

**SUNDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O,DISC,JFT,ME)
<b>5:30PM</b>	Progressive Recovery, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (O,DISC,LIT)
<b>7:00PM</b>	Clean On The Hill, Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, 20003 (C)
<b>7:00PM</b>	Clean On The Screen, Washington, DC, 20008 (VM)

**MONDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>6:30PM</b>	Southwest Serenity, James Creek House - We are meeting on holidays., Until May 1, we will be meeting at 1329 1st Street SW. The building is 2 buildings south of our normal building, with the entrance roff Canal St. SW., 100 N St. SW, Washington, DC, 20024 (C,CH,STEP)
<b>7:30PM</b>	Living Proof, 4201 Albemarle St. NW, Washington, DC, 20016 (O)
<b>8:05PM</b>	Beachcombers, Too, Washington, DC, 20008 (C,BT,DISC,VM)

**TUESDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>5:30PM</b>	Write to Recover, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC, 20016 (DISC,STEP,VM,WR)
<b>7:00PM</b>	Stepping Out of Trouble into Study, Washington, DC, 20011 (SWG,VM)
<b>7:30PM</b>	Glad to be Alive Steps, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, 20815 (O,WC &,HY)
<b>7:30PM</b>	Pure Uncut Literature Study Group of NA, Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC, 20015 (WC &,LIT)
<b>8:30PM</b>	Dupont Circle NA, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>8:30PM</b>	Fire Barrel, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC, 20015 (O,DISC,HY)

**WEDNESDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>7:00PM</b>	SW Freeway, Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, 20024 (C,WC &)
<b>8:00PM</b>	Step Up, Washington, DC, 20008 (C,DISC,ME,VM,LIT)
<b>8:30PM</b>	Conscious Contact Beginners, Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O,WC &)

**THURSDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>5:30PM</b>	Whole Lava Love, Washington, DC, 20010 (O,VM)
<b>6:00PM</b>	Open Doors, St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, 20002 (O,STEP)
<b>6:30PM</b>	Living Our Literature, Festival Center + Virtual, Parking behind the building 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd NW, Washington, DC, 20009 (O,DISC,SPK,STEP,HY) <i>Pilot of meeting merger January to March 2025</i>
<b>6:30PM</b>	Loving Life Living Our Literature + Coming Out from the Bottom (Hybrid Merger), The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, 20009 (O,STEP,TRAD,LIT,HY) <i>Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025</i>
<b>7:00PM</b>	Meeting on the Avenue, Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O)
<b>8:30PM</b>	Men's Rap, West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, 20007 (C,M)

**FRIDAY**

<b>NOON</b>	Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
<b>7:00PM</b>	Solo Por Hoy, Festival Center, 1640 Columbia Rd NW, Washinton, DC, 20009 (O,ES,LIT,HY)

**FRIDAY (CONT)**

<b>7:30PM</b>	Clean Works, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, 20036 (O,DISC,LIT,HY)
<b>9:00PM</b>	Recovery Alley, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, 20010 (C,HY)
<b>10:00PM</b>	Late Nite Friday Nite, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (O,DISC,JFT,WC &)

**SATURDAY**

<b>7:00AM</b>	Saturday Morning Relief, Washington, DC, 20001 (O,VM)
<b>7:30PM</b>	Hope Fiends, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (O,CAN,HY)
<b>8:05PM</b>	Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (C,BT,DISC,WC &)

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
CAN	Candlelight	CH	Closed Holidays
DISC	Discussion	ES	Espanol
HY	Hybrid Physical/Virtual	JFT	Just for Today Study
LIT	Literature Study	M	Men
ME	Meditation	O	Open
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TRAD	Tradition
VM	Virtual Web Meeting	WC &	Wheelchair
WR	Writing Meeting		

**HELPLINES**

C&amp;P Region 800-543-4670

**SERVICE MEETINGS**



**ROCK CREEK AREA**

**MEETING LIST**

**[DATE]**

**24 HOUR PHONELINE**

**1-800-543-4670**

<https://www.cprna.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE** no matter what
- Ask your Higher Power** to keep you clean
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**
- KEEP COMING BACK. IT WORKS**

Meetings Weekly: 34

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**