DISC,SPK,STEP,VM, 75)** Zoom ID: 889 6372 8561; Passcode: 3636ga, Washington, DC  
**6:30PM Loving Life Living Our Literature (O,STEP,TRAD,LIT,HY, 75)** Zoom ID: 846 2384 1455; Passcode: 121212, The Festival Center, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC Parking behind building at 2612 Mozart Pl (disregard no parking/towing signs)  
**7:00PM Meeting on the Avenue (O, 60)** Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC  
**8:30PM Men's Rap (C,M, 60)** West Side Club, 1341 Wisconsin Ave. NW, Washington, DC

**South Potomac Area**

- 7:00PM Restored To Sanity (O, 90)** Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD  
**7:00PM Steps to Life (O, 90)** Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  
**10:00AM Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC  
**NOON Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC  
**2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
**5:00PM Rush Hour (C,VM,LC, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC  
**8:00PM Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**TUESDAY (CONT)**

- 6:30PM Steps to the Courthouse (C,STEP,VM, 90)** Zoom ID: 994 490 7494; No Passcode, Washington, DC  
**7:00PM The Last Shall Be First (C,STEP,TRAD, 90)** The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC

**Dulles Corridor Area**

- NOON Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
**8:00PM New Attitudes (O,WC &, 60)** Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA

**East of the River Area**

- 1:30PM Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC

**Frederick Area**

- NOON Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD  
**5:30PM Rush Hour Recovery (O,DISC,WC &,LIT, 60)** Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD  
**7:00PM Vision of Hope (O,VAR, 60)** All Saints Episcopal Church, 106 W Church St, Frederick, MD Limited capacity

**Montgomery Area**

- 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD  
**NOON Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD  
**NOON NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD  
**5:00PM New Way of NA (O, 60)** Rockville Metro Club, Effective 11/26/24, meeting will move to 13160 Parkland Drive, Rockville, MD, 12319 Washington Ave., Rockville, MD  
**6:30PM Life On Life's Terms (O,DISC,WC &,LIT,HY, 60)** Zoom ID: 885 1687 6965; Passcode: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD  
**7:00PM Women Do Recover (O,BT,DISC,SPK,STEP,W,WC &, 60)** Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD  
**7:30PM All About Change (O,WC &, 60)** Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD  
**8:00PM Carrying the Message (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD

**Norvana Area**

- NOON High Noon II (O,WC &,SPAD, 60)** Ferlazzo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA  
**6:30PM NA Farsi (O,PER,HY, 60)** Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Road, McLean, VA  
**6:30PM The Basics Group (O,BT, 60)** Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA  
**7:00PM Choose Life (O, 60)** Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA  
**7:00PM NA in LA (O,WC &,HY, 90)** Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA  
**8:00PM Comfort Zone (O,WC &,VM, 60)** Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA  
**8:00PM Just for Tonight (O,JFT, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**Rock Creek Area**

- NOON Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
**5:30PM Write to Recover (DISC,STEP,VM,WR, 60)** Zoom Meeting ID: 727 524 5654; Passcode: 249292. Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC  
**7:00PM Stepping Out of Trouble into Study (SWG,VM, 90)** Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC  
**7:30PM Glad to be Alive Steps (O,WC &,HY, 60)** Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD  
**7:30PM Pure Uncut Literature Study Group of NA (WC &,LIT, 60)** Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC  
**8:30PM Dupont Circle NA (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
**8:30PM Fire Barrel (O,DISC,HY, 60)** Zoom ID: 847 1689 8440; Passcode: step11, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC

**South Potomac Area**

- 7:15PM Keep Coming Back (O,SPAD, 90)** Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC  
**10:00AM Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC

**TUESDAY (CONT)**

- NOON Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM Rush Hour (C,DISC,SPK,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 8:00PM Living Life on Life's Terms (C,VM, 60)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**Tri-County Area**

- 3:00PM Hope in the Woods (O,WC &, 60)** Nanjemoy Community Center, 4375 Port Tobacco Road, Nanjemoy, MD
- 7:00PM Living Clean (O,WC &, 60)** St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD
- 7:30PM Lusby Recovery (O, 60)** South Community Center, 20 Appeal Lane, Lusby, MD
- 7:30PM Off Campus Recovery (O,WC &, 60)** First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD

**WEDNESDAY****Battlefield Area**

- NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 8:30PM Welcome Home (O,DISC,VAR,LIT, 60)** Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 7:00PM Back to the Basics (O,WC &, 60)** Savage UMC, 9050 Baltimore St, Savage, MD
- 7:00PM New Wave (O,STEP,TRAD,WC &, 90)** Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD
- 7:00PM STAR (O, 75)** First UMC (5th St), 424 Main St, Laurel, MD

