

# CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington  
DC, Maryland, and Northern Virginia

24/7 Phonenumber: 1-800-543-4670

<http://www.cprna.org>

[info@cprna.org](mailto:info@cprna.org)



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Meetings page!

## MEETING LIST BY AREA MARCH 2025

Meeting Format Legend			
BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	NP	No Pets
O	Open	OE	Open-Ended
PER	Persian / Farsi	PH	Phone Meeting
Pi	Pitch	SPAD	Spiritual Principle A Day Book Study
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting	Y	Young People

Weekly Meetings: **414**

### OUR MEETINGS

The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, & Virginia. Some meetings are in person, and some are held virtually. Our 12 Areas and the cities our meetings are in as follows:

**Battlefield Area:** Gainesville, Manassas, & Warrenton, VA

**Central Maryland Area:** Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD

**District of Columbia Area:** Washington, DC

**Dulles Corridor Area:** Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA

**East of the River Area:** NE/SE Washington, DC

**Frederick Area:** Frederick & Jefferson, MD

**Montgomery Area:** Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring, MD

**Norvana Area:** Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA

**Rock Creek Area:** Chevy Chase, MD & NW/SW Washington, DC

**South Potomac Area:** Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD

**The Virtual Ties That Bind Us Together Area:** All Virtual Meetings

**Tri-County Area:** California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret, Prince Frederick, Sunderland, & Waldorf, MD

### SUNDAY

#### Battlefield Area

NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

6:00PM **Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT 60)**, ID: 822 228 0011; Passcode: 121212, Manassas, VA

7:00PM **Sunday Funday (O,DISC,SPK,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

#### Central Maryland Area

10:00AM **Breakfast Club (O,VAR,WC & 60)**, 4912 Nantucket Rd., College Park, MD

10:00AM **Easy Like Sunday Morning 2 [Phoneline] (O,DISC,PH,VM 90)**, Phone#: 605-313-4221; Phone Password: 3074093, District Heights, MD, This meeting is a phone line meeting only.

10:00AM **Easy Like Sunday Morning [In-Person] (O,DISC 90)**, Municipal Center, 2000 Marbury Dr., District Heights, MD

10:00AM **Virtual Breakfast Club (SPK,VM,LIT 60)**, Zoom ID: 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD

11:00AM **Starting Over (O,VAR,WC & 60)**, Serenity Center, 8650 Basket Ring Rd., Columbia, MD

4:30PM **The Living Clean Group (O,WC &,VM,LIT 90)**, Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD

7:00PM **Small Wonders (DISC,JFT,STEP,TRAD,WC & 60)**, University Christian Church, 6800 Adelphi Rd, Hyattsville, MD

7:30PM **Savage Survivors (O,WC & 60)**, Savage UMC, 9050 Baltimore St, Savage, MD

## SUNDAY (CONT)

### District of Columbia Area

- 7:00AM **Open Door To Freedom (O,BEG,STEP 90)**, Church of the Epiphany, 1317 G St NW, Washington, DC  
9:00AM **Sunday Morning Spiritual (O,DISC,TRAD,VM 60)**, Zoom ID: 812-2295-5124; Passcode: 774257, Washington, DC  
10:30AM **10:30 Coffee Hour (O,DISC,WC & 90)**, 5656A 3rd St. NE, Washington, DC  
11:00AM **Sunday Morning Steps & Traditions (O,VM 60)**, Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC  
7:00PM **Sunday Night Spiritual Group (O 90)**, St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC

### Dulles Corridor Area

- 10:30AM **To Tell The Truth (O,WC & 60)**, Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA  
NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
7:00PM **The Journey Continues (O,LIT 60)**, St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA

### Frederick Area

- 11:30AM **Sunday Morning NA (O,JFT 60)**, The Club, 205B Bucheimer Rd., Frederick, MD  
6:30PM **Just For Today (C,SPK,STEP,TRAD 75)**, Trinity United Methodist Church, 703 W Patrick St., Frederick, MD

### Montgomery Area

- 8:00AM **Squeaky Clean (O,DISC,HY 60)**, Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD  
NOON **Progress in NA (O,STEP,TRAD,VM 90)**, Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD  
5:00PM **NA in the Galaxy (O,DISC,WC & 75)**, The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD  
6:00PM **Let it Shine (Women's Meeting) (C,W,LIT 60)**, Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary, 19951 Father Hurley Blvd., Germantown, MD  
6:00PM **Talking Heads (O,DISC,WC & 60)**, Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD  
6:00PM **Topic of Cancer (O,VAR,VM 60)**, Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD  
7:30PM **The Alternative (O,CAN,DISC,SPK,HY 60)**, Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD  
7:30PM **Today's Recovery (O,DISC,WC & 60)**, Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD

### Norvana Area

- 10:00AM **NA in Delray (O,WC & ,HY 90)**, Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA  
NOON **Just For Today (O 60)**, Unity Club, 116 W Broad St., Falls Church, VA  
7:00PM **Another Look (O,WC & 60)**, Franconia UMC, 6037 Franconia Rd., Alexandria, VA  
7:00PM **Living In The Solution (O,VAR,SPK,STEP,WC & ,HY 75)**, Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA

### Rock Creek Area

- NOON **Midday Meditations and Miracles (O,DISC,JFT,ME 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
5:30PM **Progressive Recovery (O,DISC,LIT 60)**, Triangle Club, 1638 R St. NW #120, Washington, DC  
7:00PM **Clean On The Hill (C 60)**, Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC  
7:00PM **Clean On The Screen (VM 60)**, Zoom ID: 724 9574 1690; No Passcode, Washington, DC

### South Potomac Area

- 7:00PM **Closed Sunday (C,WC & 90)**, Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD

### The Virtual Ties That Bind Us Together Area

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC  
2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
2:00PM **Where Healing Takes Place (C,DISC,SPK,VM 90)**, Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC  
8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

### Tri-County Area

- 7:30PM **Another Chance (O,WC & 60)**, St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD  
7:30PM **Basket Case (O 60)**, Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD  
7:30PM **Stepping Into Traditions & Concepts (O 75)**, St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD

## MONDAY

### Battlefield Area

- NOON **High Noon (O,BEG,DISC,WC & 60)**, Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA  
NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
8:00PM **Learning How To Live (O,BEG,DISC,VAR,LIT 60)**, Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA  
8:30PM **Getting Centered (O,DISC,VM,LIT 60)**, Zoom ID: 837 7972 7742; No Passcode, Manassas, VA

### Central Maryland Area

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
7:00PM **Hope Fiends (O,BEG,WC & ,VM 75)**, Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD  
7:00PM **It Works: How and Why (C,WC & 90)**, Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD  
7:30PM **Laurel Basics 1-2-3 (O 60)**, Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD

### District of Columbia Area

- 8:30AM **Let Go and Let God I (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
NOON **New Hope (O,DISC 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC  
1:30PM **Let Go and Let God II (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
6:30PM **Redlight Recovery (O 90)**, Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC

### Dulles Corridor Area

- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
6:30PM **Exact Nature Men's Meeting (O,M,WC & 75)**, Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA  
7:00PM **Serenity Seekers (WC & 60)**, Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA  
8:00PM **Free To Live (O,WC & 60)**, St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA

### East of the River Area

- 10:00AM **Fresh Start (O,DISC 90)**, St. Lukes Church, 4925 E Capitol St. NE, Washington, DC  
6:00PM **1-12 Step (O,STEP 90)**, Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC  
7:00PM **Aging In Recovery (O,DISC,VM 90)**, Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC  
7:00PM **Monday Night Step Meeting (LIT 90)**, St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC

**MONDAY (CONT)****Frederick Area**

- NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity  
 7:00PM **Monday Night Miracles by Candlelight (O,WC &,LIT 60)**, Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD  
 8:00PM **Back To Basics (O,IW,WC & 60)**, Community Action Agency, 100 S. Market St, Frederick, MD, formerly called Late But Straight

**Montgomery Area**

- 7:30AM **Freedom in the Village (O,DISC,JFT,VM 60)**, Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD  
 NOON **Freedom in the Village (O,WC &,HY 60)**, Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD  
 NOON **NA at Noon (O,JFT,WC &,HY 60)**, Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD  
 6:00PM **Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY 60)**, Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD  
 6:00PM **Steps at Glenmont (O,DISC,IP,STEP,TRAD 60)**, Glenmont UMC., Parking in the back, door on the left. Go upstairs to Fellowship Hall., 12901 Georgia Ave., Silver Spring, MD  
 7:00PM **Illness in Recovery (O,Y 60)**, Millian Memorial UMC, Closed when MoCo Schools are closed (for inclement weather), 13016 Parkland Dr., Rockville, MD  
 7:00PM **Monday Miracles (BEG,STEP 75)**, Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD  
 7:15PM **Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM 60)**, Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD  
 8:00PM **Oasis (O,BEG,BT,STEP,LIT 60)**, Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD  
 8:00PM **Stayin' Alive (O,STEP,VM 60)**, Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD

**Norvana Area**

- 7:00PM **Covid Soldiers (O 90)**, Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA  
 7:00PM **Cracker Box (O,WC & 60)**, Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA  
 7:00PM **In The Heart Of (O 90)**, Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA  
 7:00PM **Miracles on Broad Street (O,WC &,HY 60)**, Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA  
 7:30PM **Bring Your Stepwork (C,STEP 60)**, Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA, Small room not suitable for treatment center groups.  
 8:00PM **Step Over the Hump (O,STEP,TRAD,WC &,NP 75)**, Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA

**Rock Creek Area**

- NOON **Midday Meditations and Miracles (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC  
 6:30PM **Southwest Serenity (C,CH,STEP 60)**, James Creek House - We are meeting on holidays., Until May 1, we will be meeting at 1329 1st Street SW. The building is 2 buildings south of our normal building, with the entrance roff Canal St. SW., 100 N St. SW, Washington, DC  
 7:30PM **Living Proof (O 60)**, 4201 Albemarle St. NW, Washington, DC  
 8:05PM **Beachcombers, Too (C,BT,DISC,VM 60)**, Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC

**South Potomac Area**

- 7:30PM **Monday Night Step (O,VM 90)**, Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC  
 10:00AM **Just For Today (C,O,JFT,VM 90)**, Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC  
 NOON **Noon Time is the Right Time (C,DISC,VM 90)**, Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC  
 2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
 5:00PM **Rush Hour (C,DISC,PI,VM,LIT 90)**, Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC  
 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC  
 8:00PM **Monday Miracles Virtual (BEG,STEP,VM 90)**, Zoom ID: 717 680 837; Passcode: 428066, Washington, DC

**Tri-County Area**

- NOON **NA In the Day (O,WC &,LC 60)**, The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD  
 7:00PM **Cover To Cover (O,WC & 75)**, Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD  
 7:00PM **Time To Change (O 60)**, Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD, First Mon Literature, Last Monday JFT

**TUESDAY****Battlefield Area**

- NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA  
 7:30PM **NA Basic Text Meeting (O,BT,DISC 60)**, Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia  
 8:00PM **Just For Today (O,CW,STEP,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA

**Central Maryland Area**

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD  
 7:00PM **Firm Believers (O,WC & 90)**, Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD  
 7:00PM **Just Relationships (O,WC & 75)**, Laurel Municipal Pool, 901 Main St, Laurel, MD  
 7:00PM **Women Living Clean (C,DISC,SPK,W,VM,LIT 90)**, Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD  
 7:30PM **AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC & 60)**, Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD  
 7:30PM **Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP 60)**, Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD

**District of Columbia Area**

- 8:30AM **Let Go and Let God I (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
 NOON **New Hope (O,DISC 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC  
 1:30PM **Let Go and Let God II (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC  
 5:00PM **The One Promise Group (O,DISC,WC & 90)**, CCONV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC  
 6:30PM **Freedom To Change (O 60)**, St Martin's Church, 1908 N Capitol St. NW, Washington, DC  
 6:30PM **Steps to the Courthouse (C,STEP,VM 90)**, Zoom ID: 994 490 7494; No Passcode, Washington, DC  
 7:00PM **The Last Shall Be First (C,STEP,TRAD 90)**, The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC

**Dulles Corridor Area**

- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA  
 8:00PM **New Attitudes (O,WC & 60)**, Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA

**Frederick Area**

- NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD  
 5:30PM **Rush Hour Recovery (O,DISC,WC &,LIT 60)**, Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD  
 7:00PM **Vision of Hope (O,VAR 60)**, All Saints Episcopal Church, 106 W Church St, Frederick, MD, Limited capacity

**TUESDAY (CONT)****Montgomery Area**

- 7:30AM **Freedom in the Village (O,DISC,JFT,VM 60)**, Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD
- NOON **Freedom in the Village (O,WC &,HY 60)**, Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- NOON **NA at Noon (O,JFT,WC &,HY 60)**, Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
- 5:00PM **New Way of NA (O,SWG,TRAD 60)**, Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD
- 6:30PM **Life On Life's Terms (O,DISC,WC &,LIT,HY 60)**, Zoom ID: 885 1687 6965; Passcode: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD
- 7:00PM **Women Do Recover (O,BT,DISC,SPK,STEP,W,WC & 60)**, Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD
- 7:30PM **All About Change (O,WC & 60)**, Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD
- 8:00PM **Carrying the Message (O,VM 60)**, Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD

**Norvana Area**

- NOON **High Noon II (O,WC &,SPAD 60)**, Ferlazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA
- 6:30PM **NA Farsi (O,PER,HY 60)**, Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA
- 6:30PM **The Basics Group (O,BT 60)**, Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA
- 7:00PM **Choose Life (O 60)**, Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA
- 7:00PM **NA in LA (O,WC &,HY 90)**, Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA
- 8:00PM **Comfort Zone (O,WC &,VM 60)**, Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA
- 8:00PM **Just for Tonight (O,JFT 60)**, Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**Rock Creek Area**

- NOON **Midday Meditations and Miracles (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 5:30PM **Write to Recover (DISC,STEP,VM,WR 60)**, Zoom Meeting ID: 727 524 5654; Passcode: 249292, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC
- 7:00PM **Stepping Out of Trouble into Study (SWG,VM 90)**, Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC
- 7:30PM **Glad to be Alive Steps (O,WC &,HY 60)**, Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD
- 7:30PM **Pure Uncut Literature Study Group of NA (WC &,LIT 60)**, Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC
- 8:30PM **Dupont Circle NA (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 8:30PM **Fire Barrel (O,DISC,HY 60)**, Zoom ID: 847 1689 8440; Passcode: step11, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC

**South Potomac Area**

- 7:15PM **Keep Coming Back (O,SPAD 90)**, Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM 90)**, Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM 90)**, Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,DISC,SPK,VM 90)**, Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,VM 60)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**Tri-County Area**

- 3:00PM **Hope in the Woods (O,WC & 60)**, Nanjemoy Community Center, 4375 Port Tobacco Rd., Nanjemoy, MD
- 7:00PM **Living Clean (O,WC & 60)**, St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD
- 7:30PM **Lusby Recovery (O 60)**, South Community Center, 20 Appeal Ln., Lusby, MD
- 7:30PM **Off Campus Recovery (O,WC & 60)**, First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD

**WEDNESDAY****Battlefield Area**

- NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 7:00PM **Young People's NA Meeting (O,DISC 60)**, Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia
- 8:30PM **Welcome Home (O,DISC,VAR,LIT 60)**, Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas, VA

**Central Maryland Area**

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 7:00PM **Back to the Basics (O,WC & 60)**, Savage UMC, 9050 Baltimore St, Savage, MD
- 7:00PM **New Wave (O,STEP,TRAD,WC & 90)**, Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD
- 7:00PM **STAR (O 75)**, First UMC (5th St), 424 Main St, Laurel, MD

**District of Columbia Area**

- 8:30AM **Let Go and Let God I (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- NOON **New Hope (O,DISC 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- 1:30PM **Let Go and Let God II (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 7:00PM **Ultimate Weapons (C,STEP,TW,CPT,VM,LIT 60)**, Zoom ID: 516 993 416; No Passcode, Washington, DC
- 9:00PM **Miracle of Women (O,W,VM 60)**, Zoom ID: 917 1964 217; Passcode 1908, Washington, DC

**Dulles Corridor Area**

- 7:00AM **The Early Cup of Recovery (DISC,VM 60)**, ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA
- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 5:30PM **No Matter What (VM,LC 60)**, Zoom ID: 795 467 25226; Passcode: jmDcW0 (last digit is zero), Sterling, VA
- 7:00PM **Women's Rap (O,W,VM 60)**, Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA
- 8:00PM **We Made It! (O,DISC,WC & 60)**, St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA

**East of the River Area**

- 6:00PM **The How Group (O,BEG,IP,IW,M,STEP 90)**, Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC
- 7:00PM **Aging In Recovery (O,DISC,VM 90)**, Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC

**Frederick Area**

- NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
- 7:00PM **Exact Nature Men's Rap (DISC,M 60)**, Frederick Club, 205B Bucheimer Rd, Frederick, MD
- 7:00PM **Principles Before Personalities (O,WC & 60)**, Community Action Agency 100 S. Market St, Frederick, MD

**WEDNESDAY (CONT)****Montgomery Area**

- 7:30AM **Freedom in the Village (O,DISC,VM,LIT 60)**, Zoom ID: 823 5857 7621; Passcode: 685408, Montgomery Village, MD
- NOON **Freedom in the Village (O,WC &,HY 60)**, Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- NOON **NA at Noon (O,JFT,WC &,HY 60)**, Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
- 7:00PM **Fresh Air (O,BT,STEP,TRAD,WC & 60)**, Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD
- 7:30PM **Gentleman's Club (C,JFT,M 60)**, Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD
- 7:30PM **Never Alone (O,CAN,WC &,LIT 75)**, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- 7:30PM **People's Recovery (O,WC &,HY 60)**, Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD
- 7:30PM **Wednesday's Willingness (O,HY 90)**, Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD
- 8:00PM **Another Way (O 60)**, Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD

**Norvana Area**

- 6:30PM **Clean in Clarendon (O,DISC,SPK 60)**, Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA
- 6:30PM **Foundation Steps to Freedom (STEP,WC & 90)**, Leonard Chick Armstrong Recreation Center, 25 W. Reed Avenue, Alexandria, VA
- 6:30PM **Women Do Recover (W,LIT,HY 60)**, Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA
- 7:00PM **NA at Walter Reed (O,DISC 90)**, Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, Meets inside, in the rec center
- 7:00PM **Plan B (O 75)**, Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA
- 7:30PM **Came to Believe (O 60)**, Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA
- 8:00PM **Over The Hump (O,JFT,SPK,WC &,NP 75)**, Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Rd., Woodbridge, VA

**Rock Creek Area**

- NOON **Midday Meditations and Miracles (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 7:00PM **SW Freeway (C,WC & 60)**, Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC
- 8:00PM **Step Up (C,DISC,ME,VM,LIT 60)**, Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC
- 8:30PM **Conscious Contact Beginners (O,WC & 60)**, Wesley UMC, Meeting is upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC

**South Potomac Area**

- 7:00PM **Bright Hope Group (O,STEP,TRAD,LIT,LC 75)**, Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM 90)**, Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM 90)**, Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,DISC,VM 90)**, Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC
- 8:00PM **Wednesday Night Men's Rap (Keeping it Real) (O,M,VM 60)**, Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC

**Tri-County Area**

- NOON **Midweek Miracles (O,JFT,WC &,SPAD 60)**, The Great Escape Recovery Lounge, Room: Village Lounge. Meeting will start 1/8/25, 85 High St., Ste. #1, Waldorf, MD
- 7:00PM **Positive Alternative (O,WC & 60)**, Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD
- 7:00PM **Tower of Power (O,WC & 60)**, Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD, Maximum 18 people
- 7:30PM **Life Support (O,WC & 60)**, Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD

**THURSDAY****Battlefield Area**

- NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 7:00PM **New Found Hope (O,BEG,BT,DISC,SPK,VM 60)**, Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA

**Central Maryland Area**

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 6:45PM **Spiritual Awakenings (O,WC & 75)**, First Methodist Church of Laurel, 424 Main St, Laurel, MD
- 7:00PM **Gateway to Recovery (O,STEP,TRAD,VM 90)**, Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD
- 7:30PM **More Will Be Revealed (O 75)**, Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD

**District of Columbia Area**

- 8:30AM **Let Go and Let God I (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- NOON **New Hope (O,DISC 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- 1:30PM **Let Go and Let God II (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 6:30PM **Steps on the Hill (O,BEG,STEP,VM,LIT 75)**, Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC
- 7:00PM **Stone Soul Recovery (O 90)**, Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC

**Dulles Corridor Area**

- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 7:00PM **Keyhole To Recovery (O,STEP,LIT 75)**, Galilee Church, 45425 Winding Rd, Sterling, VA
- 7:30PM **Out of the Dark (O,DISC 60)**, A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA

**East of the River Area**

- 6:30PM **Under New Management (C,STEP,TRAD,VM,LIT 60)**, Zoom ID: 997 824 3262; No Passcode, Washington, DC

**Frederick Area**

- NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
- 7:00PM **Inner City (O,STEP,WC & 60)**, Community Action Agency, 100 S. Market St, Frederick, MD
- 7:00PM **Sisters in Serenity (W,HY 60)**, Zoom ID: 81395991987 no PW, 705 W. Patrick Street, Frederick, MD
- 7:30PM **Thursday Night Candlelight (O 60)**, St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD

**Montgomery Area**

- 7:30AM **Freedom in the Village (O,DISC,JFT,VM 60)**, Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD
- NOON **Freedom in the Village (O,WC &,HY 60)**, Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- NOON **NA at Noon (O,JFT,WC &,HY 60)**, Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD
- 7:30PM **Off the Beaten Path (O 60)**, St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD

**THURSDAY (CONT)**

- 7:30PM **Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT 90)**, Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD
- 7:30PM **She Do Recover (O,DISC,W,VM 60)**, Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD
- 8:00PM **Crossroads (O,VM 60)**, Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD
- 8:00PM **Making A Difference (O,WC & 60)**, Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD
- 8:00PM **Stepping Free (O,STEP 60)**, Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD

**Norvana Area**

- 6:30PM **Spiritual Pause (C,SPAD 60)**, Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA
- 7:30PM **Old Time Recovery (C,WC & 60)**, Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA
- 8:00PM **So Happy It's Thursday (O 60)**, Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**Rock Creek Area**

- NOON **Middy Meditations and Miracles (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 5:30PM **Whole Lava Love (O,VM 60)**, Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC
- 6:00PM **Open Doors (O,STEP 60)**, St. Martin's Church, 1908 North Capitol St. NW, Washington, DC
- 6:30PM **Living Our Literature (O,DISC,SPK,STEP,HY 75)**, Zoom ID: 889 6372 8561; Passcode: 3636ga, Festival Center + Virtual, Parking behind the building 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd NW, Washington, DC, Pilot of meeting merger January to March 2025
- 6:30PM **Loving Life Living Our Literature + Coming Out from the Bottom (Hybrid Merger) (O,STEP,TRAD,LIT,HY 75)**, Zoom ID: 889 6372 8561; Passcode: 3636ga, The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025
- 7:00PM **Meeting on the Avenue (O 60)**, Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC
- 8:30PM **Men's Rap (C,M 60)**, West Side Club, 1341 Wisconsin Ave. NW, Washington, DC

**South Potomac Area**

- 7:00PM **Restored To Sanity (O,BEG,STEP 90)**, Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD
- 7:00PM **Steps to Life (O 90)**, Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD

**The Virtual Ties That Bind Us Together Area**

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM 90)**, Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM 90)**, Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,VM,LC 90)**, Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

**Tri-County Area**

- NOON **12 at 12 (O,WC & 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD
- 7:00PM **Hope Fiends (O 60)**, New Life Church, 3170 German Chapel Rd., Prince Frederick, MD
- 7:00PM **Indian Heads (BT,WC & ,LIT 60)**, St James Episcopal Church, 7 E Potomac Ave., Indian Head, MD
- 7:00PM **More Alike Than Different (O,WC & 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD
- 7:00PM **Outsiders (O,DISC,IW 75)**, Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD
- 7:30PM **Chaplico Under The Stars (O 60)**, Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD

**FRIDAY****Battlefield Area**

- NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 6:30PM **Gimme Shelter (O,DISC,IW,JFT 60)**, Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA
- 8:30PM **Keep It Simple (O,BT,DISC,SPK 60)**, Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA

**Central Maryland Area**

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- 7:00PM **Friday Nite Live (C,WC & 75)**, Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD
- 7:00PM **Miracles on Main Street (O,WC & 60)**, St. Philip's Episcopal Church, 522 Main St., Laurel, MD
- 7:30PM **Walk The Walk (O,WC & 60)**, Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD
- 8:00PM **New Start (O,VM 60)**, Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD
- 8:30PM **Drawn Together (STEP,ME 75)**, Savage UMC, 9050 Baltimore Street, Savage, MD, Art and Meditation Meeting
- 9:00PM **Keep It Real (O 75)**, Serenity Center, 9650 Basket Ring Rd, Columbia, MD

**District of Columbia Area**

- 8:30AM **Let Go and Let God I (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- NOON **New Hope (O,DISC 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC
- 1:30PM **Let Go and Let God II (O,LIT 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC
- 5:00PM **The What Can I Do Group (O,WC & ,LIT 90)**, CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC
- 7:00PM **Jump Start to Recovery (O,STEP,TRAD,WC & ,LIT 90)**, Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC
- 7:00PM **Lighthouse (O,STEP,TRAD,WC & 75)**, Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC
- 7:00PM **O Street Steps (O,STEP,WC & 90)**, SOME, Dining Hall, 71 O St. NW, Washington, DC
- 7:00PM **One Step at a Time (O,STEP,TRAD,VM 90)**, Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC
- 7:00PM **Regardless Of Sexual Identity (C,VM 90)**, Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC
- 7:00PM **Yellow Brick Road (O,VM 60)**, Zoom ID: 821 9026 0549; No Passcode, Washington, DC
- 8:00PM **Help Somebody (O,BEG,VM 90)**, Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC

**Dulles Corridor Area**

- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 7:30PM **Just For Today (O,CAN,WC & ,SPAD 60)**, Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA
- 8:00PM **I'm Somebody (O,VM 60)**, Zoom ID: 449 215 767; Passcode: 703, Herndon, VA

**East of the River Area**

- 7:00PM **Aging In Recovery (O,DISC,VM 90)**, Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC

**Frederick Area**

- NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity
- 7:00PM **Friday Night Lights (IP,STEP,TRAD,WC & 60)**, Zion Lutheran Church, Parking around back. Door on side and remains locked. Need to knock, 107 W Main St, Middletown, MD
- 7:30PM **We Do Recover (O,TOP 60)**, Frederick Church of Christ, 1305 N Market St, Frederick, MD, The last Friday of the month is a speaker meeting.

## FRIDAY (CONT)

### Montgomery Area

- 7:30AM **Freedom in the Village (O,DISC,JFT,VM 60)**, Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD
- NOON **Freedom in the Village (O,WC &,HY 60)**, Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD
- NOON **NA at Noon (O,JFT,VM 60)**, Zoom ID: 889 4686 0935; No Passcode, - Virtual only on Friday, Silver Spring, MD, Hybrid M-Th; Virtual only on Friday
- 3:30PM **Progress Not Perfection (O,DISC,WC & 60)**, Progress Place, New meeting starts 2/14/25! Parking is limited., 8106 Georgia Avenue, Room 205, Silver Spring, MD
- 7:00PM **Older Toddlers (O,WC &,HY 60)**, Zoom ID: 903443801; Passcode: Recovery12, Christ Episcopal Church, - Parking lot is off Everett St, room in Basement, 4001 Franklin St., Kensington, MD
- 7:30PM **Upcounty NA (O 90)**, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD
- 8:00PM **Live and Let Live (O,LIT 60)**, Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD
- 8:30PM **Get Down (O,VM 60)**, Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD

### Norvana Area

- 7:00PM **NA for Life (O,WC & 90)**, Langston Brown Center, 2121 N Culpeper St., Arlington, VA
- 7:00PM **Recovery on the South Side (O,WC & 90)**, Lee Center, 1108 S Jefferson St., Alexandria, VA
- 7:00PM **Simplicity Is the Key (C,DISC,LIT 60)**, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA
- 7:00PM **Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM 60)**, Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA
- 7:15PM **Church Basement Recovery (O 75)**, Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA
- 7:30PM **Better Here Than There (O,JFT,VM,SPAD 60)**, Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA

### Rock Creek Area

- NOON **Midday Meditations and Miracles (O 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC
- 7:00PM **Solo Por Hoy (O,ES,LIT,HY 60)**, Zoom ID: 232 505 167; Passcode: 7611, Festival Center, 1640 Columbia Rd NW, Washinton, DC
- 7:30PM **Clean Works (O,DISC,LIT,HY 60)**, Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC
- 9:00PM **Recovery Alley (C,HY 60)**, Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC
- 10:00PM **Late Nite Friday Nite (O,DISC,JFT,WC & 75)**, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC

### South Potomac Area

- 7:00PM **Women Do Recover (O,W,WC &,LIT 90)**, Hope Lutheran Church, 6201 Coventry Way, Clinton, MD
- 7:30PM **Living the Program Men's Rap (O,M 90)**, Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD

### The Virtual Ties That Bind Us Together Area

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC
- 10:00AM **Just For Today (C,O,JFT,VM 90)**, Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC
- NOON **Noon Time is the Right Time (C,DISC,VM 90)**, Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC
- 2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC
- 5:00PM **Rush Hour (C,DISC,VM 90)**, Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC
- 6:00PM **Where Healing Takes Place (C,DISC,SPK,VM 90)**, Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC
- 8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

### Tri-County Area

- NOON **Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD 60)**, Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD
- 7:05PM **7:07 (O 60)**, Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD
- 7:30PM **Work 'Em Or Die (O,WC & 75)**, Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD
- 8:00PM **One Line At a Time (O,CH,DISC,VAR,WC & 75)**, Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD
- 9:30PM **Another Late Night (O,CAN,DISC,WC &,OE,LIT 60)**, Good Samaritan Lutheran Church, 20850 Langley Rd., Lexington Park, MD

## SATURDAY

### Battlefield Area

- NOON **Recovery (O,DISC,JFT,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA
- 7:00PM **Destination Hope (O,SPK 60)**, Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA

### Central Maryland Area

- 10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM 60)**, Zoom ID: 803 826 655; No Passcode, Greenbelt, MD
- NOON **Just for Today (O,WC & 60)**, The 180 Club, 4318 Hamilton Ave, Hyattsville, MD
- 5:00PM **Fear to Faith (O,WC & 60)**, Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD
- 7:00PM **Gut Bucket (O,WC &,VM 60)**, Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD
- 7:00PM **HOW Group (O,DISC,WC & 60)**, St Mary's School, 106 St. Mary's Place, Laurel, MD
- 8:30PM **Tracks to Recovery (O,WC & 60)**, Unity Place, 8610 Railroad Avenue, Bowie, MD

### District of Columbia Area

- 9:00AM **Better Way (O,PH,VM 60)**, Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC
- 10:30AM **Come Clean to Stay Clean (O 90)**, Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC
- 11:30AM **Men Under Construction (O,DISC,M,WC & 90)**, United Medical Center, 1310 Southern Ave. SE, Washington, DC
- 11:30AM **Women's Rap (O,W,VM 60)**, Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC
- NOON **Mount Olivet Recovery (O,DISC,WC & 90)**, Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC
- NOON **Women's Step and Tradition (C,STEP,TRAD,W,VM 90)**, Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC
- 1:30PM **All Inclusive Group (O 90)**, 938 Rhode Island Ave. NE, Washington, DC
- 1:30PM **NA group at The Metropolis Club (O 60)**, The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC
- 6:00PM **The Uptown Group (O 90)**, 1908 North Capitol St. NW, Washington, DC
- 7:00PM **Illness In Recovery (O,DISC,VM 60)**, Zoom ID: 970 781 8525; Passcode: 1HMZCm, Washington, DC
- 8:00PM **Gift of Life (O,STEP,TRAD,WC &,HY 90)**, Zoom ID: 511 626 4561; No Passcode, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC
- 9:00PM **Miracle of Women (O,W,VM 60)**, Zoom ID: 917 1964 217; Passcode 1908, Washington, DC

### Dulles Corridor Area

- 10:00AM **Rainbow Llama (O,LIT 60)**, Galilee Methodist Church, 45425 Winding Rd., Sterling, VA
- 10:00AM **The Bacon & Eggs Meeting (C,LIT 60)**, Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA
- NOON **Noon Meeting (O,VM 60)**, Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA
- 7:00PM **Literally Speaking (O 60)**, St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA
- 7:30PM **Keep It Real (O 60)**, A New Beginning, 4213 Walney Rd., Chantilly, VA
- 8:30PM **Saturday Night Live (O,WC & 60)**, St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA

## SATURDAY (CONT)

### East of the River Area

- 9:30AM **Women with a Purpose (C,IP,STEP,TRAD,W,VM,LIT 90)**, Zoom ID: 979 1044 9558; No Passcode, Washington, DC  
7:00PM **818 Miracles (O,STEP,TRAD,VM 90)**, Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC

### Frederick Area

- 10:00AM **Kickin' It Raw (O,M,VM 90)**, Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD  
NOON **Noon Group (O 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity  
7:00PM **Up in Smoke (VAR,TRAD,WC & 60)**, Community Action Agency, 100 S. Market St, Frederick, MD  
8:00PM **Saturday Night Special (O,WC & 60)**, Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD

### Montgomery Area

- 11:00AM **Share On Saturday (O,VM 60)**, Zoom ID: 879 3942 8041; Passcode: basictext, Gaithersburg, MD  
NOON **Free Yourself (O,DISC,JFT,WC & 60)**, Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD  
3:00PM **Good Stuff (O,VM 60)**, Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD  
6:00PM **Fresh Start (O,WC & LIT 75)**, Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD  
7:00PM **A Good Deal (O,DISC,VM 60)**, Zoom ID: 769 038 042; Passcode: 8675309, Gaithersburg, MD  
7:00PM **Saturday Night Living Clean (O,LIT,LC 60)**, The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, Read from Living Clean  
7:00PM **Speakeasy (O,DISC,VAR 90)**, Woodside UMC, 8900 Georgia Ave., Silver Spring, MD  
7:30PM **Off the Beaten Path 2 (O,VM 60)**, Zoom ID: 862 2444 3740; Passcode: NArocks, Mount Airy, MD

### Norvana Area

- NOON **Stepping Together (BEG,JFT 75)**, St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA  
6:00PM **Welcome Home (O,LIT 60)**, Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA  
6:45PM **Free Yourself (O,WC & HY 75)**, Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA

### Rock Creek Area

- 7:00AM **Saturday Morning Relief (O,VM 90)**, Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC  
7:30PM **Hope Fiends (O,CAN,HY 60)**, Zoom ID: 292 549 9011; Passcode: hope, Triangle Club, 1638 R St. NW #120, Washington, DC  
8:05PM **Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC & 60)**, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC

### South Potomac Area

- NOON **Keep It Simple (O,WC & LIT 90)**, St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD

### The Virtual Ties That Bind Us Together Area

- 8:30AM **Early Just For Today Check-in (C,JFT,VM 90)**, ID: 826 3577 8671; Passcode: 242275, Washington, DC  
10:00AM **Can't Do It Alone Women's Rap (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD 90)**, Zoom ID: 2875318067; Passcode: women25, Washington, DC  
2:00PM **Steppin' Into The Afternoon (C,STEP,VM 90)**, Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC  
2:00PM **Where Healing Takes Place (C,DISC,SPK,VM 90)**, Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC  
8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM 90)**, Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC

### Tri-County Area

- 10:00AM **Healthy Relationships (CH,DISC,WC & 90)**, Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD  
NOON **Women In Recovery (O,W,WC & 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD  
6:00PM **Stick and Stay (O,VAR,SPK,TOP,WC & 60)**, Life Church, 35 Cox Rd., Huntingtown, MD  
7:00PM **It's A We Thing (O,WC & 75)**, St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD  
7:00PM **Making Miracles (O,DISC,WC & 90)**, Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD  
10:00PM **Candlelight (SPK,WC & 60)**, Good Shepherd Church, 305 Smallwod Dr., Waldorf, MD

## CONTACT US!

### Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)

PO Box 8160 \* Silver Spring, MD 20907

24/7 Phonenumber: 1-800-543-4670  
Meeting changes: [meetings@cprna.org](mailto:meetings@cprna.org)

### Regional Service Committee Meeting

Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

<https://www.cprna.org>  
Questions about NA: [info@cprna.org](mailto:info@cprna.org)