**District of Columbia Area**

- NOON New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- 7:00PM Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60)** Zoom ID: 516 993 416; No Passcode, Washington, DC
- 9:00PM Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC

**Dulles Corridor Area**

- 7:00AM The Early Cup of Recovery (DISC,VM, 60)** ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA
- NOON Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 5:30PM No Matter What (VM,LC, 60)** Zoom ID: 795 467 25226; Passcode: jmDcW0, Sterling, VA
- 7:00PM Women's Rap (O,W,VM, 60)** Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA
- 8:00PM We Made It! (O,DISC,WC &, 60)** St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA

**East of the River Area**

- 1:30PM Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 6:00PM The How Group (O,BEG,IP,IW,M,STEP, 90)** Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC
- 7:00PM Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC

**Frederick Area**

- NOON Noon Group (O, 60)** Grace United Church, 25 E 2nd St., Frederick, MD Limited capacity
- 7:00PM Exact Nature Men's Rap (DISC,M, 60)** Frederick Club, 205B Bucheimer Rd, Frederick, MD
- 7:00PM Principles Before Personalities (O,WC &, 60)** Community Action Agency 100 S. Market St, Frederick, MD

**Montgomery Area**

- 7:30AM Freedom in the Village (O,DISC,VM,LIT, 60)** Zoom ID: 823 5857 7621; Passcode: 685408, Montgomery Village, MD
- NOON Freedom in the Village (O,WC &,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- NOON NA at Noon (O,JFT,WC &,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
- 7:00PM Fresh Air (O,BT,STEP,TRAD,WC &, 60)** Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD
- 7:30PM Gentleman's Club (C,JFT,M, 60)** Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD
- 7:30PM Never Alone (O,CAN,WC &,LIT, 75)** Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- 7:30PM People's Recovery (O,WC &,HY, 60)** Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD
- 7:30PM Wednesday's Willingness (O,HY, 90)** Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD
- 8:00PM Another Way (O, 60)** Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD

**WEDNESDAY (CONT)****Norvana Area**

- 6:30PM Clean in Clarendon (O,DISC,SPK, 60)** Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA
- 6:30PM Women Do Recover (W,LIT,HY, 60)** Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA
- 7:00PM NA at Walter Reed (O,DISC, 90)** Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA Meets inside, in the rec center
- 7:00PM Plan B (O, 75)** Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA
- 7:30PM Came to Believe (O, 60)** Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA
- 8:00PM Over The Hump (O,JFT,SPK,WC &,NP, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA

**Rock Creek Area**

- NOON Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 7:00PM SW Freeway (C,WC &, 60)** Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC
- 8:00PM Step Up (O,DISC,ME,VM,LIT, 60)** Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC
- 8:30PM Conscious Contact Beginners (O,WC &, 60)** Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC

**South Potomac Area**

- 7:00PM Bright Hope Group (O,STEP,TRAD,LIT,LC, 75)** Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, PO Box 90709, Washington, DC
- 10:00AM Just For Today (C,O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, PO Box 90709, Washington, DC

- NOON Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 8:00PM Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:00PM Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60)** Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC

**Tri-County Area**

- 7:00PM Positive Alternative (O,WC &, 60)** Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD
- 7:00PM Tower of Power (O,WC &, 60)** Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD Maximum 18 people
- 7:30PM Life Support (O,WC &, 60)** Trinity Lutheran Church, 46707 Shangri La Drive, Lexington Park, MD

**THURSDAY****Battlefield Area**

- NOON Recoviderly (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 7:00PM New Found Hope (O,BEG,BT,DISC,SPK,VM, 60)** Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA

**Central Maryland Area**

- 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 6:45PM Spiritual Awakenings (O,WC &, 75)** First Methodist Church of Laurel, 424 Main St, Laurel, MD
- 7:00PM Gateway to Recovery (O,STEP,TRAD,VM, 90)** Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD
- 7:00PM Just For Today (O,WC &,VM, 60)** Zoom ID: 702 155 242; No Passcode, Greenbelt, MD
- 7:30PM More Will Be Revealed (O, 75)** Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD Masks Required.

**District of Columbia Area**

- NOON New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- 6:30PM Steps on the Hill (O,BEG,STEP,VM,LIT, 75)** Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC
- 7:00PM Daily Principles (O,VM, 60)** Zoom ID: 841 4747 4473; Passcode: 347743, Washington, DC
- 7:00PM Stone Soul Recovery (O, 90)** Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC

**Dulles Corridor Area**

- NOON Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 7:00PM Keyhole To Recovery (O,STEP,LIT, 75)** Galilee Church, 45425 Winding Rd, Sterling, VA
- 7:30PM Out of the Dark (O,DISC, 60)** A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA